

Dr. Mehak Bhat

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Career Objective

Dedicated and compassionate paediatric medical professional seeking an opportunity in a reputable hospital to apply strong clinical knowledge, patient-centered care, and emergency management skills. Committed to continuous learning, professional excellence, and contributing to the growth of the healthcare institution.

Academic Details

MD (Paediatrics) – Govt. Medical College, Jammu University (2019–2022) – **Passed** (Distinction in Paediatrics)

MBBS – Govt. Medical College, Jammu University (2012–2017) – 70%

XII – Dream Land Public School, State Board (2012) – 93.6%

X – Dream Land Public School, State Board (2010) – 96.8%

Internship

One-year rotatory internship at Govt. Medical College, Jammu University (Nov 2017 – Oct 2018).

Experience

- 3 years and 2 months of hands-on clinical experience in Paediatrics as a Postgraduate MD resident (May 2019 – July 2022) at a tertiary care medical college hospital, managing OPD, IPD, NICU, PICU, emergency care, and specialized pediatric units.
- **AIIMS Jammu – Paediatrics Department:** Gained additional clinical exposure in paediatric care, including emergency paediatrics, ward management, neonatal care, and supporting senior consultants in advanced clinical procedures and case handling.

Key Pediatric Skills

- Expertise in pediatric emergencies, neonatal and pediatric intensive care.
- Skilled in intubation, lumbar puncture, bone marrow aspiration, cannulation, and emergency resuscitation.
- Experience working in NICU/PICU, Thalassemia wards, NRC units, Haemato-Oncology, and DEIC.
- Strong clinical judgment, case documentation, and patient/parent counselling.

Seminars & CMEs Attended

Regular participant in national and state-level medical conferences, CMEs, and workshops focused on paediatric care, neonatal resuscitation, critical care skills, and ongoing medical advancements.

Additional Achievements

- Ranked among the top 5 candidates in the State SSC merit list.
- Represented J&K; in the National Softball Championship.
- NTSE Scholar.
- Winner – State Level Essay Writing Competition and State Level GK Quiz.
- Gold Medalist in three subjects during MBBS.
- Winner of the District Level NNF Quiz.

Strengths

- Polite, disciplined, and empathetic in patient care.
- Confident, hardworking, and capable of working under stressful situations.
- Strong organizational and public-dealing skills.

Interests & Hobbies

Singing, Dancing, Reading, Acting, Multilingual communication (English, Hindi, Kashmiri, Dogri, Punjabi).

Personal Details

Father's Name: Mr. Kuldeep Bhat

Date of Birth: 28.02.1994

Nationality: Indian

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