

BIODATA



Name : Dr Ajay Kumar
Date of Birth: 08-06-1976
Gender: Male
Profession: Medical Doctor
Qualification(s): MBBS, MD (Pharmacology)
Sub-speciality: Clinical Pharmacology
Area of Interest: Pharmacovigilance/Clinical Trials/Medical Education
Present Occupation: Professor
Department: Pharmacology & Therapeutics
Institution: Shri Mata Vaishno Devi Institute Of Medical Excellence &AH
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<u>Positions Held:</u>	PG Pharmacology	2005-2008
	Senior Resident ASCOMS & H, Jammu	15/12/ 2008- 15/3/2009
	Lecturer, ASCOMS & H, Jammu	16/3/2009-31/3/2011
	Assistant Professor, ASCOMS&H	1/4/2011- 31/12/2016
	Associate Professor, ASCOMS&H	1/1/2017-31/7/2021
	Professor, ASCOMS&H, Jammu	1/8/2021- 10-02-2023
	Professor &Head GMC&AH Udhampur	11/02/2023- 21/10/2024
	Professor & Head SMVDIME&AH,Kakrayal	22/10/2024-Till date

Total Teaching experience post PG : 16^{1/2} years

Other Courses Done:

1. **Revised Basic Course Workshop from ASCOMS & H , SIDHRA, Jammu under supervision of National Medical commission, Nodal Centre for Faculty development Christian Medical College, Ludhiana.**
2. **Curriculum Implementation Support Program at Christian Medical College under the aegis of MCI Nodal Centre, Christian Medical College, Ludhiana.**
3. **Resource Faculty in Curriculum Implementation Support Program held at ASCOMS & H, Sidhra under the aegis of MCI Nodal Centre, Christian Medical College, Ludhiana.**
4. **Basic Course in Biomedical Research under aegis of ICMR & National Institute of Epidemiology.**
5. **Completed online certificate course on Good Clinical Practices conducted by NIDA clinical Trials Network, National Institute of Health, department of health and human sciences. Course completion date 17-09-2023.**

SCIENTIFIC ASSOCIATIONS

1. Previously Nodal Officer Skills Lab GMC, Udhampur
2. Previously Coordinator ADRM Centre GMC, Udhampur
3. **Life member of Indian Pharmacological Society.**
4. **Life member, Indian Society for Rational Pharmacotherapeutics.**
5. **Fellow International Medical Science Association FIMSA**
6. **Previously Member Secretary Institutional Ethical Committee GMC, Udhampur.**
7. **Member Medical Education Unit SMVDIME, Kakrayal.**
8. **Nodal officer for starting DNB courses at SMVDIME &AH Kakrayal.**

CONFERENCES ATTENDED/PAPRES PRESENTED IN CONFERENCES/ SEMINARS

1. Attended International symposium on " Human genomics and public health" and XXXI Annual conference of ISHG-2006 at National centre of applied human genetics SLS JNU New Delhi.
2. Attended National Pediatric Gastroenterology Conference (Mid Term) in 2007 Jammu
3. Attended 40th Annual conference of IPS on "Changing trends in drug discovery and development" at NIPER SAS Nagar Punjab, 2007.
4. Attended 13th Annual conference of Indian Menopausal society on Menopause- Horizons & Harmony, held at GMC Jammu ;2008.
5. Attended Medical PEARL Workshop On Research Methodology, medical Statistics & Good Clinical Practice At GMC, Jammu on 2009.
6. Undergone five days training in "RNTCP" at ASCOMS, Jammu on oct. 2009.
7. Attended CME-cum-workshop on Pharmacovigilance systems and Rational Use of Medicines: An Integrated Approach, *held on* 26th November, 2010 at Lady Hardinge Medical College and Assoc. Hospital, New Delhi- 110 001, India.
8. Participated in workshop on Clinical Research Methodology organized in Dayanand Medical College, Ludhiana on 4th April, 2012.
9. Delivered a lecture on "Pharmacokinetics in Elderly" on occasion of World Health Day in 2012 held at Acharya Shri Chander College Of Medical Sciences, Jammu 2012.
10. Delivered a lecture on " Combining drugs for better patient Care : Is it required for pediatric age group , during Pedi-Pharma update 2012 held on march 2012 at Acharya shri Chander College Of Medical Sciences, Jammu.
11. Attended Pedi-Pharma update 2012 held on march 2012 at Acharya shri Chander College Of Medical Sciences, Jammu.
12. Attended National CME- CUM –Workshop organised by J&K State Medical Council on "HIV Tuberculosis Co-infection:An Indian Scenario"at GMC, Jammu held on 15th -16th Nov. 2013.

13. Participated in North Zone Conference/Workshop “Medical Disorders in Menopause” on 15th -16th Nov. 2014 held at GMC Jammu.
14. Participated in National CME “ENDO UPDATE-2014” at during Aharya shri Chander College Of Medical Sciences, Jammu held on 8th Feb. 2014.
15. Attended Dr. R.R.Thukral Midterm conference of IMSA held at ASCOMS&H, Sidhra on 26th April 2014.
16. Attended National CME CUM HANDS ON WORKSHOP on “Alternatives to animal experimentation” held on 13th Sep.2014 at ASCOMS&H Sidhra Jammu.
17. Participated as delegate in the one day CME/ Advance course on Pharmacovigilance and drug safety, organised by adverse drug reaction monitoring centre, department of Pharmacology GMC, Jammu in collaboration with IPC, NCC-PVPI, MoHFW and ASCOMS Sidhra & ISRPT held on 18-09-2021.
18. Participated in the pharmacovigilance awareness quiz, conducted by IGMCI & RI, Puducherry on 27-10-2021
19. Participated as delegate in 1st J&K Medical Science Conclave held at ASCOMS in 21-01-2023
20. Training cum workshop on GCP on 11-09-2023 conducted at ASCOMS..
21. Participated in NZISACON 2014 held on 31st Oct.-2nd Nov.2014 at ASCOMS&H Sidhra Jammu.
22. National Workshop on Good Clinical Practices, held at AIIMS Bilaspur. Himachal Pradesh 13-05-2024

PAPER'S PUBLISHED:

1. Tandon VR, Sharma S, Mahajan A, Khajuria V, **Kumar A**. Pregnancy and rheumatoid arthritis. Indian J Med Sci. 2006 Aug;60(8):334-44.
2. **Kumar A**, Khajuria V, Tandon VR, Kapoor B. Comparative effects of conventional beta blockers and nebivolol on psychomotor performances in healthy volunteers : a preliminary report. Indian J Physiol Pharmacol. 2007 Apr-Jun;51(2):183-8.
3. **Kumar A**, OP Gupta, Pavan Malhotra. Nanotechnology: Its application in biopharmaceutics. The Pharma Review 2009 Dec;7(42): 74-75.
4. **Kumar A**, Archana Parihar, Shakti Bala, Geetika Gupta and Pavan Malhotra. Enzymatic modulation as a basis of therapeutics. Sub Himalayan Journal of Health Research 2014.jan-jun; 1(1): 29-37.
5. **Kumar A** and Malhotra P. Vitamin D: Pharmacology of essential micronutrient. Journal of International Medical Sciences Academy 2014; Oct–Dec. 27(4): 226-228 2014.
6. Raina A, **Kumar A**, Aneeta Singh A, Gupta G, Malhotra P and Raina SK. A Clinico-Haematological Profile of elderly patients being investigated for anaemia in a tertiary care centre in north-west India. Egyptian Journal of Haematology 2014; October-December 39(4): 190-194.
7. Joshi H, **Kumar A**, Raina SK .A study to evaluate adolescent health problems using focus group discussions. Sub-Himalayan J Health Res 2014;1:12-15.
8. **Kumar A**, Malhotra P, Raina SK. Efficacy and safety of sibutramine in overweight and obese subjects: a prospective single blind randomized placebo controlled study. Sub Himalayan Journal of Health Research 2015; January-June 2(I):26-34.
9. **Kumar A**, Bala S, Malhotra P. Pharmacovigilance: Ensuring safe use of medicines. The Pharma Review mar-Apr 2015;96-108.
10. Shakti Bala1 , **Ajay Kumar2*** , Srishti Mantoo3 , Pavan Malhotra Assessing the performance of 2nd MBBS students in pharmacology: A correlational study between various parameters of assessment and the final summative examination outcome, in a medical college in north India. JMSCR Volume 06 Issue 09 September 2018

11. Sunil Kumar Raina¹, Raman Kumar², Dinesh Kumar¹, Raman Chauhan¹, Sujeet Raina³, Vishav Chander⁴, Rajiv Gupta⁵, Bhanu Awasthi⁶, Rashmi Kaul⁷, Rahul Gupta⁸, **Ajay Kumar⁹**, Mitasha Singh¹⁰, Harshdeep Joshi¹¹ Game change in Indian healthcare system through reforms in medical education curriculum focusing primary care- Recommendations of a joint working group Journal of family medicine and family care. J Family Med Prim Care. 2018 May-Jun; 7(3): 489–494.
12. **Ajay Kumar**, Apoorva Malhotra, Pavan Malhotra, Srishti Mantoo. Prescribing patterns of antihypertensive drugs: An observational hospital based study in outpatient department of a medical college in north India. JMSCR Volume 08 Issue 01 January 2020
13. Sharma R, **Kumar A**, Malhotra P. To evaluate the utilization of antimicrobial prophylaxis in surgical patients at a tertiary care hospital. Int. J. Life Sci. Biotechnol. Pharm. Res. 2020 9(1):18-22
14. Raina SK, Kumar R, **Kumar A**, Kumar D, Raina S, Gupta R, et al. Broad guidelines for primary care practitioners/standalone private health facilities/frontline healthcare facilities in view of COVID-19 pandemic. J Family Med Prim Care 2021;10:1-9
15. Sharma T, Kaul N, **Kumar A**, Gupta P, Bhat S, Mehta HS, Pathania BS. A Randomized Controlled Study Of Port Site Closure Using 2-Octyl Cyanoacrylate Versus Conventional Suturing, Post Laparoscopic Cholecystectomy. JK Pract 2021;26(1):19-23

ACADEMIC ASSIGNMENT(S) OF INSTITUTION/ UNIVERSITIES

1. Panel of External Examinership in Pharmacology (MBBS) of Santosh Medical University, Ghaziabad, UP.
2. Panel of External Examinership in Pharmacology (MBBS) of Himachal Pradesh University, Shimla, HP.
3. Panel of External Examinership in Pharmacology (MBBS) Jammu University.
4. **Guest author of A Manual of Practical Pharmacology Second edition 2014-2015.**
5. **Previously Nodal officer Bioinformatics centre ASCOMS&H, Sidhra Jammu.**
6. **Previously Member Document and research paper Scrutiny committee GMC, Udhampur.**