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**SHRI MATA VAISHNO DEVI
INSTITUTE OF MEDICAL EXCELLENCE**



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ANANTA

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About Us

Establishing a Medical College is both a significant milestone and a complex undertaking—and SMVDIME has made commendable strides in this direction. Committed to create a world-class institution, SMVDIME places strong emphasis on excellence in medical education, healthcare delivery, and research innovation.

The institute has developed state-of-the-art infrastructure, including modern academic buildings, teaching hospitals for hands-on clinical training, and cutting-edge laboratories and research facilities. Its academic programs are aligned with national standards, designed to attract top-tier faculty and a diverse, talented student community.

In its pursuit of excellence, SMVDIME has forged strategic partnerships with renowned national and international medical institutions, universities, and healthcare organizations. These collaborations enrich the academic environment and enhance opportunities for research and innovation. Integrating the latest medical technologies and forward-thinking healthcare solutions remains central to SMVDIME's mission.

Equally committed to social responsibility, the institution actively engages in community healthcare outreach and supports students from varied socio-economic backgrounds through scholarships and financial aid. Looking ahead, SMVDIME aims to broaden its academic portfolio with specialized programs and expand its international collaborations, fostering a dynamic ecosystem for research, knowledge exchange, and continued educational advancement.



OPERATIONALIZED MAKESHIFT ACADEMIC BLOCK OF SMVDIME

1. 74th Board Meeting of Shrine Board:

The 74th meeting of the Shrine Board was held on 6th March 2025 under the chairmanship of the Lieutenant Governor, Shri Manoj Sinha Ji. During the meeting, several important decisions were taken including that of approval of basement in the Medical College building.

The meeting was attended by the board members & other officers including Principal Secretary to Hon'ble Lieutenant Governor, CEO & others. The meeting marked a significant milestone in advancing the development of the Medical College and other crucial initiatives, laying a strong foundation for future growth and progress.



Hon'ble Chairman SMVDSB, Shri Manoj Sinha Ji while chairing the 74th Board meeting held in presence of other officers from SMVD Shrine Board, Katra.

2. Board Meeting of Academic Committee of SMVDU

The Board of Academic Committee meeting at SMVDU was held recently, where crucial decisions were undertaken. Amongst the key highlights of the meeting, was approval for the creation of the Faculty of Medical Sciences, a significant step towards expanding the university's academic offerings. Additionally, the meeting also approved the statutes of SMVDIME, marking a step-forward in its academic growth.



Prof. Pragati Kumar, Hon'ble Vice Chancellor of SMVDU, presides over the Academic Committee meeting in the presence of esteemed university officials from various departments.

3. Unveiling the Inaugural Edition of 'ANANTA': A New Chapter in SMVDIME's Journey

The first ever edition of SMVDIME's official newsletter "ANANTA" was launched by the CEO of the SMVD Shrine Board, Katra, Shri Anshul Garg (IAS) in a special ceremony on 20th March, 2025 in presence of the Executive Director, SMVDIME, Dr. Yashpal Sharma & other dignitaries, marking a significant milestone for the institution. During the event, the CEO expressed his enthusiasm for the newsletter, highlighting its importance in strengthening communication within the SMVDIME community and showcasing the achievements and initiatives of the institution. He emphasized that the newsletter would serve as a valuable platform for sharing information, fostering collaboration, and keeping all stakeholders informed about the latest developments. The CEO's presence and support underscored the significance of this initiative and its potential to bring together students, faculty, and staff in a shared commitment to excellence and growth. In his special context, the CEO also lauded the Editorial Board members for their commendable, collective & tireless efforts in drafting such a publication.



Sh. Anshul Garg (IAS) (centre) posing with Dr. Yashpal Sharma (extreme left) & other dignitaries from SMVD Shrine Board, Katra at the official release of SMVDIME's newsletter 'ANANTA'.

CULTIVATING SYNERGY AND PROGRESS: SMVDIME Opens Its Doors to SMVD University, Hosting a Series of Events with its State-of-the-Art Infrastructure:



Hon'ble Minister of Food, Civil Supplies & Consumer Affairs Transport, Science & Technology Youth Services & Sports ARI & Training, Mr. Satish Sharma along with Hon'ble Vice-Chancellor, SMVDU, Dr. Pragati Kumar, the Executive Director of SMVDIME, Dr. Yashpal Sharma & other notable members from Department of Biotechnology, SMVDU during an International Conference hosted at SMVDIME.

1. 3rd International Conference on Emerging Trends in Biosciences and Chemical Technology-2025:

The 3rd International Conference on Emerging Trends in Biosciences and Chemical Technology commenced with great enthusiasm at the Academic Block of SMVDIME effectively utilizing the newly laid infrastructure of the building. This prestigious event brought together researchers, academicians, and industry experts to explore groundbreaking advancements in the fields of biosciences and chemical technology. Researchers, academicians, industry professionals among 200 participants attended the event.

The scientific program featured keynote speeches, technical sessions, and interactive discussions, promoting collaboration among experts from diverse domains. The conference was inaugurated in a grand ceremony, with Mr. Satish Sharma, Hon'ble Minister of Science & Technology Department, Food, Civil Supplies & Consumer Affairs, Transport, Information Technology, Youth Services & Sports, ARI & Training, Government of Jammu & Kashmir, as the Chief Guest. He was joined by Prof. Pragati Kumar, Vice Chancellor of SMVDU, Dr. Yashpal Sharma, Executive Director, SMVDIME & Dr. Indu Bhushan, Convenor of the Conference.

In his address, the Chief Guest highlighted the importance of biodiversity in maintaining ecological balance and stressed the urgency of increasing awareness through educational camps and community-driven initiatives. He encouraged researchers and academicians to actively contribute to conservation efforts. During his visit, Mr. Satish Sharma also toured the newly established SMVDIME, including laboratories, lecture theatres, skill lab, museum etc. He interacted with the faculty and commended Dr. Yashpal Sharma, Executive Director of the institute, for successfully completing the preparations for the Medical College in such a remarkably short time. Mr. Sharma also expressed his admiration for the state-of-the-art technologies implemented in the labs, recognizing their potential to enhance Medical Education & Research.

Alongside the conference sessions, a Workshop on Skills in Biosciences was held, offering participants hands-on experience in various bioscience applications.



Interanational Biotechnology Conference proceedings at lecture theatre of SMVDIME.

2. Shri Mata Vaishno Devi College of Nursing Hosts a Successful 3-Day National Conference, Fostering Knowledge Exchange and Innovation in Healthcare:

The Shri Mata Vaishno Devi College of Nursing (SMVDCoN) hosted its inaugural pre-conference workshop on "Empowering Healthcare Professionals: A Next Level Skill" of the scheduled National Conference that commenced from 12th February, 2025 till 14th February, 2025 at the Spiritual Growth Center in Katra. Dr. Yashpal Sharma, the Executive Director of the Medical College & Health Services at SMVDIME, also the Chief Administrative Officer of SMVDNSH and Administrator of SMVDCoN inaugurated the pre-conference workshop in presence of other dignitaries from SMVDCoN, SMVDNSH & SMVDU. He played a key role in launching the event, setting the tone for the discussions and activities to come. His leadership and vision for the healthcare and nursing sectors were highlighted, marking the beginning of an enriching learning experience for the participants. The conference aimed to promote research and empower nurses across various professional levels, including PhD scholars, postgraduate and undergraduate students. It was informed that the event will feature high-quality scientific learning alongside a vibrant social and cultural ambiance. "The conference will also include sessions on empowering nurses with benchmarking standards, addressing the growing needs of diverse populations, and fostering inter-professional and intra-professional collaboration. Participants will have the opportunity to present their research through oral and poster presentations", he added. The event concluded with a cultural evening featuring participation from various colleges.

Overall, the workshop focused on key themes in nursing education, research, and professional development, aiming to empower attendees with the latest knowledge and practices in the field.



Dr. Yashpal Sharma addressing a pre-conference workshop of SMVDCoN at Spiritual Growth Centre, Katra.

3. TEDx Talk Hosted at SMVDU with Infrastructure Support Provided by SMVDIME:

On March 24, 2025, Shri Mata Vaishno Devi University (SMVDU) hosted a dynamic TEDx event, organized by the Savishkar Club under the Board of Professional Activities (BPA). This prestigious event aimed to inspire, innovate, and ignite new ideas within the university community and beyond.

The event, which brought together passionate minds from various fields, took place with full support from SMVDIME, which offered its state-of-the-art infrastructure for the event. The well-equipped seminar halls, advanced audio-visual setups, and modern amenities of SMVDIME created the perfect environment for the TEDx talks, fostering seamless interactions between speakers and attendees. The advanced facilities allowed for an enriching experience, with high-quality presentations and discussions that left attendees inspired and motivated.

As the event drew to a close, organizers expressed their sincere gratitude to all the speakers, volunteers, and attendees, while also acknowledging the significant contribution of SMVDIME for its unwavering support and the use of its infrastructure. The event ended with a sense of accomplishment, and participants left with renewed energy to pursue their own innovative ideas and make a positive impact on the world.



Glimpses of TEDx Talk event organized at SMVDIME.

QUARTERLY EVENTS AT A GLANCE:

1. Mock Inspection of SMVDIME:

Dr. Jitu Lal Meena, former member of the National Medical Commission (NMC), conducted a mock inspection of SMVDIME on the request of Executive Director on 20th January, 2025 with prior approval of SMVDSB. During his visit, Dr. Meena expressed satisfaction regarding availability of infrastructure, manpower & other facilities and also engaged in discussions with the officials and staff. He also reviewed the preparations, including paperwork and documentation, in anticipation of the upcoming NMC inspection. The mock inspection was aimed at evaluating the readiness of the SMVDIME for NMC review and the commencement of the new batch. Dr. Meena conveyed his sincere appreciation for the prompt response and commended the competence, effort and knowledge shown in the meticulous planning & preparations of institution in short period.



Dr. Jitu Lal Meena (centre) being felicitated by the Executive Director, other dignitaries & faculty members from SMVDIME.

2. SMVDIME Organizes CME Programme on 'Screening & Treatment of Cervical Cancer,' Featuring Expert Insights on Prevention, Diagnosis, and Advancements in Care:

A CME programme on the topic "Screening & Treatment of Cervical Cancer" was organised at SMVDIME on 23rd January, 2025. The event included expert deliberations from Dr. Geetu Mahajan, Associate Professor, Department of Obstetrics & Gynaecology and Dr. Pratibha, Senior Resident, Department of Radiation Oncology, who provided a detailed, informative, practical & engaging insight about current advancements in detecting/diagnosing, preventing & curing of cervical cancer. The audience was apprised about the early preventive role of HPV vaccine along with available highly specific & sensitive screening tools like Pap smear & HPV DNA testing against cervical malignancies. The event was attended by the dignitaries including Executive Director, Medical Superintendent, Dean (Academics / Research & Examinations), all the faculty members, doctors, residents & nursing students from SMVDIME & Associated Hospital as well as SMVDCoN.



3. CME on “Epidemiology & Clinical aspect of Leprosy” held:

A Continuing Medical Education (CME) programme on 'Epidemiology & Clinical Aspects of Leprosy' was conducted in SMVDIME on 30th January, 2025. The event featured insightful expert lectures by Dr. Richa Mahajan, Associate Professor, Department of Community Medicine, and Dr. Gurkim Kaur, Assistant Professor, Department of Dermatology. The program provided an in-depth discussion on the current trends in the epidemiology of leprosy, along with clinical aspects such as detection, diagnosis, prevention, and treatment. The event was attended by dignitaries, including the Executive Director, Medical Superintendent, Dean (Academics / Research & Examinations), along with faculty members, doctors, residents, and nursing students from SMVDIME, the Associated Hospital, and SMVDCoN.



4. Workshop on Vaccine-Preventable Diseases (VPDs) and Adverse Events Following Immunization (AEFI) Surveillance Held at SMVDIME:

A workshop on 'Vaccine-Preventable Diseases (VPDs) & Adverse Events Following Immunization (AEFI) Surveillance' was successfully organized at Sanjeevani Auditorium, Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME) on 6th February 2025. Coordinated by Dr. Shalini Sobti, Professor & Head, Department of Community Medicine, SMVDIME, and Dr. Azmat Khan, Surveillance Medical Officer, National Public Health Support Network, WHO India, the event saw enthusiastic participation from faculty members, senior and junior residents, lab technicians, and nursing staff from SMVDIME and its Associated Hospital. Prof. (Dr.) Pragati Kumar, Hon'ble Vice Chancellor of SMVDU was the Chief Guest who, along with the Executive Director of SMVDIME and other dignitaries, graced the occasion. Expert sessions were delivered on various aspects of VPD surveillance, including the global scenario of measles-rubella surveillance by Dr. Azmat Khan; AFP surveillance by Dr. Sana Rafiq Khuroo; diphtheria, pertussis, and tetanus surveillance by Dr. Richa Mahajan; and AEFI surveillance by Dr. Anuj Kapoor. The event concluded with an engaging interactive session where Dr. Azmat Khan addressed participant queries and shared practical insights, followed by a vote of thanks from Prof. (Dr.) Kuldeep Singh, Chairman, Academic Committee, SMVDIME.



5. Sports Carnival Kicks Off with Thrilling Limited-Overs Cricket Match at SMVDIME:

On February 19, 2025, a friendly cricket match was held between the SMVDIME and SMVDNSH teams each led by captains Dr. Yashpal Sharma & Dr. MM Mathavan respectively, at the Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME) in Sports Complex of SMVDU, Kakryal, Katra. The event was graced by Sh. Alok Kumar Maurya (IFS), Additional Chief Executive Officer of the Shri Mata Vaishno Devi Shrine Board (SMVDSB), who served as the Chief Guest.

The match was organized to foster camaraderie and teamwork among the staff of SMVDIME and SMVDNSH. Sh. Alok Kumar Maurya's presence underscored the importance of such events in promoting a healthy work-life balance and enhancing inter-departmental relationships. Though the SMVDNSH team emerged victorious, the SMVDIME team also performed admirably on the field. The friendly match not only showcased great sportsmanship but also helped strengthen bonds between the staff of the institution as a whole.



Sportsmanship Shines: Teams Unite for a Group Photo with the Cricket Trophy.



Chief-Guest, Sh. Alok Kumar Maurya (IFS) extends warm greetings to both SMVDIME & SMVDNSH Cricket Teams ahead of the match.



6. SMVDIME Hosts Workshop on AHA-Certified BLS and ACLS Courses, Enhancing Lifesaving Skills and Healthcare Training:

A three-day workshop on Basic Life Support (BLS) and Advanced Cardiac Life Support (ACLS) courses was organized w.e.f. February 21 to 23, 2025 at Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME), Kakryal. Dr. Ashutosh Gupta, Principal & Dean, Government Medical College (GMC) Jammu was the Chief Guest, who inaugurated the event in presence of Dr. Yashpal Sharma, Executive Director SMVDIME & two eminent Senior Course Instructors from American Heart Association (AHA) namely Dr. Rakesh Kumar, Vice President, Life Savers Association, & Dr. Sunil Kumar, AHA Training Centre faculty under Life Savers Association. Dr. Vanilla Chopra, Associate Professor, HOD Anaesthesia and Course Coordinator spearheaded the course.

The event collaborated medical professionals, healthcare providers, and emergency responders across various medical colleges of the UT to enhance their life-saving skills and share valuable knowledge in BLS and ACLS techniques. The Chief Guest Dr. Ashutosh Gupta, during his speech, emphasized the critical importance of these skills in improving emergency medical care and saving lives. He also expressed his appreciation for SMVDIME's continuous efforts in organizing such essential trainings under continued medical education programs.

Executive Director SMVDIME in his welcome address conveyed his heartiest affiliations to Dr. Ashutosh Gupta, Principal and Dean of GMC Jammu for supporting the noble cause of operationalizing SMVDIME through support of the faculty members. He stressed on the need of BLS and ACLS trainings to faculty and staff, requested the delegates to further train at least 10 more persons in their respective departments to fulfil the need of training to all.

The event is expected to enhance the overall preparedness of healthcare professionals in providing quality emergency care, reinforcing the vital role of BLS and ACLS training in saving lives during critical situations.

In the end, a vote of thanks to all the dignitaries was presented by Dr. MM Mathavan, Facility Director at SMVDNSH.



Principal, GMC Jammu, Dr. Ashutosh Gupta being received & felicitated by the Executive Director, SMVDIME along with other dignitaries.



Chief-Guest, Dr. Ashutosh Gupta lighting up the ceremonial lamp at the BLS-ACLS Training Workshop in presence of the Executive Director & other faculty members from SMVDIME.



Dr. Rakesh Kumar, Vice President, Life Savers Association being felicitated by Dr. Yashpal Sharma.



AHA-Certified Team from GMC Jammu & SMVDNSH pose together during BLS-ACLS workshop held at SMVDIME.



Participants during 3-days offline AHA-Certified BLS-ACLS Course workshop held at SMVDIME.



Hands-On BLS-ACLS Workshop in Action: Participants engage in practical training at SMVDIME.



7. Shrine Board Member Shri Baleshwar Rai IAS (Retd.) Visits SMVDIME, Reviews Medical College Progress:

Shri Baleshwar Rai, Retd. IAS officer, former Secretary of public grievances & coordination in Union Labour Ministry, former Chief Secretary of Goa, & Advisor to the Governor in Chandigarh, former chairman of Delhi Jal Board & NDMC, and, currently an esteemed member of the Shri Mata Vaishno Devi Shrine Board visited the Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME) and its Associated Hospital on 25th February, 2025. His visit included a tour of the current Make-Shift Medical College facilities and an inspection of the proposed site for the upcoming Medical College Campus.

Shri Rai, drawing on his extensive administrative experience and knowledge of the Shrine Board's initiatives, engaged in a constructive dialogue with SMVDIME Director, Dr. Yashpal Sharma, Administrative Officer, Shri Randeep Bhau, along with Deans and all Faculty members. He offered valuable insights and suggestions regarding the development of the new Medical College. The interactive session allowed for a productive exchange of ideas and perspectives on the project. He congratulated the Executive Director, SMVDIME for outstanding work in establishment of Medical College in shortest possible time.

This visit underscored the commitment to advancing medical education and healthcare infrastructure in the region, a mission strongly supported by the Shri Mata Vaishno Devi Shrine Board.



8. SMVDIME Launches EV Vehicle Services, Paving the Way for Sustainable Transportation and Green Innovation:

Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME) has taken a significant step towards promoting sustainable transportation with the launch of EV vehicle services. This initiative is aimed at providing eco-friendly and efficient transportation options on campus, aligning with the growing global shift towards electric vehicles. The newly introduced EV services are designed to reduce carbon emissions, support green energy solutions, and offer a modern, sustainable mode of travel for students, staff, and visitors. This launch highlights SMVDIME's commitment to innovation, environmental

responsibility, and the adoption of cutting-edge technologies for a cleaner, greener future. The faculty & staff expressed their gratitude towards CEO, SMVDSB for their timely help for transportation from College to Hospital & back.



9. Successful Completion of Log Book Finalization for Phase 1 MBBS Departments:

On March 3rd, 2025, a pivotal meeting was held at SMVDIME, marking an important step in the preparation of expected batch of MBBS students in session 2025-2026. Each department presented their respective log books, which outlined the key academic activities and progress to be made during the Phase-I of the MBBS program. Given that the Medical College is newly established, this meeting served as a critical component in ensuring that the log books are fully prepared and aligned with the academic and administrative requirements according to the latest CBME-guided NMC Logbook 2024 before the upcoming batch. The presentation was followed by detailed discussions, where each department carefully reviewed their log entries, ensuring they were accurate and reflective of the curriculum's objectives. This productive exchange provided an opportunity to address any inconsistencies, further refining the documentation and ensuring that all entries are precise and aligned with future goals.

Dr. Yashpal Sharma, Executive Director SMVDIME, attended the session and offered his invaluable insights. He guided for participating in the precision and synchronization of the log books across departments and emphasized on the importance of maintaining consistent and reliable records that can be referred to in future academic evaluations.

As the newly established college moves forward, departments will continue to update their log books as necessary, ensuring that documentation remains accurate and up-to-date throughout the course. This successful finalization reflects the dedication and hard work of our faculty and staff, and underscores our commitment to establishing a strong academic foundation for future batches. The finalized log books will play a crucial role in maintaining transparency, accountability, and quality in the MBBS program at SMVDIME.



Faculty members actively engaged while delivering Phase-I MBBS logbook presentations ahead of framing undergraduate curriculum.

10. Starting PG-DNB Courses:

A crucial meeting was held on March 4th, 2025, in presence of the Executive Director, all Heads of Departments (HODs), Faculty, Senior Residents, and Tutors, fostering a collaborative environment for discussion and decision-making to discuss the feasibility of launching Diplomate of National Board (DNB) courses at SMVDIME & Associated Hospital. The meeting aimed to explore the potential of initiating DNB programs in various departments. The session featured an insightful presentation by Dr. Ajay Kumar, Chairman, DNB Committee, who outlined the steps and considerations for introducing the DNB courses. Several departments such as Pharmacology, Pathology, Physiology, Biochemistry, Microbiology, Community Medicine, Orthopaedics, Otorhinolaryngology, General Medicine, Obstetrics and Gynaecology were shortlisted in accordance with minimum accreditation criteria for starting DNB courses. The outcome of this meeting as marked by submission of the said proposal at Central Office, Katra shall be an important step towards enhancing the academic opportunities at the institute and further strengthening its medical education programs under the guidance of Executive Director, SMVDIME & Associated Hospital.



Chairman, DNB Committee, Dr. Ajay Kumar while addressing other faculty members about PG-DNB courses feasibility at SMVDIME & Associated Hospital.

11. SMVDIME Hosts Comprehensive CME on Undergraduate Curriculum-Based Education:

On March 6, 2025, SMVDIME organized a Continuing Medical Education (CME) to discuss the prevalence of approved teaching and evaluation strategies by NMC for faculty members. The 120-minute session was attended by faculty members, focused on enhancing educational practices through three main key objectives of CBME, which were taken up by Dr. Sabita Yograj (Dean Academics; Prof. & Head, Dept. of Physiology), Dr. Shalini Sobti (Prof. & Head, Dept. of Community Medicine), and Dr. Ajay Kumar (Prof. & Head, Dept. of Pharmacology). The sessions were taken to introduce Competency-Based Medical Education (CBME), which emphasizes student competencies over time-based training.

The CME also covered techniques for evaluating students' practical skills and provided insights into both formative and summative assessment methods. This training enabled faculty members to better assess and support student development during clinical training, ensuring alignment with modern medical education standards.

The Executive Director, in his conclusive remarks said that by enhancing teaching and assessment

strategies, SMVDIME is committed to provide high-quality, Competency-Based Education that prepares students for professional practice in an evolving medical landscape.



12. Celebration of International Women's Day at SMVDIME:

Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME) celebrated International Women's Day on March 8 2025, a heartwarming and inclusive event that honored the achievements, struggles, and contributions of women across all sectors of the institution. The celebration was not only for faculty members but also for the female housekeeping staff, making it a truly comprehensive tribute to the women of SMVDIME.

The event kicked off with a joyous cake-cutting ceremony, symbolizing the spirit of celebration and unity. The occasion was graced by the Executive Director, who expressed his gratitude and highlighted the importance of empowering women in all walks of life, both professionally and personally. In his speech, he

also emphasized the importance of women's empowerment, recognizing the invaluable role that women play in the success of the institution. He also mentioned that 85% of the workforce comprises women, including faculty, staff, and housekeeping workers. This remarkable statistic is a testament to the institution's commitment in promoting gender equality and providing a platform for women to thrive and contribute meaningfully to their fields.

One of the main highlights of the event was the enlightening lecture by Dr. Shalini Sobti, who shared valuable insights on various government schemes for Class 4 women workers. Her session aimed to educate and empower women, particularly the housekeeping staff, on the resources available to them through government initiatives that support their welfare, education, and financial independence. The celebration also featured several female faculty members who shared their inspiring success stories, struggles, and the determination that led them to overcome obstacles and achieve their goals. Their powerful narratives served as a motivation to everyone present, highlighting the importance of perseverance and self-belief.

The event was a beautiful reminder that when women are supported, uplifted, and empowered, they can achieve great things—both individually and as a collective force. SMVDIME is proud to be an institution that celebrates and fosters the growth and success of women at all levels.



International Women's Day with empowering events & inspirational moments observed at SMVDIME.

13. Sensitizing Young Minds on Reproductive Health – A Special Talk by Dr. Geetu Mahajan at Government College for Women, Udhampur. March 8, 2025:

In observance of International Women's Day, Government College for Women, Udhampur, hosted a session titled "Unplanned Pregnancy and Safe Abortion" to raise awareness about reproductive health among young girls. Dr. Geetu Mahajan, Associate Professor at SMVDIME, delivered the talk, focusing on educating students about reproductive rights, unplanned pregnancies, safe abortion practices, contraception, menstrual health, and the emotional and social aspects of sexual well-being. She emphasized the importance of access to accurate information, support systems, and healthcare resources to reduce risks and promote safe choices. The session encouraged open dialogue, empowering young women to take control of their health and advocate for reproductive rights, making it a key step in fostering an informed and supportive environment for women's health education.



14. SMVDIME Celebrates Holi: A Day of Joy, Unity & Cultural Festivities:

On the occasion of the Festival of Colours, Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME) hosted a lively Holi celebration on March 13, 2025, organized by the Cultural Committee. The event was attended by Dr. Yashpal Sharma, Executive Director, along with Deans, faculty members, and administrative staff. It began with a traditional Tilak ceremony, followed by a musical presentation by the cultural team. The celebration also featured various fun activities and games, with enthusiastic participation from all attendees. Dr. Yashpal Sharma highlighted the importance of such events in providing relief from work-related stress, fostering professional camaraderie, and promoting both physical and mental well-being.

Dr. Shalini Sobti, Chairperson of the Cultural Committee, spoke about the richness of our cultural traditions and emphasized the need to celebrate festivals like Holi with zeal and enthusiasm. The event was warmly appreciated by the faculty and staff, who shared personal experiences and moments of joy associated with the festival. The celebration concluded with the distribution of sweets and light refreshments, embodying the spirit of togetherness. SMVDIME, in addition to providing top-tier medical education and healthcare services, actively promotes such events to enhance the well-being of its staff and students.



SMVDIME celebrates the festival of colors with joyful Holi festivities.

15. SMVDIME Hosts Yoga for Beginners: A Stress Relief and Relaxation Session:

In a genuine initiative to promote mental well-being and stress management, SMVDIME hosted a **“Yoga for Beginners”** session for its dedicated staff members.

The 75-minute session, organized as part of the institution's commitment to employee wellness, introduced fundamental yoga techniques to help participants manage the daily pressures of their professional lives. Led by Ishanga Shri Ather, a renowned yoga instructor from the Isha Foundation, the session focused on stress management, breathwork, and mindfulness practices that fostered a harmonious balance between the body and mind.

The session included beginner-friendly yoga postures, Pranayama (breath control exercises), and guided meditation, all aimed at enhancing flexibility, reducing tension, and promoting mental clarity. The event was attended by key members of the SMVDIME family, including Executive Director, the Facility Director, along with nursing staff, faculty members, and administrative staff. Their participation highlighted the institution's dedication to mental health and the overall well-being of its employees.

This initiative is part of SMVDIME's ongoing efforts to support its staff's physical, mental, and emotional health. By offering such programs, SMVDIME is fostering a stress-free work environment and encouraging a culture of holistic well-being. The success of the session has inspired plans to continue organizing similar events, promoting balanced lifestyles, reducing burnout, and enhancing job satisfaction among staff.



16. CME on “Basics of Transfusion Medicine & Management of Transfusion Reactions” held:

A Continuing Medical Education (CME) program titled “Basics of Transfusion Medicine & Management of Transfusion Reactions” was successfully organized at the Academic Block of Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME), Kakryal on 13th March, 2025. The event provided valuable insights and knowledge on the fundamentals of transfusion medicine including blood components as well as the important protocols and strategies in managing transfusion reactions.

The CME featured expert faculty members as speakers. Dr. Kajal Khajuria, Assistant Professor from the Department of Transfusion Medicine, led a session focusing on the core principles of transfusion medicine. She covered the essentials of blood collection, preparation, and administration, emphasizing safety protocols and the importance of maintaining high standards in blood transfusion practices.

Dr. Pratap Sharma, Senior Resident from the Department of General Medicine, addressed the critical topic of managing transfusion reactions. His presentation focused on the identification, prevention, and clinical management of various types of transfusion-related complications, which are crucial for patient safety.

In his concluding remarks Executive Director, Dr. Yashpal Sharma impressed upon the need to further augment the facility and services of blood transfusion in SMVDIME & SMVDNSH by procuring high end equipment in order to provide best possible service in the area. The event was attended by all faculty members and senior residents from SMVDIME and its Associated Hospital.



17. Department of Anatomy. Fully geared up

We are excited to announce that our institution has successfully procured four cadavers, body parts and specimens for teaching & training of medical students, which is a major achievement for the Anatomy Department, SMVDIME. To mark this significant occasion, an oath ceremony was held, where the faculty & other staff members expressed deepest respect for these cadavers, recognized them as the first teachers for the upcoming batch of students & also extended heartfelt gratitude to the families of the donors for their invaluable contribution.

The Executive Director of SMVDIME also praised Anatomy Department for meticulously organizing and labelling the teaching resources to ensure maximum accessibility and effectiveness. The bones in the Anatomy Department have been carefully numbered, cataloged, and systematically arranged to facilitate a seamless learning process. Stored with care in dedicated boxes, they are now ready to be used in our teaching sessions, ensuring that every lesson is as enriching and impactful as possible. “This is a momentous step forward in the educational journey of our students, one that will undoubtedly shape their future medical careers”, he complimented.



Faculty & Staff of SMVDIME while taking cadaveric oath.





Varnishing & labeling of osteology specimens underway, ensuring careful documentation for future research and study.



Preserved visceral specimens showcasing the intricacies of human anatomy.

18. Visit to construction site of Medical College:

Mr. K.N. Rai, Technical Advisor of SMVDSB, along with the Executive Director of SMVDIME, engineers from SMVDSB and CPWD, visited the construction site of the new upcoming project of Medical College of SMVDIME on 21st March, 2025. During the visit, various key decisions were made to ensure the smooth progression of the construction, including design & construction of the basement floor as per decision taken in 74th Board meeting.



Mr. K.N. Rai along with Executive Director Dr. Yashpal Sharma, engineers from SMVDSB and CPWD at the construction site of the upcoming Medical College of SMVDIME.

19. 3-days Offline Faculty Development Program (FDP) on 'Universal Human Values' organized:

The Executive Director of SMVDIME & Associated Hospital, Dr. Yashpal Sharma nominated three of its faculty members—Dr. Richa Mahajan (Associate Professor, Department of Community Medicine), Dr. Bhanu Priya Singh (Assistant Professor, Department of Pharmacology), & Dr. Mohita Singh (Assistant Professor, Department of Physiology)—for participating in the first of its kind of a 3-day offline Faculty Development Program (FDP) on 'Universal Human Values' from March 20 to 22, 2025 held at Shri Mata Vaishno Devi University (SMVDU), Katra, under the PM-USHA initiative by the All India Council for Technical Education (AICTE). The primary objective was to provide educators from across the country with an in-depth understanding of the significance of universal human values in both personal and professional life. The program featured a series of interactive sessions, workshops, and discussions led by resource persons from various domains, focusing on how human values can be integrated into the educational curriculum and teaching methods.



Hon'ble Vice-Chancellor of SMVDU, Dr. Pragati Kumar (Centre) posing with other nominated faculty members during a Faculty Development Program (FDP) held at SMVDU.

20. CME on “Multiple Myeloma Awareness Month: Celebrating Awareness & Remarkable Advancements in Laboratory Diagnosis & Treatment” organized:

A Continuing Medical Education (CME) program titled “Multiple Myeloma Awareness Month: Celebrating Awareness & Remarkable Advancements in Laboratory Diagnosis & Treatment” was organised at SMVDIME, Kakryal on 29th March, 2025 under supervision of Executive Director Dr. Yashpal Sharma. The session highlighted key advancements in the diagnosis and treatment of multiple myeloma, focusing on the current updates in Lab Diagnosis and treatment protocols as emphasized upon by subject experts, Dr. Kuldeep Singh (Professor & Head, Dept. of Pathology, SMVDIME), and Dr. Deepika Gupta (Associate Consultant, Dept. of Haemato-oncology, SMVDNSH). The event underscored the importance of early detection and follow up and provided valuable insights for healthcare professionals, faculty members, consultants, residents & tutors from SMVDIME & its Associated Hospital.



DETAILS OF HEALTH CAMPS:

SMVDIME and its Associated Hospital under the umbrella of SMVDSB has been conducting a series of free medical camps across District Jammu to offer essential healthcare services to the ailing community.

1. On January 31, 2025, free health camp was held in Jourian, Akhnoor, with the aim of providing vital health check-ups and medical assistance to individuals who may have difficulty accessing such services otherwise. The camp which benefited 1759 individuals, featured a wide array of health check-ups and specialized consultations in various fields, including Gynaecology, Ophthalmology, Dentistry, ENT, Dermatology, Medicine, Paediatrics, & Surgery. Mobile vans equipped with laboratory facilities were on-site, offering free blood tests. Additionally, a USG machine and Mammography services were available for screenings during the camp. Hearing impairment cases were assessed, with a particular focus on rehabilitating children with hearing disabilities. Special attention was given to children who had missed vaccinations, ensuring they received the necessary immunizations in line with the National Immunization Schedule. In the Ophthalmology section, patients were screened for cataracts, and free cataract surgeries were offered at SMVDNSH under Ayushman Bharat scheme. Overall, the health camp successfully delivered comprehensive healthcare services, providing essential treatments and preventive care to those in need.



2. On February 1st and 15th, 2025, additional free health camps were organized by SMVDIME at Khoon, Majalta. These one-day camps, which attracted 400 beneficiaries, offered a wide range of health check-ups and specialized consultations in fields such as Medicine and Ophthalmology. The camps provided essential health screenings, including assessments of height, weight, body mass index (BMI), blood pressure, blood sugar levels, urine routine examination, and eye vision tests. Individuals requiring cataract surgery were treated free of charge at Shri Mata Vaishno Devi Narayana Super Speciality Hospital under the Ayushman Bharat scheme.



3. A free dental camp was organized at Maa Durga Dental Clinic in Katra on March 17, 2025 by the Department of Dentistry, SMVDIME & Associated Hospital, aiming to provide dental care and raise awareness about oral health in the community. The camp offered free dental checkups, consultations, and treatments to those in need, emphasizing the importance of maintaining oral hygiene. Patients were treated for a variety of dental issues, ranging from routine checkups to more complex procedures, with a focus on educating the public about preventive measures to avoid common dental problems. The event was met with overwhelming support from the local community, as many residents took advantage of the free services provided.



Leading with Knowledge and Passion: SMVDIME Faculty Empowering Minds and Shaping Futures at Prestigious Conferences!

1. Dr. Geetu Mahajan, Associate Professor, Department of Obstetrics and Gynaecology SMVDIME, Kakryal attended the annual conference of the Federation of Obstetricians and Gynaecologists of India (FOGSI), AICOG, 2025 held in Mumbai from 8th-11th January, 2025. She presented an oral paper on "Prevalence and Risk factors of Female Sexual Dysfunction" for which she was awarded first prize.



2. Dr. Geetanjali Gupta, Assistant Professor, Department of Radio-Diagnosis, SMVDIME, Kakryal attended Asia Oceanic Conference of Radiology at Chennai from 23rd-26th January, 2025 as a speaker and National faculty. She presented a paper on hepatolithiasis named "Critical appraisal of disease and its findings in Hepatolithiasis". The conference presented current and proposed trends in radiology. The research was appreciated by national as well as international forum.



3. Dr. Vanilla Chopra, Associate Professor, Department of Anaesthesia, SMVDIME, Kakryal presented a lecture in National Conference of Indian Society of Critical Care Medicine CRITICARE 2025 held at Kochi from 7th-9th March, 2025.



4. Dr. Jaspinder Pratap Singh, Assistant Professor, Department of Forensic Medicine & Toxicology, SMVDIME, Kakryal attended the PAFMAT National Conference at HIM, Dehradun from 21st-22nd March, 2025, where he chaired a scientific session and judged PG students' oral presentations. Additionally, he delivered an oral presentation in the faculty category for which he was awarded a certificate.

