

NAME: Dr. SHALINI SOBTI

AGE: 41 years

GENDER: Female

ADDRESS: Flat no. 104, Tower 1, The Grande,
Suraj Nagar, Akhnoor Road, Jammu-180002

CONTACT NO.: 7889668794

e-mail ID: shalinisobti@yahoo.com

PRESENT INSTITUTE: Shri Mata Vaishno Devi Institute of Medical Excellence
(SMVDIME), Kakryal, Katra

QUALIFICATIONS:

Educational Qualifications:

- MBBS from Government Medical College, Jammu (2000- 2006) (Registration no. 9516 dated 10.01.2007)
- MD- Community Medicine from Government Medical College, Jammu (2008- 2011) (Registration no. 1179 dated 03.11.2011)
- PG Diploma in Epidemiology from IIPH, PHFI in 2015

Faculty Development Courses:

- rBCW from CMC Ludhiana in 2017
- AETCOM from CMC Ludhiana in 2017
- CISP from CMC Ludhiana in 2019
- Basic Course in Biomedical Research from Swayam ICMR, NIE in 2021.
- Good Clinical Practice certification course from NIDA Clinical Trials Network in Sept'2023
- Advanced Course in Medical Education (ACME) from CMC, Ludhiana in 2024.

ACHIEVEMENTS/ AWARDS

- Member of Medical Education Unit from June 2020-Jan'2023 in ASCOMS, Jammu and thereafter in GMC, Udhampur & presently in SMVDIME since Oct'2024
- rBCW & CISP Trainer for Faculty Development Program since 2019; having trained 60 faculty members in ASCOMS & Hospital, Jammu
- Member of Curriculum Committee since 2019 in ASCOMS, Jammu and thereafter in GMC, Udhampur
- Coordinator- Basic Foundation Course for 1st phase MBBS from 2019-Jan 2023 in ASCOMS & Hospital, Jammu
- Member of College Magazine Editorial Board from 2019-Jan 2023 in ASCOMS & Hospital, Jammu.
- District Nodal Officer for Verification of Sub-national claims for progress towards TB Free status in India since 2021
- Reviewer of scientific research articles for CHRISMED Medical Journal
- Internal & External examiner to various universities for undergraduate examinations
- Chairperson of College Cultural Committee, GMC Udhampur (Feb'23-Oct'24)

Membership of Scientific bodies/ Associations:

- Life Member of Indian Association of Preventive & Social Medicine (IAPSM) since Dec' 2008. (Membership No. L-2451).
- Life Member of Social Medicine Association since Dec' 2008.
- Life Member of Indian Public Health Association (IPHA) since Mar'2022 (Membership No. L/2022/J&K/8923)
- Life Member of Epidemiology Foundation of India (EFI) since Jan'2023 (Membership No. 04002)

Conferences & CMEs:

- Attended various conferences & CMEs as faculty & delegate.

PUBLICATIONS:

- **Sobti S, Sahni B.** Cataract among adults aged 40 years and above in a rural area of Jammu district in India: Prevalence and Risk-factors. International J. of Healthcare & Biomedical Research, Volume: 1, Issue: 4, July 2013, Pages 284-296.

- Sahni B, **Sobti S**. Utilization of Antenatal Care among Pregnant Females registered at Sub Centre level in a Rural area of Jammu in India. *International J. of Healthcare & Biomedical Research*, Volume: 1, Issue: 4, July 2013, Pages 269-278.
- Sahni B, **Sobti S**, Jamwal DS. Childhood immunization coverage at Sub-centre level in Rural Jammu: A Record-based Cross-sectional Study. *Indian Journal Of Maternal And Child Health*, 2013; Jul-Sep;15(3).
- Sahni B, **Sobti S**, Gupta R K. Utilization of MCH and FW Services: Association Maternal Literacy, Socio- Economic Status and Accessibility of the Sub-centre. *Indian Journal Of Maternal And Child Health*, 2013; Jul-Sep;15(3).
- Bhavna Sahni, **Shalini Sobti**, Vridhee Sharma, DS Jamwal. "A study of utilization and determinants of family welfare services in rural Jammu". *Journal of Evolution of Medical and Dental Sciences* 2013; Vol. 2, Issue 42, October 21; Page: 8006-8012.
- Sahni B, **Sobti S**, Kaur D. Level of Utilization of Intra- and Post-natal Services and Its Determinants at Grass-Root Level in Rural Jammu. *Int J Prevent Public Health Sci* 2017;2(6):7-12.
- Satish Parihar, Vikrant Singh, **Shalini Sobti**, Vanita Gupta, Nasib Chand Digra. Clinical Profile of Non-Neonatal Intestinal Obstruction in A Tertiary Care Hospital', *International Journal of Current Medical And Pharmaceutical Research* 2018;04(3):3096-3103.
- **Sobti S**, Gupta M, Gupta V, Gupta A, Parihar S, Singh V. Assessment of newly introduced foundation course for medical undergraduates: students' vs faculty's perspective. *J Family Med Prim Care* 2020;9:3042-7.
- Gupta M, Jamwal N, Sabharwal S, **Sobti S**. A prospective interventional study to evaluate the effects of medical therapy (Mifepristone 25 mg) on the management of uterine fibroids. *J Family Med Prim Care* 2020;9:3230-5.
- **Sobti S**, Sahni B, Bala K. Surgical coverage of cataract in a rural area of north India: A cross-sectional study. *J Family Med Prim Care* 2020;9:4112-7.
- Gupta V, **Sobti S**, Gupta M, Parihar S, Singh V. Questionnaire based counselling: A tool to identify stress precipitating factors and thereby upgrading the performance of a new medical Entrant in department of anatomy. *J Family Med Prim Care* 2020;9:5267-70.
- Bala K, Bavoria S, Sahni B, Bhagat P, Langeh S, **Sobti S**. Prevalence, risk factors, and health seeking behavior for knee osteoarthritis among adult population in rural Jammu – A Community based Cross Sectional Study. *JFamilyMedPrimCare*2020;9:5282-7.

- Aakriti Khajuria, Sunny Babber, **Shalini Sobti**. Vaccine Coverage and Adverse Effect Evaluation Following First Dose of Covid-19 Vaccine among Healthcare Workers in a Tertiary Care Hospital in Jammu. International Journal Dental and Medical Sciences Research Volume 3, Issue 2, Mar-Apr. 2021 pp 1061-1065
- Gupta M, Singh M, Gupta R, **Sobti S**, Gupta P, Gupta V, *et al*. The perception of the medical faculty and undergraduate students regarding online teaching in the era of COVID-19. Int J Acad Med 2021;7:156-65.

TEACHING EXPERIENCE:

13+ years of teaching experience as faculty in the department of Community Medicine in various capacities from Sept'2011 to Jan'2023 in Acharya Shri Chander College of Medical Sciences & Hospital (ASCOMS), Jammu and thereafter as Professor & Head in Govt. Medical College, Udhampur till Oct'2024 followed by Professor & Head in SMVDIME, Kakryal, Katra.

Lecturer: Sept'2011 to Sept'2015

Assistant Professor: Oct'2015 to July'2017

Associate Professor: Aug'2017 to July'2021

Professor: Aug'2021 till date