

**Dr. Nikhil Gupta**

**M.B.B.S., MD PAEDIATRICS SMGS GMC JAMMU**

**CONTACT INFORMATION**

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**ACADEMIC QUALIFICATIONS:**

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<b>FROM</b>	<b>TO</b>	<b>POSITION</b>	<b>INSTITUTE</b>
Aug 2011	Nov 2016	Medical Training (M.B.B.S)	ASCOMS, Jammu
Nov 2016	Nov 2017	Rotating Internship	ASCOMS, Jammu
May 2018	Sep 2021	Post graduation in Paediatrics	SMGS , GMC Jammu
Oct 2021	Sep 2024	Senior Resident Paediatrics	SMGS , GMC Jammu

**REGISTRATION WITH PROFESSIONAL BODIES:**

Registered with Jammu & Kashmir Medical Council, India.

**MEMBERSHIP OF PROFESSIONAL BODIES:**

Member of Indian Academy Of Paediatrics (IAP).

## **RESEARCH ACTIVITY:**

### **Post Graduate Research : CLINICO HAEMATOLOGICAL AND AETIOLOGICAL PROFILE OF PANCYTOPENIA PATIENTS IN HOSPITALISED CHILDREN 1 MONTH TO 18 YEARS: AN OBSERVATIONAL STUDY.**

- During UG & PG training , actively participated in various seminars and symposiums.
- Represented J&K state in Zonal Level IAP Paediatrics Quiz both UG & PG time.
- Jammu University Gold Medal for overall first position in M.B.B.S
- Distinction in Anatomy, Physiology, Biochemistry , Pathology, Forensic Medicine , Pharmacology, Preventive & Community Medicine during M.B.B.S course.

## **KEY SKILLS**

Attending & Counselling for High risk antenatal deliveries .

Skilled in Basic NewBorn Resuscitation Programme (NRP).

Management of extremely premature babies, low birth weight & sick babies in NICUs

Well versed with use of Ventilators , HFOs, CPAP in NICUs & PICUs

Use of T-piece Resuscitator in Labour room.

Management & early intervention of newborn problems like RDS, TTN, MAS, Birth Asphyxia and septicaemia.

Performed routine health check ups, screening for NCD, Asthma ,tuberculosis & Adolescent health problems.

Provided immunizations and vaccinations according to NIS & IAP schedule

Well versed with newborn & children intubation and resuscitation.

Skilled in procedures like Lumbar puncture , Bone marrow examination , Intra thecal drug administration for oncology patients.

Counselling parents on nutrition, safety and behavioural issues.

Trained in Point Of Care Ultrasonography (POCUS) in NICUs & PICUs.

Well versed in management of Snakebite patients , poisonings & other emergencies.

Well trained in performing DVETs and umbilical line insertions.

Well versed in making presentations.

## **CERTIFICATIONS/ CONFERENCES**

1. Presented a Poster titled "***Clinico-demographic Profile and factots associated with the patients of measles at tertiary care hospital jammu- A Cross sectional study***" in PEDICON 2024 , Kochi Kerela.
2. Presented a Poster titled "***Effectiveness of emicizumab in preventing bleeding events in haemophilia A patients : An observational study***". In PHOCON 2024 ,Jammu.
3. Presented a Poster titled "***Rabies vaccine induced ITP : A Rare presentation***" at PHOCON 2024, Jammu.

## **PUBLICATIONS:**

1. Gupta N, Chalotra S, Parihar RK, Sharma P. Ramifications of pancytopenia in children in a tertiary care center in North Indian. J Appl Hematol 2023;14:95-100.
2. Kumar K, Sharma S, Gupta N. Prevalence of Different Clinical Variants of Nephrotic Syndrome in Children 1–18 Years of Age in Tertiary Care Hospital of North India. Int J Sci Stud 2020;7(10):121-124.
3. Chalotra S, Kanth A, Gupta N, Sharma P. Ramification of covid 19 infection at the time of delivery EJMCM 2022;9(3):2673-81.
4. Sharma N, Jamwal M, Digra S, Parihar R, Gupta N. Evaluation of Febrile Neutropenia in Diagnosed Cases of Acute Lymphoblastic Leukemia in Children. PJMS 2023;14(3).
5. Rana W, Yadav M, Gupta N, Sharma P, Srivastava R. To Assess the IQ, Adjustment & personality of institutionalized orphaned & abandoned children between 12-15 years of age and compare them with their counterparts staying in intact families: A single centric study . NeuroQuantology 2022;20(11):8617-27.
6. Gupta N, Bhardwaj S, Jamwal M, Goel P, Digra S. Mumps induced atypical presentation – A case series. IJLBPR 2024;13(9):425-6.

## **VOLUNTARY AND COMMUNITY ACTIVITIES**

I Have participated in various volunteer activities including blood donation and health camps, rural and urban health check ups, pulse polio campaigns, asthma clinics and counselling, promotion of institutional deliveries its importance, immunisation practices organised by our institution. Special emphasis on promotion of breast feeding & utilization of efficient services of District Early Intervention Centre (DEIC).

## **ADDITIONAL SKILLS AND INTERESTS**

- I can communicate in Hindi, English ,Dogri , Punjabi language.
- I am proficient in with computers ( Microsoft Office).
- I was in-charge of junior & senior resident duty roaster for two years during my senior residency.
- My hobbies include reading, Cycling, Playing basket ball, cricket & painting.
- I have been involved in literary activities and actively participated in cultural programs held in our college.

## **PERSONAL STATEMENT**

- I would consider myself as a dynamic and safe doctor with potential to cope with stressful situations.
- Patient care is of utmost importance to me and I follow evidence based medicine.
- I have good communication skills and the ability to mould as an enthusiastic team worker.
- I am flexible and pleasant with colleagues & seniors
- I am confident in my work, but aware of my limitations and do not hesitate to ask for help when appropriate.