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FEMALE

DESIGNATION- ASSOCIATE PROFESSOR, DEPARTMENT OF ANAESTHESIA,
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QUALIFICATION- MD ANAESTHESIA AND CRITICAL CARE

TEACHING EXPERIENCE -13 YEARS

AWARDS- GOLD MEDAL IN MD ANAESTHESIA

OBSERVERSHIP- PAIN MEDICINE, SIR GANGA RAM HOSPITAL, NEW DELHI, 2007

CHAIRPERSON OF INDIAN SOCIETY OF CRITICAL CARE MEDICINE, JAMMU BRANCH

EXECUTIVE MEMBER OF INDIAN SOCIETY OF NAAESTHESIOLOGY JAMMU BRANCH

LIFE TIME MEMBER OF RSOACP

LIFE TIME MEMBER OF AMF

AHA CERTIFIED BLS ACLS INSTUCTOR

PUBLICATIONS: ORIGINAL ARTICLE

1. ENHANCING EMERGENCY RESPONSE: ASSESSING BLS KNOWLEDGE AMONG PARAMEDICAL STAFF WORKING IN JAMMU AND KASHMIR. RESEARCH JOURNAL OF MEDICAL SCIENCES 2024, 18 (8): 518-524 [EMBASE INDEXED]
2. BRIDGING THE KNOWLEDGE GAP: ASSESSING CPR AWARENESS AND PREPAREDNESS AMONG RESIDENTS OF JAMMU & KASHMIR; THE EUROPEAN JOURNAL OF CARDIOVASCULAR MEDICINE 2024, 1(1): 384-389. [EMBASE INDEXED]

3. COMPARATIVE EFFICACY AND SAFETY OF TRANSDERMAL BUPRENORPHINE VERSUS FENTANYL FOR POSTOPERATIVE ANALGESIA IN MAJOR ABDOMINAL SURGERIES: A RANDOMIZED DOUBLE-BLIND STUDY " AZERBAIJAN PHARMACEUTICAL AND PHARMACOTHERAPY JOURNAL 2024, 23(3) :1-8 [EMBASE INDEXED]
4. COMPARISON OF THE EFFECT OF INTRATHECAL 0.5% ISOBARIC BUPIVICAINE AND 0.5% ISOBARIC LEVOBUPICAINE IN PATIENTS UNDERGOING LOWER ABDOMINAL AND LOWER LIMB SURGERIES. JEMDS. 2016 SEP;5(77):5668-72 [INDEXED JOURNAL]
5. COMPLICATIONS AND REASONS FOR CONVERSION OF LAPAROSCOPIC CHOLECYSTECTOMY TO OPEN CHOLECYSTECTOMY- A RETROSPECTIVE ANALYSIS OF 400 PATIENTS AT THE TURN OF THE CENTURY. JEMDS MAR 2017, 6 (23):1882-1885. [INDEXED JOURNAL]
6. COMPARISON OF HEMODYNAMIC CHANGES IN RESPONSE TO ENDOTRACHEAL INTUBATION AND LARYNGEAL MASK AIRWAY IN CONTROLLED HYPERTENSIVE PATIENTS. JEMDS JEMDS FEB 2017, 6(17):1313-1316. [INDEXED JOURNAL]
7. **CHAPTER IN BOOK** : TELEMEDICINE AND END OF LIFE CARE, CRITICAL CARE UPDATE 2024 ,6TH EDITION, CHAPTER 122: 797-800

CASE REPORT

8. 1 NEW ONSET HEADACHE IN AN ELDERLY PATIENT OF UREMIA THAT IMPROVED ONLY AFTER CORRECTION OF HYPERPHOSPHATEMIA. "UREMIC HEADACHE" A CASE REPORT.J. MEDICAL CASE REPORTS 2011;5: 77.
9. A LARGE CUTANEOUS HORN OF THE GLANS PENIS: A RARE PRESENTATION INDIAN J. SURG. 2014 APR; 76(2):143-4.
10. SECURING DIFFICULT AIRWAY :TRACHEAL INTUBATION ACHIEVED AFTER DELIBERATE PLACEMENT OF AN ENDOTRACHEAL TUBE IN ESOPHAGUS:A NEW APPROACH. ANASTH ESSAYS AND RESEARCHES 2016 OCT.

PRESENTATIONS IN VARIOUS NATIONAL / ZONAL CONFERENCES, CME , WORKSHOP

PRESENTATIONS IN VARIOUS NATIONAL & ZONAL CONFERENCES AS A GUEST FACULTY.

1. LECTURE ON FAT EMBOLISM SYNDROME IN 23RD ANNUAL **NATIONAL CONFERENCE** OF RSOACP 2013, SRINAGAR.
2. PANEL DISCUSSION ON GUIDANCE OF FLUID REPLACEMENT IN CRITICALLY ILL PATIENTS IN ANNUAL **NATIONAL CONFERENCE** OF RSOACP 2014, DEHRADUN.
3. JUDGE IN FREE PAPER PRESENTATION IN NORTH ZONE ISACON 2014, JAMMU.
4. SCIENTIFIC ADVISOR IN NORTH ZONE-ISACON 2014, JAMMU
5. JUDGE IN POSTER PRESENTATION IN RSOACP 2015 AMRITSAR
6. PRESENTATION IN PRO-CONS SESSION IN **NATIONAL CONFERENCE** ISACON 2015. SELICK'S MANOUVER IS IT OBSOLETE?
7. MANAGING INTRAOPERATIVE PNEUMOTHORAX DUE TO RUPTURED EMPHYSEMATOUS BULLAE. **NATIONAL CONFERENCE** ISACON 2016 .LUDHIANA
8. CHAIRPERSON IN CME ON ENDOCRINE MALIGNANCIES SMVD NH APR 2018
9. FIRST LIVE SURGICAL WORKSHOP ON ENDOSCOPIC NASAL AND SINUS SURGERY. SMVD NH MAY 2018.
10. CHAIRPERSON IN **NATIONAL CONFERENCE** ISSPCON SIR GANGA RAM HOSPITAL NEW DELHI FEB 2018
11. PANEL DISCUSSION ON PEDIATRIC ANASTHESIA **NATIONAL CONFERENCE** ISACON 2019 BENGALURU
12. INSTRUCTOR FOR CENTRAL LINE CANNULATION. **NATIONAL CONFERENCE** CRITICON FEB 2020 HYDERABAD
13. AHA CERTIFIED BLS ACLS WORKSHOP AS INSTRUCTOR: SEPTEMBER 2021. GMC JAMMU

14. SEED AIRWAY WORKSHOP AS INSTRUCTOR IN GMC JAMMU. NOVEMBER 2021
15. INSTRUCTOR IN **NATIONAL AIRWAY CONFERENCE** IN PATNA FOR FIBERSCOPE GUIDED PERCUTANEOUS TRACHEOSTOMY IN FEB 2022
16. ORGANIZING SECRETARY OF FCCS IN MARCH 2022 IN NH
17. QUIZ MASTER IN INTER HOSPITAL QUIZ ORGANIZED BY HIC IN SMVDNSH ON 17TH OCT 2022
18. PANELIST IN ANTIBIOTIC STEWARDSHIP IN A MULTIHOSPITAL CME ORGANISED BY SMVDNSH ON OCT 19TH, 2022
19. INAUGURATION OF ISCCM JAMMU BRANCH ON OCTOBER 29, 2022 AS CHAIRPERSON
20. PANELIST IN ROLE OF ANTIBIOTICS IN ICU, OUTREACH PROGRAM ISCCM, OCT 29, 2022
21. BEST UPCOMING BRANCH AWARD IN INDORE FEB CRITICARE 2023 AS CHAIRPERSON OF ISCCM JAMMU BRANCH
22. CHAIRPERSON IN 29TH ANNUAL NATIONAL CONFERENCE ,CRITICARE 24-26 FEB 2023 IN INDORE
23. ORGANISED FCCS SURGICAL WITH 50 CANDIDATES FREE OF COST WITH GRANT FROM THE FCCS AS ORGANISING CHAIRPERSON ON 17TH-18TH MARCH 2023
24. ORGANIZING SECRETARY IN AHA BLS ACLS IN NH MAY 2023
25. ROLE OF NURSES IN DISASTER MANAGEMENT IN 14TH MANAGEMENT DEVELOPMENT PROGRAMME ORGANIZED BY ACADEMY OF HOSPITAL ADMINISTRATION IN NH IN FEB 2023
26. ROLE OF NURSES IN DISASTER MANAGEMENT IN 15TH MANAGEMENT DEVELOPMENT PROGRAMME ORGANIZED BY ACADEMY OF HOSPITAL ADMINISTRATION IN SMGS HOSPITAL JAMMU IN MARCH 2023
27. ROLE OF NURSES IN DISASTER MANAGEMENT IN 17TH MANAGEMENT DEVELOPMENT PROGRAMME ORGANIZED BY ACADEMY OF HOSPITAL ADMINISTRATION IN ST STEPHENS COLLEGE OF NURSING IN APRIL 2023
28. LECTURE ON WEANING FROM MECHANICAL VENTILATION IN MECHANICAL VENTILATION WORKSHOP IN MAY 2023 IN GMC JAMMU

29. ROLE OF NURSES IN DISASTER MANAGEMENT IN 20TH MANAGEMENT DEVELOPMENT PROGRAMME ORGANIZED BY `ACADEMY OF HOSPITAL ADMINISTRATION IN GMC UDHAMPUR IN 12TH JULY, 2023
30. WEBINAR IN STEP N SESSION OF ISCCM ON JUNE 22, 2023
31. ECME ON RIGHT APPROACH TO SEPSIS MANAGEMENT, AUGUST 6, 2023
32. 14TH **NATIONAL AIRWAY CONFERENCE** IN SKIMS SRINAGAR AS CHAIRPERSON ,30TH SEPTEMBER 2023
33. CONDUCTING 1 DAY BLS ACLS ON MONTHLY BASIS FOR THE TRAINING OF DOCTORS AND PARAMEDICAL STAFF IN SMVDNSH
34. ACADEMIC CHAIRPERSON IN ISCCM DAY CELEBRATION ON 18TH NOV 2023
35. SURVIVING SEPSIS GUIDELINES AND PANEL DISCUSSION ON BACTERIAL SEPSIS IN NOVEMBER 2023, GMC JAMMU
36. WORKSHOP FACULTY IN AIRWAY WORKSHOP IN 70TH **NATIONAL CONFERENCE** ISACON , 22-26TH NOVEMBER 2023, GURGAON
37. INSTRUCTOR IN AHA CERTIFIED BLS ACLS IN GMC 2-4TH FEB, 2024 JAMMU
38. DEMENTIA IN ICU, E LECTURE ON FEB 12, 2024
39. WORKSHOP FACULTY IN 4C WORKSHOP, LECTURE ON TROPICAL INFECTIONS , 28 FEB , **NATIONAL CONFERENCE** CRITICARE 2024, KOLKATA
40. CHAIRPERSON IN HEMODYNAMIC MONITORING, 1-3RD MARCH **NATIONAL CONFERENCE** CRITICARE 2024, KOLKATA
41. ORGANISING SECRETARY IN AHA BLS ACLS IN SMVD NSH 23-25 APRIL, 2024
42. PARTICIPATION IN FIRST EVER WORLD ARDS DAY ON AUGUST 13, 2024 IN JW MARIOTT, NEW DELHI
43. WORKSHOP OF BLS ACLS IN COMMUNITY SERVICE PROGRAM ON SEPTEMBER 12, 2024
44. FACULTY IN 7TH INTERNATIONAL AIRWAY CONGRESS OF AMF 14-16 SEPTEMBER, 2024
45. FACULTY IN WORKSHOP, CHAIRPERSON IN PAPER PRESENTATION , LECTURE ON RECENT ADVANCES IN SEPSIS IN NZISACON GMC JAMMU SEPTEMBER 20-22, 2024.

