

Dr. Neeraj Kaul
nirajkb123@gmail.com

OBJECTIVE:

To work in a dynamic and challenging environment with ample opportunities to learn and contribute.

QUALIFICATION:

M.B.B.S: Govt. Medical College, Jammu (2003)

M. S, Gen Surgery: Govt. Medical College, Jammu (2007)

Senior Residency: ASCOMS, Jammu (2007-2009)).

Lecturer: Department Of Surgery, ASCOMS Jammu (2009-2011).

Assitant Prodessor : Department Of Surgery, ASCOMS (20011-2017).

Associate Professor: Department Of Surgery, ASCOMS Jammu (2011-2023).

Professor: Department Of Surgery, ASCOMS Jammu (2023)

Professor & HOD: Department Of Surgery, General and Laparoscopic Surgery
Udhampur medical College (2023-2024)

At Present, Professor & Head : Department Of General and Laparoscopic Surgery,
SMVDIME Kakrayal,

Additional Trainings :

1. DESH-SURGERY SURVEY STUDY. (2011)
2. BASIC COURSE WORKSHOP IN MEDICAL EDUCATION TECHNOLOGIES (2013)
3. BREAST ONCOLOGY, TMC, MUMBAI (2014)

Publications:

- Neeraj Kaul, Gurjit Singh, Sandeep Bhat, Arvind Kohli, Gagan Bali. Detection/Exclusion of deep vein thrombosis (DVT) in post-operative patients using plasma D-Dimer assay. IJTCVS 2008; 24: 116-119
- Megha Singh, Kuldeep Singh Mehta, Mir Yasir, Ameet Kaur Aiffa Aiman, Akangsha Sharma, Neeraj Kaul. Single-Incision Laparoscopic Cholecystectomy Using Conventional Laparoscopic Instruments and Comparison with Three-Port Cholecystectomy. Indian J Surg Dec 2015; 77 (2):546-S550
- Sahil Rometra, Rahil Rometra, Neeraj Koul, R. K. Chrungoo. Comparative study of single incision versus conventional three port laparoscopic appendectomy. Int Surg J. 2018 Dec; 5(12):3852-3857.
- Jharna Verma, Kuldeep Singh Mehta, Neeraj Koul, Rohit Gupta, Avinash Kaul, Bikramjit Singh Sodhi. Evaluate the Role of Various Early Predictors and Computed Tomography in Assessing the Severity of Acute Pancreatitis. International Journal of Scientific Study June 2017; 5 (3):160-165.
- Sandeep Bhat, Neeraj Kaul, Tariq Pervez Azad. Port Site Tuberculosis after Laparoscopic Cholecystectomy: A Study 20 cases. Ann. Int. Med. Den. Res. 2017; 3(4): 20-24.

- Gupta P, Gupta M, Koul N. Overdiagnosis and overtreatment; how to deal with too much medicine. J Family Med Prim Care 2020; 9:3815-9.
- Tapsi Sharma, Neeraj Kaul, Ajay Kumar, Puneeta Gupta, Sandeep Bhat, K S Mehta, B S Pathania. A randomized controlled study of port site closure using 2-octylcyanoacrylate versus conventional suturing, post laparoscopic cholecystectomy. JK-Practitioner 2021; 26 (1): 19-23.
- Neeraj Kaul, Yasir Aaffaaq Ahmed, Aseem Mahajan, Nitish Gupta. Evaluation of low-pressure pneumoperitoneum laparoscopic cholecystectomy. International Journal of Health and Clinical Research, 2021; 4(24):21-24.
- Yasir Aaffaaq Ahmed Mir, Sandeep Bhat, Neeraj Kaul, B S Pathania. Clinical evaluation of fundus first laparoscopic cholecystectomy in obscured calot's triangle. International Journal of Health and Clinical Research, 2021; 4(18):15-19
- Neeraj Kaul, Sandeep Bhat, Suhail Masood, Yasir Aaffaaq Mir, R K Chrungoo. Prophylactic antibiotics in preventing surgical site infection in laparoscopic cholecystectomy: Intra-incisional, intravenous or both. JK- Practitioner 2021; 26(3):7-12.
- Servishet Saraf, Suhail Masood, Monica Bhagati, Neeraj Kaul* . The role of antibiotic prophylaxis in port site infection in laparoscopic cholecystectomy. European Journal Of Molecular And Clinical Medicine 2022; 09(03) 1934-1939.
- S Bhat, N Digra, N Kaul, S Choudhary, K Thakur, S Sharma. Crossed Testicular Ectopia: A Case Report. The Internet Journal of Surgery 2008; 18 (1):1-4
- S Bhat, S Mohan, S Koul, N Kaul. Giant Gastric Perforation: A Clinical Image. The Internet Journal of Surgery 2009; 26(1):1-4.
- Neeraj Kaul, Chandan Deep Singh, Shafeen Koul. Bilothorax post-laparoscopic cholecystectomy. Indian Journal of Basic and Applied Medical Research, December 2019; 9(1): 256 – 25
- KS Mehta, Dhruv Gupta, Neeraj Koul, Deepika Sharma. Vagal Nerve Schwannoma - A rare neoplasm with a rare presentation and newer surgical management technique. IOSR Journal of Dental and Medical Sciences 2013; 9(5):60-65
- Peerzada mohd Irfan, Surbhi Abrol, Inakshi Chrungoo, Neeraj Koul, R.K. Chrungoo. Villous Adenoma of Duodenum Mimicking Intussusception. International Journal of Innovative Science and Research Technology 2020; 5(2):1156-59.
- Peerzada Mohd Irfan, Neeraj Koul, Surbhi Abrol, R.K. Chrungoo. Torsion of epiploic appendages simulating acute appendicitis. IP Journal of Surgery and Allied Sciences, April-June, 2020; 2(2):41-43

CONFERENCES AND ASSOCIATIONS

- 5th ISACON-NZ 2004
- CME-GMC Jammu-2005
- UROCON – Srinagar 2005
- NZ-AMASICON-2006
- NZ-APASICON-2007
- ASICON-2009
- D2 Gastrectomy Workshop, Medanta, Gurugoa, 2012
- *SELSICON, Ludiana 2015*
- *SCALPEL - 2016/2017*
- *AMASICON, Cochin, 2017*
- *CRAB-E-CON, Jammu ,2017/2018*
- *ONCOSURG-2018, TMC, Mumbai*
- *AMASICON 2020*
- *LAPRO SURG 2022 COIMBATORE*
- AMASICON 2023
- Organized and attended various mini-workshops and training courses.
- Life Member ASI
- Life Member IMA
- Life Member SELSI
- Life Member AMASI

SURGICAL EXPERIENCE

Post-Graduation; (2004-2007). Worked very hard during this period and assisted almost all the general surgical, oncosurgical and laparoscopic procedures. Worked in Urology, Plastic Surgery and CVTS units as well and assisted all the major procedures in the concerned units. Got to perform a number of procedures, both major and minor, under the able guidance of my esteemed teachers.

Thesis: Detection/Exclusion of deep vein thrombosis (DVT) in post-operative patients using plasma D-Dimer assay. *IJTCVS 2008; 24: 116–119*

Guide: Dr Gurjit Singh (Renowned Cardiothoracic & General Surgeon from this part of the country)

Senior Residency (2007-2009). Worked with a lot zeal, passion, enthusiasm and reasoning and stood well up to the expectations of my Seniors and my teachers, whether in elective or emergency situations.

Some of the noted surgical procedures performed independently include:

- Laparoscopic Cholecystectomy
- Laparoscopic Appendisectomy
- Diagnostic Laparoscopy
- Laparoscopic hernia repair TEP/TAPP
- IPOM
- Lap CBD Exploration

- Lap. Ovarian cystectomy
- Laparoscopic Nephrectomy
- Laparoscopic renal cystectomy
- Anastomosis (>100, both hand sewn and stapled)
- Gastrectomy (near total and partial: emergency, elective.)
- Splenectomy.
- Hepatorraphy
- CBD Exploration/Open
- Choledochoduodenostomy.
- Hepaticojejunostomy.
- CystoGastrostomy/Jejunostomy.
- Pancreaticojejunostomy
- APR.
- LAR(both hand sewn and stapled).
- Rectal Prolapse Repair
- Colectomy (Total/Hemi, Rt/Lt)
- MRM
- BCT
- Thyroidectomy.
- RetroPubic Prostatectomy
- Hernioplasty
- Nephrectomy/Nephrolithotomy.
- Pyelo/Ureterolithotomy
- . **Fistula surgery**
- . **pilonidal Sinus surgery**
- . Haemorrhoidectomy. (Open and Stapler)

I have also participated_/ assisted the following procedures:

- Major liver resection (asstd)
- Esophagectomy (asstd)
- Laparoscopic Gastrectomy
- Lap. Gastrojejunostomy
- Lap sleeve gastrectomy
- Laparoscopic APR.
- Lap colectomy
- Lap LAR / APR
- Laparoscopic Rectal Prolapse Repair
- Laparoscopic Splenectomy.
- Lap Nephrectomy
- Lap Adrenalectomy

Experience At ASCOMS: It is one of the best experiences of my life. I learnt most of the basic and advanced surgeries here and got an opportunity to work with few of the best surgeons/doctors of the region. I got the opportunity to grow as a surgeon and a teacher at the same time which is immensely gratifying. The environment allowed to mature and evolve as a complete personality. I owe a lot to this institute.

Experience At TMC Mumbai: My experience at TMC was one of most important turning points in my surgical carrier. I was exposed to one of the best surgical environments a student aspires for. I got to assist and learn all types of major breast cancer surgeries and management protocol. It did immensely well to my surgical acumen and expertise and changed me as a surgeon for good.

Experience As HOD, Department Of Surgery, GMC, Udhampur:

Officiating and working as HOD exposed me to the important virtues of leadership and responsibility. I established the department with utmost hard work and sincerity based on standard protocol and principles. We started all major surgeries including emergency, advanced laparoscopic and cancer surgeries apart from basic general surgical procedures. Patient care and teaching and training of medical students / trainees and paramedical staff remains the top most priority.

MEDICAL REGISTRATION

- J & K Medical Council, Jammu (J&K)

PERSONAL DETAILS:

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Nationality: Indian

Marital Status: Married

Dr. Neeraj kaul