



SHRI MATA VAISHNO DEVI

Institute of Medical Excellence
& Associated Hospital, Kakryal



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SMVDIME in Focus: Key Events

1. Visit of Hon'ble Member SMVDSB Sh. Baleshwar Rai (IAS Retd.) to Review Preparedness regarding MBBS Admissions at SMVDIME:

The Hon'ble Member, SMVDSB, Sh. Baleshwar Rai (IAS Retd.), visited the Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME) on 25th October 2025 to review the preparedness for the admission of the institute's first batch of MBBS students. During the visit, Sh. Rai interacted with Heads of Departments, faculty members, and administrative officials, appreciating their coordinated efforts to ensure a smooth induction process. He inspected the infrastructure, academic setup, and student-support facilities, expressing satisfaction over

the meticulous planning and readiness of the institute. Sh. Rai commended the leadership of Dr. Yashpal Sharma, Executive Director, SMVDIME, for his vision and commitment in realizing the commencement of the MBBS program. He also lauded the teamwork and dedication of all departments toward achieving excellence in medical education. The visit served as a strong source of motivation for the faculty and staff as SMVDIME prepares to welcome its first cohort of future medical professionals.



2. Admissions to MBBS Begin at Shri Mata Vaishno Devi Institute of Medical Excellence, Kakryal, Jammu & Kashmir:

The admission process for the new MBBS session at Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME) commenced with enthusiasm as the first candidate, Maanit Sarvasva, was felicitated by the Executive

Director along with members of the Admission Committee for being first admission.

Welcoming the new aspirants, the Executive Director congratulated the foremost student and reaffirmed the institute's commitment to

excellence in medical education. The Admission Committee emphasized a transparent and merit-based selection process, assuring full support to candidates. With approval for 50 seats in its inaugural 2025-26 batch, the rapid fill-up highlighted strong demand for medical education in the Union Territory and confidence

in the college's infrastructure and teaching hospital. College leadership welcomed the turnout, reiterated commitment to documentation and verification, and noted the institution is fully prepared to support the incoming students.



3. SMVDIME Welcomes its First MBBS Batch (2025–26) with an Inspiring Introductory Session:

The corridors of the Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME), Kakryal, echoed with excitement and promise as the institute hosted the Introductory Session of the Phase I Foundation Course for its first batch of MBBS 2025–26 at Lecture Theatre–2, Academic Block on 3rd November, 2025. The day marked a historic milestone — a moment where the aspirations of young minds converged with the institute's vision of nurturing competent, compassionate, and ethical medical professionals.

Extending a warm welcome to the newly inducted students, Dr. Yashpal Sharma, Executive Director, SMVDIME, delivered an inspiring inaugural address. Describing SMVDIME as “a temple of learning, healing, and service,” Dr. Sharma emphasized that the institute was founded on faith, compassion, and a commitment to excellence in medical education and patient care.

Highlighting India's timeless heritage of healing through Ayurveda, Yoga, and Siddha, he encouraged students to embrace the nation's holistic healthcare ethos and align themselves

with the national vision of “One Nation, One Health.”

Dr. Sharma also provided a comprehensive overview of SMVDIME's academic ecosystem nurtured under the aegis of the Shri Mata Vaishno Devi Shrine Board, Katra, which includes a state-of-the-art Skill and Simulation Laboratory, an advanced Central Library, and a close academic linkage with the NABH-accredited Shri Mata Vaishno Devi Narayana Superspeciality Hospital (SMVDNSH). He reaffirmed the institute's unwavering commitment to patient-centered care, innovation, and academic excellence.

Emphasizing the values of discipline, integrity, and professionalism, Dr. Sharma outlined expectations regarding conduct, punctuality, uniform adherence, and regular attendance. He also introduced the Mentor–Mentee Programme, designed to provide continuous academic and personal guidance, underscoring that at SMVDIME, “discipline is the foundation of medical education and professional life.”

The session also included introductions of distinguished faculty members and self-



SHRI MATA VAISHNO DEVI INSTITUTE OF MEDICAL EXCELLENCE
MEDICAL COLLEGE AND ASSOCIATED HOSPITAL
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Welcomes

First Batch of 50 Students

“SEVA SHAKTI & SHIKSHA - The Spirit of SMVDIME.”

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introductions by the new entrants, symbolizing their formal induction into the noble fraternity of medicine.

A major highlight of the event was an enlightening interactive session by Padma Bhushan Dr. K. K. Talwar, Hon'ble Member, Shri



physician with precision, it is empathy that lends the healing touch. Urging them to uphold ethics as the moral compass of their professional journey, he emphasized that true medicine is “an art born of compassion and integrity.”

Encouraging the students to embrace innovation as the pulse of progress, Dr. Talwar motivated

Mata Vaishno Devi Shrine Board, Katra. His discourse resonated as a masterclass in medical philosophy, inspiring the students to pursue their careers with empathy, ethics, and excellence. Dr. Talwar reminded the budding doctors that while science empowers a

them to blend curiosity with conscience and vision with values. His words, rich in wisdom and sincerity, deeply resonated with the audience — leaving the young aspirants both inspired and introspective, marking a fitting prelude to their journey into the art and science of healing.



Concluding the ceremony, Dr. Kuldeep Singh, Dean (Academics, Research & Examinations), while proposing Vote of Thanks, expressed

gratitude to all dignitaries, faculty members, and students for making the occasion a memorable beginning to SMVDIME's academic odyssey.



4. Yoga, Meditation & Stress-Management Session Held for MBBS Students:

As part of the ongoing Foundation Course for MBBS students, a special session on Yoga, Meditation and Stress Management was conducted under the expert guidance of Shri Anil Sharma, an experienced yoga practitioner and wellness mentor on 7th November, 2025.

The session focused on the theme “Yoga for Self and Society”, highlighting the importance of cultivating a healthy body, a balanced mind, and a positive professional outlook—key elements in the life of every future medical professional.

During the program, students participated in a range of structured activities including:

- Foundational yoga postures to improve flexibility and physical well-being
- Breathing practices (Pranayama) aimed at

enhancing concentration and emotional stability

- Guided meditation to reduce stress and improve mental clarity

Shri Anil Sharma also interacted with the students, emphasizing how regular yoga practice not only enhances personal health but also supports compassionate and attentive patient care. He encouraged students to incorporate short, daily routines into their busy schedules to maintain resilience throughout their academic journey.

Such wellness initiatives form an integral part of the Foundation Course, aligning with the goal of nurturing well-rounded and emotionally stable medical professionals.



5. Review Meeting Held at SMVDIME to Assess Progress and Future Plans:

A comprehensive review meeting was convened at Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME) on 4th November, 2025 to evaluate the current functioning of the institute and deliberate on key initiatives planned under its upcoming expansion phase.

The meeting was chaired by Shri Sachin Kumar Vaishya, IAS, Chief Executive Officer, Shri Mata Vaishno Devi Shrine Board (SMVDSB), and attended by Shri Alok Kumar Maurya, IFS, Additional CEO, SMVDSB; Dr. Yashpal Sharma, Executive Director, SMVDIME & Associated Hospital; and Mr. Randeep Singh Bhau, Administrative Officer, SMVDIME.

During the Meeting, a detailed review of several critical aspects was undertaken, including:

- The present functioning and performance of the medical college.
- Preparations for Phase II, including the

establishment of additional academic and clinical departments.

- Procurement and installation of advanced medical equipment for Phase II facilities.

The CEO, SMVDSB and other officials also interacted with students, reiterating that student welfare, academic growth, and overall well-being remain the highest priorities for the institution.

The occasion was further marked by the presence of Shri Baseer Ul Haq Chaudhary, IAS, Mission Director, National Health Mission (NHM), whose visit to the campus, though not formally part of the meeting, added significance to the day's proceedings.

The review reinforced SMVDIME's unwavering commitment to academic excellence, infrastructure development, and student-centric growth, as the institute continues its steady progress toward the next phase of expansion.



6. SMVDIME Signs MoU with Special Olympics Bharat to Support Health & Inclusion of Athletes with Intellectual Disabilities:

Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME), Kakryal signed a Memorandum of Understanding (MoU) with Special Olympics Bharat (SO Bharat) on 20th November, 2025 to strengthen healthcare support, community outreach, and inclusive sports initiatives for individuals with intellectual and developmental disabilities.

The MoU was signed by Dr. Yashpal Sharma, Executive Director, SMVDIME, and senior representatives of Special Olympics Bharat including Dr. Mallika Nadda (President), Dr. Ashwin Joghra (Area Director), Dr. Reena R Kumar (National Clinical Adviser) and Dr. Aseem Sharma (Clinical Director – Special Smiles).

Under the collaboration, SMVDIME will provide clinical services, health screenings, training

programmes, research support, and opportunities for student engagement. SO Bharat will organize athletic and unified sports activities, training workshops, and coach development programmes to promote fitness, inclusion, and community participation.

The partnership marks a significant step in advancing holistic health, awareness, and social integration for Special Olympics athletes across Jammu & Kashmir.



7. Distinguished Visit: Dr. Jasbir Singh, Former Director General Health Services, Interacts with SMVDIME:

Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME) had the honour of hosting Dr. Jasbir Singh, Former Director General, Health Services, whose visit marked a moment of pride and encouragement for the institution on 27th November, 2025.

During his interaction, Dr. Singh lauded the exemplary efforts of Dr. Yashpal Sharma, Executive Director, SMVDIME, appreciating his visionary leadership and unwavering commitment to establishing a state-of-the-art centres of medical excellence in UT of J&K esp. his expertise in establishing all new Medical

Colleges. He commended the SMVD institute's robust infrastructure, rapid clinical expansion, strong academic culture, and progressive development achieved within a remarkably short span, describing SMVDIME as a model for modern healthcare delivery and medical education.

Dr. Singh also shared valuable insights from his vast experience in public health and healthcare administration, emphasizing the importance of quality-driven medical practice, ethical clinical training, and integrated patient-centric care. His words resonated strongly with the audience and

served as a source of motivation for faculty members, residents, students, and the administrative team alike.

The visit concluded on a positive note, marked

by mutual goodwill and gratitude, with a renewed reaffirmation of SMVDIME's commitment to continuous growth, research, innovation, and excellence in healthcare delivery.



8. Virtual Meeting of High-Level Committee Held to Devise Collaborative Action Plan Among Premier Medical Institutions of J&K:

A meeting of the high-powered committee constituted by the General Administration Department, Government of Jammu & Kashmir, was convened on November 28, 2025 to deliberate on a comprehensive Action Plan for collaboration among major medical institutions of the Union Territory.

The committee comprising of senior leadership from AIIMS Jammu, SKIMS Soura, GMC Jammu, GMC Srinagar, newly established Government Medical Colleges across J&K, and SMVDIME assembled to discuss strategic avenues for academic, clinical, and research integration.

The meeting was chaired by the Secretary, Health & Medical Education Department, with Dr. Shakti Gupta, Executive Director/CEO, AIIMS Jammu, serving as Co-Chairman & Dr. Yashpal Sharma, Executive Director, SMVDIME as

Member Secretary. All Principals of GMCs (Jammu, Srinagar, Baramulla, Anantnag, Handwara, Doda, Udhampur, Kathua, Rajouri), Director SKIMS Soura, and Principal SKIMS Medical College, participated in the deliberations. Key discussions focused on:

1. Developing collaborative clinical service models among premier institutes.
2. Strengthening joint academic training, faculty exchange, and skill-enhancement programs.
3. Streamlining referral protocols and superspecialty linkages.
4. Establishing integrated research platforms and shared laboratory networks.
5. Formulating a unified roadmap for improving healthcare delivery across the UT.

The members shared their insights and agreed on priority areas requiring coordinated efforts. The Secretary H&ME emphasized the importance of synergy among institutions to elevate healthcare standards and ensure smooth

operational linkages with the newly established medical colleges, marking a significant step toward building a unified, robust, and patient-centric healthcare ecosystem in Jammu & Kashmir.



9. SMVDIME & Associated Hospital Inaugurated CSR-Supported Healthcare Facilities in Collaboration with Indian Oil Corporation Ltd.:

Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME) and its Associated Hospital, Shri Mata Vaishno Devi Narayana Superspeciality Hospital (SMVDNSH), inaugurated several healthcare facilities supported under the Corporate Social Responsibility (CSR) initiative of Indian Oil Corporation Ltd. (IOCL) on 1st December 2025.

The inauguration ceremony was graced by Sh. Sachin Kumar Vaishya, CEO, Shri Mata Vaishno Devi Shrine Board (SMVDSB); Dr. Mukesh Ranjan Das, Executive Director (HR), IOCL; Mr. Arif Akhtar, General Manager, IOCL; Sh. Alok

Kumar Maurya (IFS), Additional CEO, SMVDSB; Sh. Mahesh Sharma, FA/CAO, SB; and Dr. Yashpal Sharma, Executive Director, SMVDIME, along with senior officials from IOCL and faculty members of SMVDIME and SMVDNSH.

The programme commenced with a guided visit to the Skill & Simulation Laboratory and the Department of Physiology, followed by the flag-off of a Blood Bank Van and a Critical Care Ambulance, both supported through IOCL's CSR contribution.

The event began with a welcome address by Dr. Yashpal Sharma, followed by the felicitation of

dignitaries and the unveiling of a commemorative plaque. A documentary highlighting IOCL's impactful CSR initiatives—including the establishment of a dialysis unit, provision of hospital beds, support for cochlear implant beneficiaries, and medical transportation services—was screened, accompanied by testimonials from beneficiaries. Addressing the gathering, Dr. Mukesh Ranjan Das and Sh. Sachin Kumar Vaishya emphasized the significance of public-sector collaboration in

strengthening healthcare infrastructure and enhancing patient care services in the region. The programme concluded with a vote of thanks by Dr. M. M. Mathavan, Facility Director, SMVDNSH, followed by a networking lunch. This initiative underscores IOCL's steadfast commitment to community health and further reinforces the shared mission of SMVDIME and SMVDNSH to deliver inclusive, accessible, and high-quality healthcare services to the people of Jammu & Kashmir.



10. SMVDIME Conducts Outreach Meeting on Family Adoption Programme at Village Panthal:

The Department of Community Medicine, Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME), organized an important outreach meeting with ASHA and Anganwadi workers of Village Panthal to raise awareness about the Family Adoption Programme (FAP), a mandatory initiative under the National Medical Commission (NMC) guidelines on 5th December, 2025.

The meeting was conducted by the faculty of the Department of Community Medicine.

The session witnessed enthusiastic participation from frontline health workers as well as key community representatives. Shri Rajinder Mengi, District Development Council (DDC) Member, attended the meeting along with the Sarpanches of Panchayat Panthal, Dadura, and Kunya, reflecting strong local governance support for public health initiatives.

The primary objective of the meeting was to sensitize ASHA and Anganwadi workers to the Family Adoption Programme, which seeks to strengthen community-oriented medical education and ensure that healthcare services reach every household through direct

engagement by medical students and faculty.

Faculty members elaborated on the importance of FAP in enhancing preventive healthcare, promoting health awareness, and bridging gaps between medical institutions and grassroots health systems. They highlighted that the success of the programme depends significantly on close coordination with community health workers, who form the backbone of primary healthcare service delivery.

During the interactive session, ASHA and Anganwadi workers expressed their full willingness to collaborate with SMVDIME in identifying, reaching out to, and supporting families under the programme. They also shared valuable insights into local health issues and offered their field experience to facilitate smooth implementation.

DDC Member Shri Rajinder Mengi appreciated the initiative taken by SMVDIME and assured all necessary administrative support. The Sarpanches from Panthal, Dadura, and Kunya also pledged their cooperation and emphasized the importance of such collaborative efforts in improving rural health indicators.



11. J&K Charts Major Health Sector Expansion with NITI Aayog Support:

Jammu & Kashmir has outlined an ambitious, time-bound roadmap to strengthen and expand healthcare services across the UT, with NITI Aayog assuring full support for its implementation. The plan was discussed during a high-level meeting on 18th December, 2025 between the Health & Medical Education Department and Dr. V.K. Paul, Member, NITI Aayog, chaired by Chief Secretary Sh. Atal Dulloo. The discussions focused on technology-driven healthcare delivery, academic integration, capacity building, and equitable access to quality services across all districts. Dr. V.K. Paul emphasized a structured hub-and-spoke model, collaborative institutional functioning, and the creation of advanced facilities, while assuring linkages with premier national institutions.

A key highlight of the meeting was the detailed presentation by Dr. Yashpal Sharma, Executive Director, SMVDIME, who outlined proposed healthcare interventions envisaged with active support from NITI Aayog. His presentation underscored critical initiatives such as Tele-ICU

and Tele-Radiology services, strengthening tertiary care outreach, and integrating technology to bridge diagnostic and critical care gaps, especially in peripheral and underserved areas. Notably, the Tele-ICU tender, vetted by NITI Aayog, has already been floated, marking a significant step toward implementation. The meeting also reviewed plans for expanding UG, PG, and DNB seats, strengthening emergency and trauma care, mental health services, drug de-addiction programs, and exploring new specialties including dentistry. Support from NITI Aayog was also sought for faculty retention, talent attraction, and extending specialized care to remote and border areas.

The deliberations concluded with a reaffirmation of NITI Aayog's continued guidance and the UT's commitment to transforming healthcare delivery through institutional leadership, technology integration, and strategic reforms, ensuring accessible and quality healthcare for all citizens.



12. From Classrooms to Communities: SMVDIME Strengthens Grassroot Healthcare through its Family Adoption Program:

Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME) has successfully initiated its Family Adoption Program (FAP) with the objective of strengthening community-oriented medical education and delivering comprehensive primary healthcare services at the grassroots level.

The allotment of families under the program was carried out on 11th December 2025 at Village Panthal, in the gracious presence of Dr. Yashpal Sharma, Executive Director, SMVDIME. The event marked a significant milestone in fostering close, sustained, and meaningful interaction between medical professionals and the local community. Under this initiative, families were formally adopted to ensure continuous healthcare support, preventive services, health education, and regular follow-up.

Subsequently, a follow-up visit was conducted on 18th December 2025, during which the medical team revisited the adopted families to assess their health status, identify prevalent health issues, and reinforce health awareness and preventive measures. The visit also emphasized understanding the social and environmental determinants of health, thereby ensuring a holistic and patient-centered approach to community well-being.

The Family Adoption Program is being coordinated by the Department of Community Medicine, SMVDIME, whose collective efforts ensured effective community engagement and quality service delivery.

The program also received valuable support from the local administration. Shri Rajinder Mengi, Hon'ble District Development Council



(DDC) Member, along with the Sarpanches of Village Panthal, Dadura, and Kunya, extended their full cooperation, facilitating community participation and seamless coordination during both the allotment and follow-up activities.

The Family Adoption Program is expected to

play a pivotal role in improving key health indicators, promoting preventive healthcare, and sensitizing medical students and healthcare professionals to real-life community health challenges.

SMVDIME remains steadfast in its commitment



to excellence in medical education, healthcare delivery, and community service, and the Family

Adoption Program stands as a strong testament to this enduring commitment.



13. Communication and Empathy Training Programme for Nursing Staff:

A Communication Skills and Empathy Training Programme was successfully conducted for nursing staff, with 50 participants trained across three batches from 19 to 22 December 2025. The programme was designed to strengthen patient-centred communication and enhance empathetic engagement in healthcare delivery.

The training comprised expert-led sessions focusing on the importance of effective communication, empathy in healthcare, non-verbal communication, and breaking bad news using the SPIKES model. The sessions were delivered by the Executive Director, SMVDIME, Dr. Yashpal Sharma, and Dr. Anki Reddy J, In-charge Medical Superintendent, who shared valuable insights drawn from real-life clinical

and administrative experiences, alongside Ms. Anchal (HR) & Ms. Akanksha (Educator).

Interactive discussions, case-based learning, and practical illustrations formed the core teaching methodology, enabling participants to translate theoretical concepts into day-to-day clinical practice. The programme significantly enhanced participants' understanding of empathetic, clear, and professional communication, thereby strengthening trust, teamwork, and patient satisfaction.

Overall, the training was well received and made a meaningful contribution towards improving communication standards and patient experience among the nursing workforce.



CME Spotlight:

SMVDIME has been constantly focusing on the development of the Faculty through conduct of Continuing Medical Education (CMEs) at regular intervals. During the period, 09 CMEs were conducted at SMVDIME:

S. No.	Date	Topic	Department	Speaker
1.	04.10.25	PCOS – An Overview, Diagnosis & Management	Obstetrics & Gynaecology	Dr. Anu Bala Chandel, Assistant Professor and Dr. Suksham Sharma, Assistant Professor
2.	11.10.25	Access to Services – Mental Health in Catastrophes and Emergencies	Psychiatry	Dr. Anuj Priyadarshi Sharma, Assistant Professor
3.	15.10.25	Celebration of ‘World Anatomy Day’	Anatomy	Dr. Daisy Sahni, Professor <u>Guest Speakers:</u> <ul style="list-style-type: none"> • Dr. Poonam Mahajan (Joint Director, SOTTO) • Dr. Elias Sharma (Professor & Head, Department of Urology, GMC Jammu, and Nodal Officer, SOTTO J&K). • Dr. Abdul Majeed (Nephrologist), and Dr. Irfan Lone (Transplant Coordinator, SOTTO J&K)
4.	25.10.25	Hospital Safety – Legal, Ethical & Governance Aspects	Hospital Administration	Dr. Yashpal Sharma, Executive Director
5.	20.11.25	Discovery of Hepatitis-E: A Remarkable Human-Interest Story	Gastroenterology	Prof. Mohammad Sultan Khuroo, Former Dean & Director, SKIMS
6.	01.12.25	Innovations in HIV Diagnosis that Strengthen Systems during Disruption & HIV in Adolescents & Young Adults: Challenges in Adherence & Psychosocial Wellbeing	Microbiology	Dr. Dimple Raina, Professor <u>Guest Speaker:</u> Dr. Dipender Kour (Professor, Department of Microbiology, ASCOMS Jammu)

7.	03.12.25	Workshop on Dermatopathology and Its Ancillary Techniques under APCON 2025	Pathology	Dr. Kuldeep Singh, Professor & Head, Department of Pathology <u>Guest Speakers:</u> Dr. Meera Thomas, Dr. Uma Nahar, Dr. Smita Singh & Dr. Priti
8.	17.12.25	Universal Health Coverage Day	Community Medicine & Hospital Administration	Dr. Richa Mahajan, Associate Professor and Dr. Anki Reddy Jangamreddy & Dr. Neelam Kotwal, Assistant Professors
9.	27.12.25 & 28.12.25	SMVDIME Co Organizes 28th Annual IAPSM North Zone Conference at GMC Jammu	Community Medicine	Dr. Rakesh Bahl, Principal GMC Doda and Organising Chairperson; Dr. Yashpal Sharma, Executive Director, SMVDIME and Co-Patron; Dr. Shalini Sobti, Professor & Head, Community Medicine, SMVDIME and Organising Secretary; Dr. Anuj Kapoor Assistant Professor), and Dr. Ritika (Senior Resident), Department of Community Medicine, SMVDIME

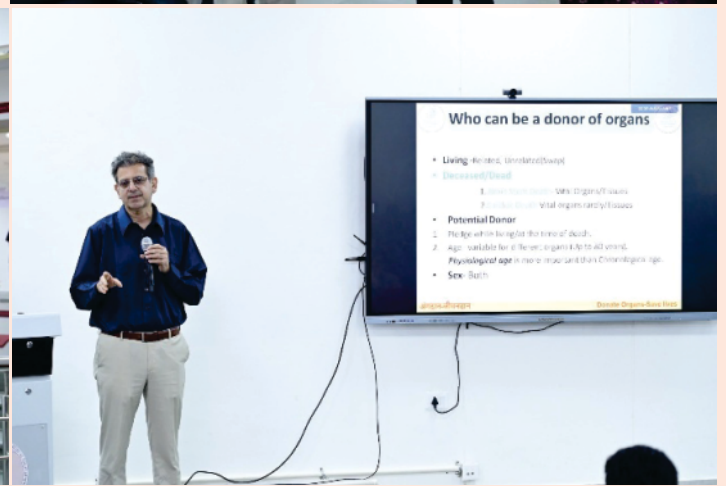
1. CME on PCOS Enhances Clinical Insights at SMVDIME:



2. CME on World Mental Health Day 2025:



3. World Anatomy Day 2025 Observed at SMVDIME:



4. CME on 'Hospital Safety' organised during Infection Prevention Week at SMVDIME:



5. SMVDIME Organizes CME on the “Discovery of Hepatitis-E” by Renowned Hepatologist Prof. M. S. Khuroo:





6. SMVDIME marked World AIDS Day 2025 with a theme of “Equal Everywhere”, celebrating knowledge, awareness, and academic excellence through CME sessions and student creativity:



7. APCON 2025: F-20 Hands-on Dermatopathology Workshop Sets New Benchmarks at SMVDIME:



8. CME Marks Universal Health Coverage Day 2025 at SMVDIME:



9. SMVDIME Co Organizes IAPSM North Zone Conference at GMC Jammu: A collaborative platform for advancing community medicine and strengthening institutional partnerships:



BLS Trainings:

SMVDIME have a state of Art Skill & Simulation Laboratory, in which BLS trainings are provided by the American Heart Association (AHA) certified trainers of SMVDIME (Dr. Vanilla Chopra, Associate Professor & Head, Department of Anaesthesiology, Dr. Bhanu Pratap, Senior Consultant, Department of Internal Medicine& others).

The trainings are conducted at regular intervals and only those trainee who qualify the Post-training test, are further certified by SMVDIME. Even the employees of Shrine Board are trained at SMVDIME with BLS certification, so that they can save lives of the Pilgrims visiting Holy Shri Mata Vaishno Devi Ji.

The detail of such trainings conducted during the period is given below:

S. No.	Date	Training type	Trainees	No. of Trainees
1.	07.10.25	BLS	Nursing Students and Faculty of Institute of Public Health & Hygiene, Jammu	27
2.	09.10.25	BLS	Students of K.C Public School, Jammu	110
3.	15.10.25 & 16.10.25	BLS Quiz & Poster Competition	Students of Shri Mata Vaishno Devi College of Nursing	20
4.	17.10.25	BLS	Students of Shri Mata Vaishno Devi College of Nursing	30
5.	08.11.25	BLS	Students of 1 st batch of MBBS of Shri Mata Vaishno Devi Institute of Medical Excellence	36
6.	22.11.25	BLS hands-on-training	Staff of Shri Mata Vaishno Devi Narayna Super-Specialty Hospital	36
7.	11.12.25	BLS	Employees of Shri Mata Vaishno Devi Shrine Board	25
8.	16.12.25	BLS & ACLS	Nursing staff of SMVDNSH	24
9.	25.12.25	BLS	District-level volunteers of Arogya Bharti from Kathua, Billawar, Bani, Basohli, Samba, Reasi, Udhampur, Akhnoor, Bishnah & RS Pura	95

1. SMVDIME-ISCCM Conduct BLS Workshop for School Students:



2. SMVDIME-ISCCM Conduct BLS Workshop for School Students:



3. CPR Awareness Week Observed with BLS Quiz & Poster Competition at SMVDIME:



4. SMVDIME Wraps Up CPR Awareness Week with Intensive BLS Training & Valedictory Ceremony:



5. BLS Training Conducted for First Batch of MBBS Students at SMVDIME:





6 . BLS Hands-on Training Conducted at SMVDIME, Kakryal:



7 . SMVDIME Conducts BLS Training for Shrine Board Employees:



8. BLS and ACLS Training Programme Conducted at SMVDIME, Kakryal:



9. Lifesaving Skills in Action: SMVDIME Trains Arogya Bharti Volunteers:



Health Camps:

SMVDIME & its associated Hospital (SMVDNSH) has been regularly arranging health check-ups and awareness camps for the residents of J&K. During the period, a total of 10 such camps were organized wherein the Faculty/ Consultants of different specialties provided benefit to more than 1500 people.

The detail in this regard is given below:

S. No.	Date	Place of Camp	Department	Consultant/ Faculty	No. of patients
1.	16.10.25	Air Force Station, Jammu	Gynaecology	Dr. Suksham Sharma, Assistant Professor	57
2.	17.11.25	Government Higher Secondary School, Marh, Dansal	Dentistry	Dr. Tanushree Sharma, Assistant Professor	140
3.	18.11.25	KC Gurukul Public School, Udhampur	General Medicine, Paediatrics & Dentistry	Dr. Ashwani Kumar, Assistant Professor; Dr. Sanjeet Singh, Consultant & Dr. Jasleen Kour, Sr. Resident	507
4.	26.11.25	Police Lines, Jammu	Gynaecology, Ophthalmology & Orthopaedics	Dr. Geetu Mahajan, Associate Professor; Dr. Malvika Sharma, Assistant Professor & Dr. Parul Gohil	137
5.	06.12.25	Distt. Police Lines, Reasi	Orthopaedics, Surgical Gastroenterology, Internal Medicine & Ophthalmology	Dr. Suhail Khuroo, Sr. Consultant; Dr. Ashwani Kumar, Assistant Professor; Dr. Malvika Sharma, Assistant Professor & Dr. Rohit Sharma, Sr. Resident	212
6.	09.12.25	Mandal, Satwari, Jammu	Obstetrics & Gynaecology & Dietetics	Dr. Suksham Sharma, Assistant Professor & Dr. Roopali Sharma, Dietitian	150
7.	18.12.25	Central Govt. Pensioners' Welfare Association, Jammu	ENT	Dr. Rohan Gupta, Assistant Professor	85
8.	18.12.25	Headquarters STC, BSF, Dhar Road Udhampur	Obstetrics & Gynaecology	Dr. Geetu Mahajan, Associate Professor	35
9.	20.12.25	Narayana Multispeciality Clinic, Gandhi Nagar, Jammu	ENT	Dr. Rohan Gupta, Assistant Professor	182
10.	24.12.25	The Home for Aged & Infirm (Vridh Ashram), Amphalla, Jammu	Internal Medicine & Ophthalmology	Dr. Ankita Sharma, Assistant Professor; Dr. Malvika Sharma, Assistant Professor	70

1. SMVDIME Conducts Women's Health & Preventive Screening Camp:



2. SMVDIME Conducts Dental Screening Camp for School Children:



3. SMVDIME Organizes Multispecialty Health Check-up Camp:



4. Protecting the Protectors: SMVDIME Conducts Health Camp for Female Police Personnel:



5. SMVDIME Holds Multispecialty Health Camp for Police Personnel in Reasi:



6. Menstrual Hygiene Awareness Session Held in Collaboration with FICCI FLO:



7. Health Talk on ENT Concerns of the Elderly Marks National Pensioners' Day:



8. SMVDIME Champions Women's Health with BSF Outreach Camp in Udhampur:



9. "Promoting Sound Health for All": SMVDIME organizes a Free Hearing Screening Camp at Gandhi Nagar, Jammu, benefitting 182 patients across all age groups:





10. “Accessible Care for the Aged”: SMVDIME, in collaboration with Mission Shakti and the Department of Social Welfare, conducts a Free Health Check-Up Camp at Vriddh Ashram:



SMVDIME Faculty Shines At Premier Academic Forums:

1. **Dr. Anuj Kapoor**, Assistant Professor, Department of Community Medicine, SMVDIME attended CARCON 2025 on 27th-28th November, 2025 at Dr. Rajendra Prasad Government Medical College, Kangra at Tanda, as a resource person and delegate. He participated in the 13th Annual National Conference of the Consortium Against Rabies, themed "Thinking beyond Therapeutics: Socio-cultural Contextualization of Animal Bite," which focused on multidisciplinary and community-oriented approaches to rabies control & presented a scientific paper titled "Burden of Animal Bites and Vaccination Coverage in Jammu Region: Evidence from a Community Survey", highlighting the magnitude of animal bites, treatment-seeking behaviour and gaps in post-exposure prophylaxis coverage in the region. The paper underlined the importance of strengthening surveillance, improving public awareness and ensuring timely availability of vaccines at peripheral health facilities to support the goal of rabies elimination.



2. **Dr. Daisy Sahni**, Professor, Dept. of Anatomy, SMVDIME was conferred the *Lifetime Achievement Award* at the 7th CME & Conference of the North Chapter of the Anatomist Society (NCAS) on 29th November, 2025, hosted by the Department of Anatomy, AIIMS Bathinda, in recognition of her outstanding contributions to anatomical sciences and medical education. With over 32 years of distinguished service in anatomical sciences, she has made seminal contributions as an educator, researcher, and academic leader. A former Professor & HOD, Dr. Sahni has over 170 publications, 3000+ citations, an H-index of ~30, and has guided multiple PhD, MCh, and MD scholars including a notable contribution to the 43rd edition of Gray's Anatomy. A respected leader in her field, she has served twice as President of the Anatomical Society of India (ASI) and the North State Anatomical Society (NSAS). This prestigious honour celebrates a career defined by academic excellence, visionary institutional leadership, innovation in anatomical education, and unwavering dedication to the advancement of medical sciences.



3. **Dr. Jaspinder Pratap Singh**, Assistant Professor, Department of Forensic Medicine and Toxicology, SMVDIME was awarded the First Prize at the Silver Jubilee PAFMATCON 2025. The award was conferred during the international conference of Forensic Medicine and Toxicology held at AIIMS Bathinda on 5-6 December, 2025.



4. **Dr. Sabita Yograj**, Professor & Head, Department of Physiology, SMVDIME, and North Zone Joint Secretary of ASSOPI (Association of Physiologists of India), proudly represented the institute at the 11th National Conference of the Association of Physiologists of India (ASSOPICON) 2025, themed “Experimental and Translational Physiology” at NIMHANS, Bengaluru from 8th-12th Dec. 2025. She was a distinguished panelist in the symposium on “Importance of Cardiovascular & Autonomic Investigations in Contemporary Medicine”, where she delivered an expert talk on “Sympathetic Function Tests.” Dr. Yograj shared the platform with eminent stalwarts of physiology, including Dr. G. K. Pal (Former Executive Director, AIIMS Patna; Senior Professor, JIPMER Puducherry), Dr. Rajkumar Yadav (Professor, AIIMS New Delhi), and Dr. Pravati Pal (Professor, JIPMER Puducherry). In addition, she also chaired key scientific sessions during the conference. Her active academic participation and leadership at this national forum reflect SMVDIME's growing presence and excellence in physiological research and medical education.



5. **Dr. Geetu Mahajan**, Associate Professor, Dept. of Obstetrics & Gynaecology, SMVDIME was invited as an esteemed expert at the Annual Conference of the Indian Fertility Society (IFS), where she actively contributed to multiple high-impact academic sessions as an expert panelist in the PCOS panel discussion. She also served as a Judge for Poster Presentations, and chaired the IVM session at the Annual Conference of the Indian Fertility Society, held from 12th to 14th December 2025 at New Delhi. Her multifaceted participation at this prestigious national forum reflects her academic excellence and continued commitment to advancing reproductive medicine and fertility research.



6. **Dr. Kanishtha Sharma**, Associate Professor, Department of Microbiology, SMVDIME presented an oral paper on the topic “Seroprevalence and co-infection of Hepatitis B and C in a tertiary care hospital in North India” at GISICON 2025 held on 21st and 22nd Nov 2025 at ASCOMS Jammu.



Cultural Kaleidoscope:

The Cultural Committee of SMVDIME organized vibrant Diwali celebrations on the auspicious occasion of the festival of lights. The event began with an engaging Rangoli-making activity, enthusiastically participated in by senior residents, adding colour and creativity to the festive ambience. This was followed by a traditional Arti Pujan ceremony in which the faculty members & entire staff actively took part, invoking blessings for prosperity and harmony. A light refreshment was shared among all, fostering a spirit of togetherness. Dr. Yashpal Sharma, Executive Director, SMVDIME, addressed the gathering and highlighted how such festivities bring the faculty together as one extended family, strengthening bonds beyond the academic sphere. Dr. Kuldeep Singh, Dean, SMVDIME expressed gratitude for the Executive Director's vision in encouraging such celebrations, which truly keep the festive spirit alive within the institute.





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