

Parul Gohil

OBJECTIVE

To practice essential safe and situational effective anaesthesia and ICU care, implement policies that protect health, security, ensure quality of work, and promote life. Highly motivated employee with desire to take on new challenges. Strong work ethic, adaptability, and exceptional interpersonal skills. Adept at working effectively unsupervised and quickly mastering new skills.

EXPOSURE

Extensive Exposure in Managing General Surgeries including Laparoscopic Surgeries, Uro Surgeries, Obstetrics and Gynaecologic Surgeries, Orthopaedic Surgeries, ENT and Ophthalmic Surgeries (Like Cleft Lip Palate, Ear Reconstruction, Mammoplasty, Laser Surgeries, Burn, Flap Surgeries, Micro Vascular Surgeries etc.

EXPERIENCE

OCTOBER 2021-CURRENT

Associate Consultant

SMVD Narayana Hospital – Katra

- Participated in quality assurance initiatives aimed at improving safety protocols within the department of Anesthesiology.
- Administered General, regional, local, monitored or spinal anesthesia as required for surgical procedures.
- Monitored patient's vital signs during administration of anesthesia agents and adjusted dosages accordingly.
- Maintained accurate records of patient information including medications administered and any adverse reactions observed during the procedure.
- Evaluated patient health histories and physical conditions to determine anesthetic requirements.
- Instructed students and residents in proper techniques used while administering anesthetics or monitoring patients under sedation.
- Provided comprehensive pre-anesthesia evaluation and post operative follow-up services.
- Conducted research activities related to anesthesiology such as clinical trials and data analysis. Literature reviews and presentations.
- Explained the procedure and its risks to patients prior to surgery in order to alleviate anxiety and ensure informed consent.
- Utilized a variety of specialized equipment such as ventilators, monitors, laryngoscopes or defibrillators for patient care purposes.
- Assessed the need for emergency resuscitation measures if complications arise during a procedure requiring anesthesia.
- Managed difficult airway situations safely using advanced intubation techniques when necessary.
- Prescribed appropriate pain control medications or other treatments after surgery as needed to ensure optimal recovery outcomes.

PERSONAL INFORMATION

FATHER'S NAME:

MR.HEM KANT GOHIL

DATE OF BIRTH:

02/05/1980

GENDER:

FEMALE

NATIONALITY:

INDIAN

MARITAL STATUS:

MARRIED

ADDRESS

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Himmat, Jammu, J&K, 180015

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LANGUAGES

ENGLISH, URDU, HINDI

HOBBIES AND INTERESTS

Represented in J&K At
National Levels in Badminton,
Reading, Listening, Music,
Travelling, Painting

JUNE 2019 - SEPTEMBER 2021

Secondary DNB

Sarvodaya Hospital Faridabad

MARCH 2017 - MAY 2019

Specialist Anesthetist

NRHM FRU 2 - Faridabad

MARCH 2014 - APRIL 2017

Senior Resident

ESIC MEDICAL COLLEGE FARIDABAD - Faridabad

MAY 2011 - APRIL 2014

Senior Resident

Fortis Escort Hospital - Faridabad

STRENGTHS

Dedication, hard work, and punctuality	Emergency procedures
Long hours commitment	Task management
Good communication	Patient positioning
Interpersonal skills	Cardiopulmonary resuscitation (CPR)
Teamwork and collaboration	Patient reaction monitoring
Calm under pressure	Patient assessment
General anaesthesia	Scheduling proficiency
Mechanical ventilation equipment	Acute pain understanding
Monitoring vital signs	Patient reaction monitoring

PROFESSIONAL QUALIFICATIONS

12/2023	Fellowship in Pain Management: Chronic Pain Aesculap Academy Daradia - Kolkata
09/2021	Secondary DNB Sarvodaya Hospital and Research Center - Faridabad, Haryana
05/2011	Post Gradutaion in Anesthesia (D.A) M.M University - Ambala, Haryana
03/2006	M.B.B.S Medical College SKIMS University - Srinagar, J&K

PROJECTS ACHIEVEMENTS

- Poster Presentation in XI ANNUAL NORTH ZONE INDIAN SOCIETY OF ANAESTHESIOLOGISTS CONFERENCE 2010
- International academic workshop 2010 on emergency trauma and critical care. Disaster and acute surgery.
- Workshop in north zone Indian society of anesthesiologists 2009

MBBS AND INTERNSHIP

- Conducted 3 months rural health services in J&K
- Handled OPD (Outpatient Department) satisfactorily
- Handled Emergencies on its own (24 hrs)
- Responsible for controlling primary Health Center (PHC) under the guidance of Medical Officer
- Pediatrician

ROLES AND RESPONSIBILITIES

- Gained experience of General and Regional Anesthesia including all nerve blocks as well as pain management
- Worked extensively in Labour Analgesia
- Teaching Session for Undergraduates
- Independently handled ICU and SICU