



# SHRI MATA VAISHNO DEVI

Institute of Medical Excellence  
& Associated Hospital, Kakryal



# ANANTA

VOLUME 2 - ISSUE 3

2025

NEWSLETTER  
(July- September)



SHRI MATA VAISHNO DEVI  
INSTITUTE OF MEDICAL EXCELLENCE



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## Key Events' Overview

### 1. SMVDIME Celebrates National Doctors' Day with Reverence and Pride:

July 1st is more than just a date on the calendar—it is a tribute to healing hands, compassionate hearts, and unwavering dedication. It marks National Doctors' Day, a day when the nation collectively pauses to honour its real-life heroes in white coats—the doctors who step forward when others step back. Their courage, composure, and commitment make the world a safer, healthier place.

At Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME), the day was celebrated with great enthusiasm and respect. The programme began with the ceremonial lighting of the lamp, accompanied by a soulful Saraswati Vandana, invoking the blessings of wisdom and healing.

Addressing the gathering, which included esteemed dignitaries, faculty members, and staff from both SMVDIME and Shri Mata Vaishno Devi

Narayana Superspeciality Hospital (SMVDNSH), Dr. Yashpal Sharma, Executive Director, highlighted the pivotal role of doctors in building a healthier society and inspiring future generations.

Dr. M.M. Mathavan, Facility Director, in his welcome address, lauded Dr. Sharma and his team for their vision and dedication in establishing the Medical College in a record time-frame.

A major highlight of the event was the felicitation of eminent doctors for their lifetime contributions to medicine and medical education. Among those honoured were Dr. Baldev Raj Sharma, Former Director, Family Welfare, MCH & Immunization, J&K, & Dr. Yudhvir Gupta, Former Professor & Head, Department of Pathology, GMC Jammu. Both dignitaries shared inspiring reflections on the



## SHRI MATA VAISHNO DEVI INSTITUTE OF MEDICAL EXCELLENCE



A collective moment of all doctors at SMVDIME captured together on Doctor's Day 2025.

nobility, responsibility, and enduring relevance of the medical profession.

The celebration concluded on a joyful note with a cake-cutting ceremony, symbolizing unity, gratitude, and pride within the medical fraternity. A heartfelt vote of thanks acknow-



**Doctor's Day 2025 celebrations at SMVDIME in full spirit with the Executive Director, faculty, and dignitaries coming together.**

ledged the efforts of every individual who contributed to making the event a memorable success.

This celebration was not only a tribute to the spirit of medical service but also reaffirmed SMVDIME's unwavering commitment to excellence, compassion, and community health.



## **2. Doctors' Day Celebration at Associated Hospital, SMVDIME:**

Doctors' Day was celebrated with great enthusiasm at the Associated Hospital of SMVDIME, Katra, on 5th July, 2025 in a gala evening graced by the Hon'ble Member of Shri Mata Vaishno Devi Shrine Board, Dr. K.K. Talwar. The event witnessed the esteemed presence of Dr. Yashpal Sharma, Executive Director, along with faculty members and resident doctors of SMVDIME. Dr. Talwar, a renowned cardiologist and visionary leader, addressed the gathering

and inspired fellow doctors to uphold the dignity and compassion of this noble profession. He emphasized the importance of selfless service, ethical practice, and continued learning in the field of medicine. The evening was marked by reflections, gratitude, and a reaffirmation of commitment to patient care, making it a memorable and motivating celebration for all present.



**Dr. Yashpal Sharma extending a warm greeting and felicitating Chief Guest Dr. K.K. Talwar, Hon'ble Member SMVD Shrine Board, Katra during the Doctor's Day celebrations.**

## **3. Selection Committee Meeting Held at SMVDIME for Faculty Recruitment:**

Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME) convened a high-level Selection Committee Meeting on July 5, 2025, for the recruitment of faculty members across key

academic departments. The meeting was chaired by Dr. K.K. Talwar. The committee comprised eminent subject experts, senior academicians, and administrative officials, all

contributing to a meticulous and holistic evaluation process. The recruitment procedure adhered strictly to the principles of transparency, meritocracy, and institutional integrity. After a thorough assessment of qualifications, teaching aptitude, research credentials, and interview performance, four highly qualified

faculty members were selected to join the institution.

This strategic addition to the academic team reflects SMVDIME's unwavering commitment to upholding excellence in medical education and fostering a culture of academic distinction.



**Dedicated Efforts in Action: The Selection Committee at Work.**

#### 4. Review Meeting of SMVDNSH:

A high-level review meeting of SMVDNSH was convened on 10th July, 2025. The meeting was chaired by Dr. Ashok Bhan, IPS (Retd.), Hon'ble Member of the Shrine Board.

The meeting was attended by Shri Anshul Garg, IAS, Chief Executive Officer of SMVDSB; Shri Alok Kumar Maurya, IAS, Additional CEO, SMVDSB; Shri Sunil Narayan, Sr. Vice President,



**Hon'ble Member Dr. Ashok Bhan, IPS (Retd.) while chairing the Strategic Review Meeting of SMVDNSH alongside other dignitaries.**

NH; Dr. Yashpal Sharma, Executive Director, SMVDIME & Associated Hospital; Dr. M.M. Mathavan, Facility Director, SMVDNSH along with other senior officials.

The Board undertook a detailed review of key

## **5. SMVDIME Hosts JANAN 2025 – Redefining Standards in Operative Obstetrics:**

Department of Obstetrics & Gynaecology and Department of Anatomy, SMVDIME in collaboration with Jammu Obstetrics & Gynaecological Society (JOGS) successfully hosted JANAN 2025 – The Operative Obstetrics Congress from July 12–13, 2025 at Kakryal. The event gathered over 150 eminent gynaecologists, faculty, and postgraduate students from across the country, dedicated to advancing surgical excellence in women's healthcare.

aspects concerning hospital operations, patient care services, and institutional performance. Additionally, discussion was held regarding transition agreement and future collaboration strategies aimed at strengthening healthcare delivery and institutional governance.

A major highlight was the region's first-ever cadaveric workshop, offering participants an invaluable hands-on experience to refine anatomical knowledge and surgical skills under expert mentorship. The rich scientific programme included live demonstrations of critical obstetric interventions, advanced suturing workshops, and insightful lectures on high-risk pregnancies, thromboprophylaxis, infertility management, and vaccination strategies for women and adolescents.



**Glimpses from JANAN-2025 hosted at SMVDIME.**

The Hon'ble Chief Guest Dr. Ashok Bhan, IPS (Retd.) expressed that it was a great privilege to welcome distinguished medical professionals to SMVDIME Medical College for JANAN-2025, a conference devoted to advancing women's healthcare. He reflected on the journey of SMVDNSH as a success story in rural healthcare, made possible through visionary leadership and strong partnerships under SMVDSB. Highlighting the role of the upcoming Medical College, he said that with the divine blessings of the Goddess, the vision of the Chairman SMVDSB Shri Manoj Sinha Ji, and the committed efforts of all concerned, it would overcome the teething troubles of setting up a quality Medical College in a rural setting which would not only provide quality education but also promote research, outreach, and affordable healthcare delivery,

especially in underserved areas. He further emphasized the importance of leveraging tele medicine, technology, and community awareness to bridge the rural-urban health divide, break geographic, linguistic, cultural, distance, time and transportation barriers, thus, promoting safe, equitable maternal care and reducing maternal and child mortality in line with the Sustainable Development Goals.

The event, accredited with 12 ICOG and 8 JKMC credit points, was steered by Dr. Yashpal Sharma (Patron JANAN-2025) along with Dr. R.C. Sharma (Organising Chairperson JANAN-2025), Dr. Arun Arora (Scientific Chairperson JANAN-2025), Dr. Manjusha Bajaj & Dr. Geetu Mahajan (Organising Secretary JANAN-2025), setting a new benchmark in operative obstetrics and reinforcing SMVDIME's reputation as a rising national centre of excellence.





## 6. Hands-On Precision: Region's First Cadaveric Workshop Elevates Surgical Training at JANAN 2025:

A landmark feature of JANAN 2025 was the region's first-ever cadaveric workshop, conducted in the Dissection Hall of the Department of Anatomy in collaboration with the Department of Obstetrics & Gynaecology. This unique initiative provided participants with an invaluable hands-on experience to deepen their anatomical understanding and hone critical surgical skills under the expert guidance of seasoned mentors. The workshop was led by leading national gynecological experts, who conducted and supervised live sessions, ensuring high-impact learning and real-time procedural insights. The workshop served as a cornerstone of the congress's comprehensive scientific agenda, which also featured live showcases of life-saving obstetric procedures, sophisticated suturing demonstrations, and compelling lectures on topics ranging from high-risk pregnancies and thromboprophylaxis in

pregnancy to infertility treatments and vaccination strategies tailored for women and adolescents.



**Pioneering Cadaveric Dissection Workshop Led by Eminent Gynaecological Experts in Action.**

## 7. Dr. Ashok Bhan, IPS (Retd.) & Hon'ble Member SMVDSB Visits SMVDIME Academic Block, Applauds Visionary Infrastructure and Academic Excellence:

As part of his visit during JANAN 2025, Dr. Ashok Bhan, Hon'ble Member of the Shri Mata Vaishno Devi Shrine Board (SMVDSB), Katra, toured the Academic Block of SMVDIME on 12th July, 2025. He was briefed on the institute's ongoing academic advancements, modern teaching infrastructure, and student-centric facilities. Impressed by the state-of-the-art classrooms,

laboratories, and skill development areas, Dr. Bhan commended the institute's commitment to delivering quality medical education in the region. He especially appreciated the vision and leadership of Dr. Yashpal Sharma, Executive Director, for shaping SMVDIME into a premier hub of academic excellence, poised to produce competent and compassionate healthcare professionals for the future.



Hon'ble Member SMVDSB, Dr. Ashok Bhan reviewing the newly developed Academic Block of SMVDIME.

## 8. DNB Inspection Conducted at Prestigious Delhi Hospital; Dr. Yashpal Sharma Invited as Senior Inspector:

On 15<sup>th</sup> July, 2025, a significant milestone was marked at a reputed hospital in the national capital as the National Board of Examinations (NBE) conducted an inspection for Diplomate of National Board (DNB) accreditation. The inspection aimed at assessing the hospital's infrastructure, faculty availability, clinical facilities, and academic environment to determine its eligibility for offering DNB programs in various specialties.

Dr. Yashpal Sharma, the Executive Director of

SMVDIME & a renowned healthcare administrator and academician, was invited as assessor for approving PG Program in Hospital Administration by the NBE. With his vast experience in medical education and hospital management, Dr. Sharma played a pivotal role in evaluating the hospital's readiness and adherence to the standards set by the Board. His presence underscored the importance of expert-led evaluations to ensure quality postgraduate training in India.



### **9. Dr. Yashpal Sharma Invited as Jury Member at INVENT-X 2025 at IIT Jammu:**

Dr. Yashpal Sharma, Executive Director of SMVDIME & Associated Hospital, was invited as an esteemed jury member for INVENT-X 2025—the annual innovation and entrepreneurship showcase hosted by IIT Jammu. The event, held on July 15, 2025, brought together young innovators, researchers, and start-up enthusiasts from across the country to present groundbreaking ideas and prototypes.

Dr. Sharma, known for his commitment to fostering innovation in medical education and healthcare delivery, evaluated several high-impact projects focusing on healthcare technology, digital solutions, and social impact. His insights and encouragement were highly appreciated by participants and the academic community alike.



### **10. Shri S.S. Baloria Lauds SMVDIME as a Beacon of Medical Excellence During Institutional Visit:**

Shri S.S. Baloria, Retired Chief Secretary and the former Hon'ble Member of the Shri Mata Vaishno Devi Shrine Board (SMVDSB),

undertook a comprehensive visit to the Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME), Kakryal, on July 18,

2025. Deeply impressed by the infrastructure and quality standards maintained at the institution, Shri Baloria commended the visionary leadership of Hon'ble Lieutenant Governor and Chairman SMVDSB, Shri Manoj Sinha, for conceptualizing such a premier healthcare and academic centre in the region.

He also praised the unwavering commitment and administrative excellence of Executive Director Dr. Yashpal Sharma in translating this vision into a fully functional and future-ready medical institution.

During the visit, Shri Baloria toured key academic and training facilities including the Clinical Skills and Simulation Lab, equipped with high-fidelity manikins and advanced procedural

simulators that provide hands-on training to medical students in real-life emergency scenarios. He also visited the Computer-Assisted Learning (CAL) Lab, where technology-integrated teaching tools are enhancing conceptual learning and diagnostics skills. The visit also covered the state-of-the-art laboratories in preclinical and para-clinical departments, which are equipped with modern instrumentation to foster research-oriented education.

Shri Baloria expressed satisfaction with the academic environment and applauded the Shrine Board's continued commitment to nurturing a generation of competent, compassionate, and skilled healthcare professionals.



**Former Hon'ble Member SMVDSB, Shri S.S. Baloria during his institutional visit to SMVDIME.**

## **11. SMVDIME Faculty Visits Govt. Girls Middle School, Panthal for Plantation Drive and Painting Competition under Family Adoption Programme:**

As part of its ongoing outreach under the Family Adoption Programme, a team of faculty members from Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME) visited Government Girls Middle School, Panthal on 24<sup>th</sup> July 2025.

The visit featured a plantation drive and a painting competition, aimed at fostering environmental awareness among students.

The initiative, held under the visionary leadership of SMVDSB sought to instill green values and creative expression in young minds. Faculty

members judged the painting competition, selecting the top three entries, which were later felicitated by the Additional CEO, Shri Mata Vaishno Devi Shrine Board.

This effort reflects SMVDIME's commitment to holistic community development and environmental stewardship.





## 12. Plantation Drive Organised Under “Ek Ped Maa Ke Naam” at Govt. Girls Middle School, Panthal, Reasi:

In a remarkable step towards ecological sustainability and value-based community outreach, a grand plantation drive was organised on 25<sup>th</sup> July 2025 at Government Girls Middle School, Panthal — adopted by Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME) under its Family Adoption Programme. The event was held under the banner of the Prime Minister's initiative "Ek Ped Maa Ke Naam", inspiring students and stakeholders alike to connect emotionally and environmentally through plantation.

The Chief Guest for the event was Shri Alok Kumar Maurya, Additional CEO of Shri Mata Vaishno Devi Shrine Board (SMVDSB), who highlighted that over 10 lakh trees have been planted by the Shrine Board in the Trikuta Hills, including 40,000–50,000 soil binders to ensure effective green cover. He also spoke about the innovative use of drones for seed dispersal in difficult-to-access terrains, further advancing the mission of environmental rejuvenation.

Dr. Yashpal Sharma, Executive Director, SMVDIME, addressed the gathering and emphasised that plantation and development must go hand-in-hand. He urged the students to inculcate the “sanskar” of planting and nurturing trees from a young age, stating that "these trees will grow into natural shields that help prevent diseases and promote well-being in the community."

Present at the event were the Sarpanch of Panthal, school principal, ACF of SMVDSB, Deans and faculty members of SMVDIME, along with school teachers and students. More than 100 saplings were planted during the drive, transforming the school premises into a budding green zone.

Adding to the vibrant spirit of the day, winners of the painting competition held a day prior were also felicitated for their creativity and talent. Their artwork beautifully reflected environmental themes and the spirit of the initiative.

The event was a collective celebration of nature, values, and education—echoing the commitment of SMVDIME and SMVDSB towards nurturing both the environment and future generations.





**Plantation Drive Highlights under "Ek Ped Maa Ke Naam" at Govt. Girls Middle School, Panthal.**

### **13. Bringing Light to Lives: SMVDIME & SMVDNSH Conduct Free Cataract Surgeries for Jammu's Underserved:**

In a powerful demonstration of compassionate, inclusive healthcare, Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME), in collaboration with its associated hospital Shri Mata Vaishno Devi Narayana Superspeciality Hospital (SMVDNSH), performed five free cataract surgeries under the Ayushman Bharat – Pradhan Mantri Jan Arogya Yojana (AB-PMJAY) for patients from Village Halqa in the Marh block of Jammu.

The patients were identified during a free multi-specialty health camp held on July 19, 2025 organised in partnership with Mission Shakti – District Hub for Empowerment of Women (DHEW Jammu), the Social Welfare Department, and the Jammu & Kashmir Rural Livelihood Mission (JKRLM). Surgeries were performed on July 24, 2025 by a skilled ophthalmic team led by Dr. Malvika Sharma, Assistant Professor at SMVDIME & SMVDNSH, with discharges on July 25, 2025.

What made this initiative truly holistic was the hospital's commitment to dignified, end-to-end care. From free transportation, nutritious meals, and stay for both patients and attendants, to post-operative medicines and spectacles—every aspect of patient care was provided at zero cost.

“ We are committed to reaching the unreached. These surgeries are a reflection of our mission to make advanced medical care accessible regardless of income or geography,” said Dr. Yashpal Sharma, Executive Director, SMVDIME.

“This is not just about restoring vision—it's about restoring dignity, mobility, and hope,” added Dr. M.M. Mathavan, Facility Director, SMVDNSH. “Together with government bodies, we're building a safety net for those who need it most.”

This impactful effort was carried out under the guidance of the Shri Mata Vaishno Devi Shrine Board, whose unwavering support for healthcare advancement in the region remains pivotal. The Shrine Board-backed public-private partnership model—uniting institutions like SMVDIME and SMVDNSH with government agencies and national health schemes—continues to set new benchmarks for rural healthcare delivery in Jammu & Kashmir.

The success of this initiative highlights how synergised action between mission-driven institutions and government programs can bring real, lasting change to underserved populations—bringing not just sight, but a renewed sense of inclusion and care.



**Post-surgery moment: Dr. Malvika Sharma, Assistant Professor, Dept. of Ophthalmology with her team after successful cataract procedures.**

### **14. SMVDU Convenes 38<sup>th</sup> Academic Council Meeting to Deliberate on Key Academic Initiatives:**

Shri Mata Vaishno Devi University (SMVDU) held its 38<sup>th</sup> Academic Council Meeting under the chairmanship of Hon'ble Vice-Chancellor, Prof.

Pragati Kumar to deliberate upon and approve key academic matters aimed at strengthening the university's academic framework and

aligning with the National Education Policy (NEP) 2020. The meeting was conducted in both offline and online modes, and was graced by the presence of eminent members, including Prof. Majid Jamil (Professor, Department of Electrical Engineering, Jamia Milia Islamia), Prof. Anju Bhasin, Dean Academic (Professor, Department of Physics, University of Jammu), and Er. Amrendra Kumar (Director-South Asia, Winoa Abrasives India Pvt. Ltd.) in offline mode, while Prof. Sandeep Sancheti (Vice President – Research Relations & Academic Ambassador, Elsevier India) and Sh. Pranavant (Partner, Deloitte India) attended virtually.

All Deans, Heads of Schools, Dean Academic Affairs, Registrar, Finance officer, Librarian, Director (Quality Assurance), and CEO (TBIC), Faculty incharge examination, Associate Dean Academics (Engg. & Non Engg.), Training & Placement Officer, Program Coordinators were also present to discuss and review academic improvements and future initiatives. The meeting began with welcome remarks by the Vice-Chancellor, followed by agenda presentations by Prof. Balbir Singh, Dean Academic Affairs, and Dr. Shafaq Rasool, Associate Dean, Academic Affairs. The minutes of the 37<sup>th</sup> meeting and action taken reports from the 36<sup>th</sup>

meeting were confirmed and discussed. Several important academic and administrative matters were deliberated in the 38<sup>th</sup> meeting, which included the approval of revised postgraduate course structures in line with UGC and NEP 2020 guidelines, the launch of a peer mentorship program “PeerLINK-SMVDU”, and recommendations for enhancing the quality of question papers. Discussions covered the introduction of new academic programs like B. Tech (Robotics & Artificial Intelligence), M. Sc Data Science and M. Sc Chemistry, curriculum revisions, examination reforms, research promotion, and enhancement of student support mechanisms. The Council also reviewed progress on NEP implementation and initiatives for interdisciplinary learning, skill development, and industry collaboration. Proposals for establishing a DGCA-approved Remote Pilot Training Organization (RPTO) and Drone Lab, were also discussed. The 38th Academic Council meeting marked another important milestone in SMVDU's journey toward academic transformation, student empowerment, and innovation-driven growth. With dynamic leadership and active participation from academic and industry experts, SMVDU continues to evolve as a premier institute dedicated to quality education and holistic development.



**Hon'ble Vice-Chancellor Prof. Pragati Kumar chairs SMVDU's 38th Academic Council Meeting in presence of Executive Director, SMVDIME, Dr. Yashpal Sharma & other dignitaries.**

## 15. Lt. Governor Shri Manoj Sinha Visits Injured Pilgrims at SMVDNSH, Kakryal, after Vaishno Devi Landslide:

Hon'ble Lieutenant Governor of Jammu & Kashmir and Chairman of the Shri Mata Vaishno Devi Shrine Board (SMVDSB) Katra, Shri Manoj Sinha, visited the Shri Mata Vaishno Devi Narayana Superspeciality Hospital (SMVDNSH), Kakryal on 27<sup>th</sup> August, 2025 to inquire personally into the health and well-being of pilgrims injured in the catastrophic landslide on 26<sup>th</sup> August, 2025 along the Vaishno Devi yatra track.

Accompanied by the Principal Secretary Mr. M.K. Bhandari (IAS), the CEO of SMVDSB Sh. Sachin Kumar Vaishya (IAS), District Commissioner Reasi Ms. Nidhi Malik (IAS) and the Executive Director of SMVDIME Dr. Yashpal Sharma, Shri Sinha met with injured pilgrims, reviewed their medical status and assured them of all possible care and support.

Dr. Yashpal Sharma briefed about a compre-

hensive review of the medical status, care progress, and recovery outlook of the pilgrims injured in the tragic landslide.

In his address, Lt. Governor Sinha directed that the best possible medical facilities and assistance be made available to all those affected by the tragic landslide, and reaffirmed the Shrine Board's commitment to pilgrim welfare. He further reiterated about the prompt arrangements for 24x7 free accommodation, meals, transportation, and other assistance for attendants of the victims, ensuring their safe return. Shri Sinha's visit underscores the Board's dual focus: prompt medical response to unforeseen emergencies, and sustained investment in infrastructure, health care and transport facilities to ensure that devotees undertaking the Vaishno Devi yatra receive safe, dignified, and supportive treatment under all circumstances.



**Executive Director, SMVDIME, Dr. Yashpal Sharma updates Hon'ble Lt. Governor Shri Manoj Sinha on the health status of pilgrims affected by the landslide at SMVDNSH.**

## 16. Dr. Yashpal Sharma on Jury of ET Healthcare Awards:

The Economic Times Healthcare Awards, in its fifth edition, were held on 28th August 2025 to celebrate excellence and innovation in India's healthcare sector. The prestigious event recognized path-breaking contributions in Medical research, patient care, and healthcare

leadership. Dr. Yashpal Sharma, Executive Director, SMVDIME, was invited to serve on the esteemed jury member, bringing his rich experience of having assessed more than 40 corporate hospitals across India, thereby adding further stature to the event.



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Advisor & Head-Public Health Administration National Health Systems Resource Center, MoHFW



**Dr. Naveen Garg**  
Professor, Department of Cardiology Sanjay Gandhi Postgraduate Institute of Medical Sciences



**Dr. (Prof.) Renuka Malik**  
Principal Consultant,OB-GYN ABVIMS & RML Hospital



**Sujaya Krishnan**  
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**Dr. Harsh Mahajan**  
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**Dr. Yashpal Sharma**  
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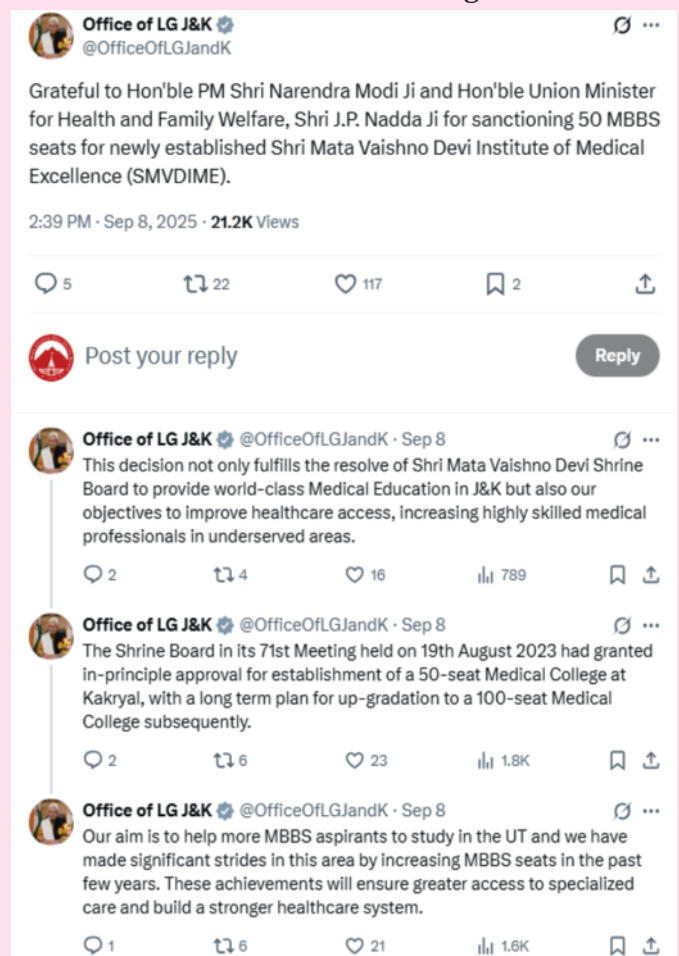
**Dr. Sunil K Khetrpal**  
Deputy Director General The Association of Healthcare Providers -

## 17. SMVDIME Receives Approval to Admit First Batch of MBBS Students – A Historic Milestone:

Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME), Kakryal, proudly announces a landmark achievement with the receipt of the Letter of Permission (LoP) on 8th September 2025, officially authorizing the admission of 50 MBBS students into its first academic batch. This momentous development marks the beginning of SMVDIME's journey as a premier institution committed to medical education, advanced healthcare, and research in the Union Territory of Jammu & Kashmir.

On this historic occasion, the Hon'ble Lieutenant Governor of J&K, Shri Manoj Sinha, expressed heartfelt gratitude to the Hon'ble Prime Minister Shri Narendra Modi Ji and the Hon'ble Union Health Minister Shri J.P. Nadda Ji for sanctioning the MBBS seats for SMVDIME. He described this milestone as a major step forward in strengthening medical education and healthcare infrastructure in the region. The Executive Director of SMVDIME commended the unwavering dedication of every member of the Institute—faculty, administrative staff, clerical teams, and support personnel—and extended special appreciation to former CEO of Shri Mata Vaishno Devi Shrine Board, present CEO and his team at central office, for their persistent efforts in developing the necessary infrastructure and facilities.

With the LoP in place, SMVDIME stands ready to welcome its first cohort of aspiring doctors, stepping confidently into a new era of service, learning, and clinical excellence. This milestone is not just a regulatory achievement—it is a proud moment for the entire SMVDIME family and a significant leap toward a healthier and more self-reliant future for the region.



## 18. 56<sup>th</sup> Finance & Audit Committee Meeting of SMVDNSH held:

The 56th meeting of the Finance & Audit Committee (FAC) of Shri Mata Vaishno Devi Narayana Superspeciality Hospital was held on 15th September 2025 at Kakryal under the chairmanship of Shri Sachin Kumar Vaishya, IAS, CEO, SMVDSB. The meeting was attended by Shri Alok Kumar Maurya, IFS, Additional CEO, SMVDSB; Shri Ravi Magotra, DG Accounts

(Retd.), Member, FAC; Sh. Sunil Narayan, Sr. Vice President, NH (through VC); Ms. Sandhya Sriram, Group Chief Finance Officer, NH (through VC); Dr. Yashpal Sharma, Executive Director, SMVDIME & Associated Hospital; Dr. M.M. Mathavan, Facility Director, SMVDNSH along with other senior officers. Key discussions included approval of the proposed budget for FY

2025–26 with emphasis on achieving positive EBIDTA, review of accounts receivable/payable, and issues related to Ayushman Bharat reimbursements. The Committee also decided to initiate planning for starting the Kidney Transplant Programme from February 2026 and discussed the upcoming transition of NH into a management consultant role from April 2026.

In a separate meeting, the preparedness of the

new Medical College (SMVDIME) focussing on infrastructure readiness, procurement of labs and teaching aids, engagement of staff, and compliance with NMC norms was also assessed. It was noted that the first MBBS batch will commence classes from 22nd September 2025. The meeting concluded with an assurance of continued support from the Shrine Board to make SMVDIME & its Associated Hospital as Centre of Excellence in the country.



**Deliberations at the 56th Finance & Audit Committee Meeting of SMVDNSH under the chairmanship of CEO, SMVDSB, Shri Sachin Kumar Vaishya (IAS).**

## Inside the BLS Workshops

### 1. MBBS and Nursing Students from GMC Rajouri Attend BLS/ACLS Workshop at SMVDIME, Kakryal:

A comprehensive workshop on Basic Life Support (BLS) and Advanced Cardiovascular Life Support (ACLS) was successfully conducted on 26<sup>th</sup> July 2025 at the Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME), Kakryal. The training was delivered by AHA-certified trainers from SMVDIME and its associated hospital, under the able guidance of Dr. Yashpal Sharma, Executive Director, SMVDIME.

Dr. Sharma in his welcome address, emphasized the critical importance of timely life-saving interventions and the need for continuous professional development to ensure medical practitioners remain current and competent in

their field.

Dr. Amarjeet Singh Bhatia, Principal, Government Medical College (GMC), Rajouri, also addressed the participants and highlighted the necessity of regular hands-on training and strict adherence to the latest resuscitation protocols.

The senior dignitaries including Shri Sachin Kumar Vaishya, IAS, Chief Executive Officer, SMVDSB; Shri Alok Kumar Maurya, IAS, Additional CEO, SMVDSB; Shri Satish Sharma, Joint CEO, SMVDSB; Dr. M.M. Mathavan, Facility Director, SMVDNSH; Dr. Kuldeep Singh, Dean, SMVDIME; along with Heads of Departments and faculty members also interacted with the participants and commended the initiative for

strengthening essential life-saving competencies among future healthcare professionals.

The workshop curriculum blended evidence-based theoretical knowledge with high-fidelity simulation exercises, covering critical aspects such as CPR, airway management, trauma

response, and team coordination. The training sessions were led by a distinguished team of AHA-certified faculty including Dr. Vanilla Chopra, Associate Professor & Head, Department of Anaesthesia, Dr. Bhanu Pratap Singh, Senior Consultant, Department of Medicine, Dr.

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**Glimpses from the BLS & ACLS Workshop at SMVDIME, highlighting esteemed presence of Shri Sachin Kumar Vaishya, IAS (CEO, SMVDSB), Shri Alok Kumar Maurya, IFS (Addl. CEO, SMVDSB), and Dr. A.S. Bhatia, Principal GMC Rajouri, guided by Dr. Yashpal Sharma, Executive Director, SMVDIME.**

Sushant Kumar, Senior Consultant, Department of Cardiology, Dr. Summit Dev Bloria, Assistant Professor, Department of Anaesthesia.

A total of 43 participants, comprising MBBS and Nursing students from GMC Rajouri, successfully completed the training and were awarded

## 2. Healthcare Professionals from SMVDIME and SMVDNSH Participate in BLS Workshop at Skill and Simulation Lab:

A Basic Life Support (BLS) training workshop was successfully conducted on August 6, 2025, at the Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME), Kakryal. The workshop was facilitated by American Heart Association (AHA)-certified trainers from SMVDIME and its associated hospitals, aiming to equip healthcare professionals from Shri Mata Vaishno Devi Narayana Superspeciality Hospital (SMVDNSH) with critical life-saving skills.

During the inaugural session, Dr. Yashpal Sharma, Executive Director, underscored the importance of timely life-saving interventions in clinical settings. He encouraged all participants to pursue continuous professional development in order to remain competent and up-to-date in their respective fields of medicine.

The workshop offered a comprehensive curriculum that integrated evidence-based theoretical knowledge with high-fidelity simulation exercises. Key focus areas included cardiopulmonary resuscitation (CPR), airway

certificates of participation.

The workshop was efficiently coordinated by Dr. Shalini Sobti, In-Charge, Skill & Simulation Lab, SMVDIME, along with the Skill Lab Committee, ensuring a seamless, interactive, and enriching learning experience for all attendees.

management, trauma response, and effective team coordination during medical emergencies.

The sessions were led by a distinguished team of AHA-certified instructors — Dr. Sohail M. Nazki (Senior Consultant and Head, Emergency Medicine) and Dr. Sonia Dogra (Junior Consultant, Emergency Medicine), with support from Ms. Akanksha (Nursing Educator), Mr. Hem, and Ms. Shalini (Nursing Coordinators).

A total of 29 participants from SMVDNSH attended and successfully completed the training. A feedback session gathered inputs from both participants and trainers, with the goal of enhancing future workshops. Upon completion, certificates of participation were awarded to all successful candidates.

The workshop was efficiently organized under the leadership of Dr. Shalini Sobti, In-Charge of the Skill and Simulation Lab at SMVDIME, in collaboration with the Skill Lab Committee. Their efforts ensured a well-structured and enriching learning experience for all attendees.





### **3. SMVDIME & ISCCM train 100 class-10 students in life-saving BLS skills at KC Public School, Jammu:**

Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME), Kakryal in collaboration with Indian Society of Critical Care Medicine (ISCCM) Jammu Branch conducted a comprehensive workshop on Basic Life Support (BLS) at KC Public School, Jammu. Led by AHA-certified instructors Dr. Vanilla Chopra HOD, Department of Anaesthesia and Critical Care, SMVDIME and Dr. Shruti Gupta, Associate Professor, Department of Anaesthesia, Critical Care & Pain Medicine, GMC, Jammu, the session equipped 100 participants of class 10 with essential life-saving techniques and emergency response skills through lectures, hands-on training, and Q&A sessions. The workshop emphasized the importance of quick and effective response in saving lives, empowering participants to act confidently in emergency situations.



#### **4. SMVDSB Employees Participate in BLS and First Aid Workshop at Shri Mata Vaishno Devi Institute of Medical Excellence:**

A Basic Life Support (BLS) and First Aid training workshop was successfully conducted at the Skill and Simulation Lab of Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME), Kakryal on 19<sup>th</sup> August, 2025. This was the second such workshop organized specifically for the employees of Shri Mata Vaishno Devi Shrine Board (SMVDSB). The training was facilitated by American Heart Association (AHA) certified instructors from SMVDIME and its Associated Hospitals, with the objective of equipping participants with essential first aid and life-saving skills.

The program began with an inaugural session, during which Dr. Yashpal Sharma, Executive Director, SMVDIME, emphasized the importance of first aid and lifesaving skills in daily life as well as in clinical settings. The workshop offered a comprehensive curriculum that combined evidence-based theoretical learning with high-fidelity simulation exercises. Participants were trained in CPR, airway management, trauma response, and effective team coordination during medical emergencies.

The training was led by a distinguished team of AHA-certified instructors: Dr. Vanilla Chopra, Associate Professor & Head, Department of Anaesthesia; Dr. Bhanu Pratap Singh, Senior Consultant, Department of Cardiology; and Dr. Sohail M. Nazki, Senior Consultant & Head,

Emergency Medicine, ably supported by Mr. Hem and Ms. Shalini, Nursing Coordinators.

A total of 30 participants from SMVDSB attended and successfully completed the training. At the conclusion of the workshop, participants provided feedback highlighting the importance of regularly updating knowledge and the effectiveness of interactive training in building strong rapport between trainers and participants. Certificates of participation were awarded to all successful candidates.

The workshop was efficiently coordinated by Dr. Shalini Sobti, In-charge of the Skill and Simulation Lab at SMVDIME, in collaboration with the Skill Lab Committee members. Their dedicated efforts in ensuring the success of the workshop were widely appreciated.



#### **5. SMVDIME hosts BLS training workshop to strengthen Emergency Care Skills:**

A Basic Life Support (BLS) training and hands-on workshop was organized at Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME), Kakryal on 30th September 2025, under the leadership and guidance of Dr. Yashpal Sharma, Executive Director, SMVDIME.

The academic sessions and skill-based demonstrations were conducted by Dr. Vanilla Chopra, Associate Professor and Head, Department of Anesthesia, Dr. Bhanu Partap Singh, Senior Consultant, Department of General Medicine, and Dr. Sumeet Dev Bloria, Assistant

Professor, Department of Anesthesia. The resource faculty delivered structured lectures on the principles of Basic Life Support and supervised hands-on training sessions in the Skill Laboratory of SMVDIME.

A total of 27 participants, comprising medical

officers and nursing personnel from Shri Mata Vaishno Devi Narayana Superspeciality Hospital, successfully underwent the training. The workshop served as a significant step towards institutional capacity building for evidence-based resuscitation practices and preparedness in handling medical emergencies.



**Enhancing Lifesaving Skills: BLS Workshop in progress at SMVDIME.**

## CMEs' Chronicle

### 1. Continuing Medical Education (CME) Session on CBME Curriculum Implementation Held:

The Academic Committee of SMVD Institute of Medical Excellence organized a focused Continuing Medical Education (CME) session on 2nd August, 2025 as part of its ongoing initiative on the Competency-Based Medical Education (CBME) curriculum.

**The programme featured two expert-led interactive sessions:**

- “Implementation of Self-Directed Learning (SDL) in the Undergraduate CBME Curriculum” by Dr. Richa Mahajan, Associate Professor, Department of Community Medicine.
- “Role of Early Clinical Exposure (ECE) in Phase I MBBS Students” by Dr. Ritika Chalotra, Senior Resident, Department of Community Medicine.

These sessions were followed by group discussions and practical “how-to” exchanges, focusing on effective integration of SDL and ECE components within the Foundation Course.

The event was attended by faculty members of SMVDIME and its associated hospital, along with senior residents and postgraduate students. The CME provided actionable strategies for developing SDL and ECE modules, aligned with the National Medical Commission's CBME framework and SMVDIME's institutional mission of promoting learner-centred pedagogy.

**The session concluded with a commitment from the Executive Director to implement key initiatives including:**

- Peer-mentored SDL skill labs
- Integrated community- and ward-based early exposure rotations
- Quarterly faculty–student symposia

These steps are aimed at translating SDL and ECE principles from policy into meaningful practice for the incoming MBBS batch of 2025–26.



### 2. SMVDIME conducts a CME on “Antimicrobial Resistance”:

The Academic Committee of Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME), Kakryal, organized a Continuing Medical Education (CME) programme on the theme

“Antimicrobial Resistance” on 23rd August, 2025. The event was aimed at enhancing awareness and understanding of this critical global health challenge among faculty members,

residents, and students.

The scientific sessions featured distinguished speakers:

Dr. Nitin Kothari, Professor, Department of Pharmacology, GMC Dungarpur, delivered a lecture on “National Action Plan on Antimicrobial Resistance – Role of the National Medical Commission”.

Dr. Shalini Gupta, Associate Professor, Department of Pharmacology, SMVDIME, spoke on “Antimicrobial Resistance: History and Mechanism”.

Dr. Nancy Khajuria, Senior Resident, Department of Pharmacology, SMVDIME, presented on “Antimicrobial Resistance: A Silent Pandemic”.

Dr. Vikram Sharma, Senior Resident, Department of Pharmacology, SMVDIME, discussed “Antimicrobial Stewardship & Antibiotic Policy-United Against Resistance”.

The sessions highlighted the alarming rise of antimicrobial resistance, its underlying mechanisms, and the urgent need for robust antibiotic stewardship policies to tackle this “silent pandemic.” The discussions generated rich academic interaction and underlined the collective responsibility of healthcare professionals in combating this global threat.

The CME saw active participation from faculty members, senior residents, and tutors of SMVDIME. Attendance was made mandatory to ensure maximum academic benefit for the participants.

In his concluding remarks, Dr. Yashpal Sharma, Executive Director, SMVDIME, emphasized the pivotal role of doctors in the Associated Hospital in effectively implementing the Antimicrobial Policy. He stressed the need for judicious use of antibiotics to safeguard patient health and prevent further resistance.



### **3. CME Spotlight at SMVDIME: Building Bridges Through Communication & Empathy:**

Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME) hosted a thought-provoking Continuing Medical Education (CME) programme on 11th September, 2025 at Lecture Theatre-II, Academic Block, centered on two timeless pillars of medical practice—communication and empathy.

The programme commenced with an insightful session by Dr. Bhanu Priya Singh (Assistant

Professor, Pharmacology), who highlighted the significance of clarity, active listening, and empathy in fostering meaningful doctor–patient relationships.

Adding an engaging dimension, Dr. Taranjot and Dr. Nancy presented a compelling role-play that vividly illustrated both effective and ineffective communication. Their performance underscored how a physician's words, tone, and approach can

profoundly influence patient trust and clinical outcomes.

The CME further delved into the core of medical professionalism with an inspiring talk by Dr. Yashpal Sharma (Executive Director, SMVDIME & Professor & Head, Hospital Administration) on “Empathy in Healthcare”, emphasizing compassion as an indispensable clinical tool. This was followed by Dr. Kuldeep Singh (Professor & Head, Pathology), who addressed the sensitive subject of “Breaking Bad News”, equipping participants with practical strategies to navigate difficult conversations with sensitivity and humanity.

Further enriching the programme, Dr. Jaspinder Pratap Singh (Assistant Professor, Forensic Medicine) spoke on “Tackling Workplace Violence”, a growing challenge in modern healthcare. His session provided valuable

insights into promoting safety, resilience, and professional well-being within clinical environments.

The CME witnessed enthusiastic participation from faculty members, senior residents, and tutors of both SMVDIME and Shri Mata Vaishno Devi Narayana Superspeciality Hospital (SMVDNSH), reaffirming the institute's strong commitment to academic excellence, professional growth, and patient-centered care.

As the event drew to a close, participants carried forward not only enhanced knowledge but also a renewed commitment to practicing medicine with compassion, clarity, and courage. Initiatives like this reaffirm SMVDIME's mission to remain at the forefront of medical education and service excellence.

✦ Empathy heals, communication connects— and together, they transform care.



#### **4. World Sepsis Day 2025 – Raising Awareness, Saving Lives:**

Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME), Kakryal, observed World Sepsis Day on 13<sup>th</sup> September 2025, reaffirming its commitment to raising awareness about one of the world's most pressing healthcare challenges.

The program featured an enlightening lecture by Dr. Sonakshi, Assistant Professor, Department of

Surgery, on this year's theme – “5 Facts × 5 Actions”. She highlighted the staggering global burden of sepsis and emphasized the importance of timely recognition, rapid intervention, and public awareness to reduce mortality and long-term complications.

Dr. Kanishtha Sharma, Associate Professor, Department of Microbiology, addressed the

microbiological perspective of sepsis, underscoring the critical role of early pathogen detection, antibiotic stewardship, and laboratory vigilance in combating this life-threatening condition.

Both sessions reinforced the five key facts everyone should know about sepsis and the five vital actions that healthcare providers, institutions, and communities must adopt to fight it. The speakers stressed that while sepsis is a global health emergency, it remains preventable through awareness, vigilance, and coordinated action.

The event witnessed enthusiastic participation from faculty members of SMVDIME and its Associated Hospital, along with residents and tutors. An interactive discussion followed the presentations, reflecting the collective resolve of the medical fraternity to stand united in the fight against sepsis.

The program concluded with closing remarks from the Executive Director, who shared real-life patient experiences to illustrate the urgency of early recognition and prompt intervention. He reminded participants that sepsis is not only a

medical emergency but also a challenge requiring vigilance, team-work, and swift action— through which countless lives can be saved.



## 5. “When foreign investment raises care, who pays?”- Dr. Yashpal Sharma's clarion call to preserve healthcare equity in the face of foreign-capital tides:

September 18, 2025: In his timely deliberation on “Who Owns Our Hospitals?”, Dr. Yashpal Sharma, Executive Director, SMVDIME & its Associated Hospital, highlighted how corporate consolidation and foreign investment are steadily driving treatment costs beyond the reach of the common man. Further, he cautioned that although foreign investment had acted as a catalyst for India's healthcare sector—fueling the growth of infrastructure, specialty services, and advanced technologies—it was, in many ways, a double-edged sword. He observed that

beneath the glitter of expansion lay the grim possibility of healthcare slipping beyond the common man's reach. The pursuit of profit, mounting capital costs, and a tilt toward premium positioning, he noted, threatened to drive prices sky-high, with the burden ultimately falling squarely on patients' shoulders.

Dr. Sharma underscored that the time had come for course correction. He urged that policy interventions be carefully tailored—demanding transparency in pricing, tighter regulatory reins on consolidation, mandatory commitments by

private providers to extend their services to the less privileged, and renewed investment in public healthcare. Insurance, he argued, must cast a wider net with affordable premiums and inclusive coverage. He stressed that excellence in

medicine must walk hand-in-hand with equity, reminding the audience that healthcare should remain a public good, not a luxury commodity. In his words, it was imperative that the tide of foreign capital lift all boats, and not merely the yachts of those who could afford premium care.



## 6. World Patient Safety Day 2025 Marked with CME at SMVDIME:

Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME) organized a Continuing Medical Education (CME) program on 20th September, 2025 to commemorate World Patient Safety Day. The event highlighted the importance of patient-centered care, safe clinical practices, and fostering a culture of safety in healthcare.

Dr. Ashwani Kumar, Assistant Professor, Dept. of General Medicine, SMVDIME delivered an insightful session on various aspects of patient safety, emphasizing strategies to minimize risks and enhance the quality of care. His talk inspired participants to adopt global best practices in patient safety within the local healthcare context.

The CME witnessed active participation from faculty, residents, and nursing staff, making it a

meaningful platform for knowledge sharing and capacity building.



## 7. SMVDIME Hosts CME on World Rabies Day 2025:

Katra, September 27, 2025 — The Academic Committee of Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME) organized a Continuing Medical Education (CME) session to mark World Rabies Day 2025, focusing on awareness, prevention, and control of rabies.

The program opened with a welcome address by Dr. Yashpal Sharma, Executive Director, SMVDIME, who emphasized the importance of collective action in combating rabies.

The keynote lecture was delivered by Dr. Rajiv Kumar Gupta, Head, Department of Community Medicine, Government Medical College, Jammu, who spoke on the global theme for World Rabies Day 2025 — “Act Now: You, Me, Community”. His presentation highlighted the global and national burden of rabies, strategies for prevention and control, and comprehensive management protocols.

Dr. Sana Rafiq Khuroo, Assistant Professor, Department of Community Medicine, SMVDIME,

delivered an insightful talk on the challenges in rabies control, with a particular focus on innovations and modern strategies in rabies prevention.

The session concluded with a vote of thanks by Dr. Kuldeep Singh, Chairman, Academic Committee & Dean, Research and Examination, SMVDIME. The event was coordinated and hosted by Dr. Richa Mahajan, Associate Professor, Department of Community Medicine.

The CME witnessed enthusiastic participation from faculty members of SMVDIME and its associated hospital, as well as senior residents and students of SMVD College of Nursing.

The event served as a vital platform for knowledge-sharing, reinforced best practices in rabies prevention, and strengthened the collective resolve to achieve the global target of “Zero Human Deaths from Dog-Mediated Rabies by 2030.”



## SMVDIME Faculty in the Spotlight: Guest Lecture Highlights

### 1. Dr. Yashpal Sharma champions J&K's healthcare outreach at Arogya Bharti Sammelen, Kochi, advancing free medical camps and preventive health initiatives:

Dr. Yashpal Sharma, Executive Director of SMVDIME and President of Arogya Bharti, Jammu & Kashmir, represents the J&K unit at the annual Arogya Bharti Sammelen, held at Kochi (Kerala) leading the organization's efforts in conducting multi-speciality medical camps across under-served regions of Jammu & Kashmir — providing free consultations, diagnostics, essential medicines and referrals in

specialities such as general medicine, paediatrics, ophthalmology, ENT, orthopaedics, obstetrics/gynaecology etc. — while also hosting awareness talks on preventive health, hygiene, maternal & child care, lifestyle diseases and mental wellbeing; simultaneously addressing challenges like logistics, follow-ups and resource constraints, with a view to expand outreach via mobile units, telemedicine, stronger local collaboration.



### 2. Guest Lecture on “Prioritising Breastfeeding: Creating Sustainable Support System” at BN Institute of Nursing:

As part of the World Breastfeeding Week 2025 celebrations, a guest lecture was organized at BN Institute of Nursing, Chak Bhalwal, Jammu with the support of Arogya Bharti Organisation, on 7th August 2025. Dr. Anuj Kapoor, Assistant Professor, Department of Community Medicine, SMVDIME, delivered an insightful session on the theme “Prioritising Breastfeeding: Creating Sustainable Support System.” He emphasized the critical role of breastfeeding in shaping lifelong health for both infants and mothers, highlighting the need for sustainable support across families, communities, healthcare institutions, and workplaces. Dr. Arun Gupta, Medical Officer at



Government Ayurvedic Medical College, SMGS Hospital, Jammu, also addressed the gathering, sharing his perspectives on integrating traditional practices with modern public health strategies to strengthen breastfeeding awareness. The session witnessed active interaction from students and faculty, concluding with a

### 3. Guest Lecture on “Drug Menace” energizes Student Induction Program (SIP-2025) at SMVDU:

As part of the Student Induction Program (SIP-2025) of the newly inducted batch of students at Shri Mata Vaishno Devi University, a compelling guest expert lecture on the topic “Drug Menace” was delivered by Dr. Bhanu Priya Singh, Assistant Professor, Department of Pharmacology (SMVDIME), at Matrika Auditorium on 9th September, 2025. Focused on the growing challenge of substance misuse among youth, the session provided newly admitted students with crucial insights and preventive strategies to safeguard their mental, physical, and social well-being. Dr. Singh cautioned that academic stress, peer pressure, and mental health struggles drive youth toward drug misuse, which inflicts physical, psychological, and social harm—manifesting in warning signs like mood swings, erratic behavior, and poor academic performance—and she urged institutions to foster

dynamic discussion on challenges in the Indian context. Principal Mrs. Neetu Sharma expressed gratitude to both speakers and appreciated the visionary leadership of Executive Director Dr. Yashpal Sharma, whose continued support and direction have enabled such community-focused academic initiatives.

drug-free, supportive environments through awareness, counseling & peer wellness initiatives.

The session witnessed active interaction between students and faculty, concluding with a dynamic discussion encouraging students to seek help early, watch out for peers, and channel stress into positive activities like sports, arts, or volunteering.



## FACULTY CONFERENCES CORNER

1. Dr. Yashpal Sharma, Executive Director, SMVDIME Kakryal felicitated Dr. Shivani, Assistant Professor, Department of Anatomy SMVDIME, who attended the 13<sup>th</sup> Inter-national Conference of Society of Clinical Anatomists (SOCA) 2025 organised by Postgraduate Department of Anatomy held in GMC Srinagar from 10th-12th July, 2025. She presented an oral paper on "Dermato-glyphic Patterns in Type-2 Diabetic Patients: A Qualitative Study" for which she was awarded first prize.

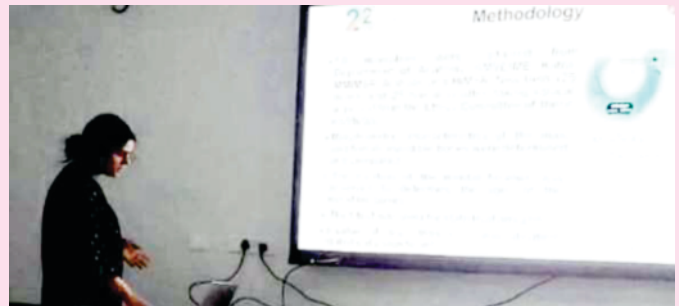


2. Dr. Pallavi Arora, Assistant Professor, Department of Anatomy, SMVDIME, Kakryal, attended the Operative Obstetrics Congress (Janan) at Sanjeevani Auditorium, Narayana Super Speciality Hospital Complex, Kakryal, Katra, J&K, hosted by Shri Mata Vaishno Devi Institute of Medical Excellence, Kakryal, Katra, J&K and Jammu Obstetrics & Gynaecological Society on July 12-13, 2025. She presented a paper titled "Early detection of early-onset preeclampsia in women of Indian origin: a case-control study". The study documented notable differences between the two groups' (early-onset preeclamptic patients and normotensive controls) systolic and diastolic blood pressure measurements. Maternal age did not differ significantly, but early-onset preeclamptic patients had a considerably

lower gestational age than controls. The placentae from patients with early-onset preeclampsia showed lower expression of Matrix Metalloproteinase-9 (MMP-9) and higher expression of Tissue Inhibitor of Metallo-proteinase-1 (TIMP-1) than normotensive placentae. Poor placentation in early-onset preeclamptic patients may have been caused by aberrant MMP-9 and TIMP-1 function.



3. Dr. Pallavi Arora, Assistant Professor, Department of Anatomy, SMVDIME, Kakryal attended the 22<sup>nd</sup> National Conference of the Indian Association of Forensic Odontology (IAFOCON-2025) at the National Forensic Sciences University in Gandhinagar, Gujarat, India, on 13<sup>th</sup> and 14<sup>th</sup> September, 2025 and presented a paper titled "Morphometric examination and age estimation of the mandible in the North Indian population". The study examined and contrasted the morphometry of the male and female mandible bones. The placement of the mental foramen was used to estimate the ages of these mandibles, which has significant implications for anthropological and medicolegal studies.



## HEALTH CAMPS

### MEGA MEDICAL CAMPS (July-2025 to September-2025)

S.No.	Location of Camp	Date	Footfall	Services offered
1.	Free Health checkup Camp at Marh, Jammu.	19 July, 2025	450	<ul style="list-style-type: none"> <li>● Specialized consultations in, Obstetrics &amp; Gynaecology, Orthopaedics &amp; Ophthalmology.</li> <li>● Several health screenings &amp; tests.</li> <li>● Cataract patients referred for free surgeries at SMVDNSH under Ayushman Bharat Scheme</li> </ul>
2.	Blood donation camp, Bantalab, Jammu.	19 August, 2025	20	<ul style="list-style-type: none"> <li>● A total of 20 donors came forward to donate blood voluntarily, contributing to a noble cause.</li> </ul>
3.	Free Health checkup Camp at Talwara, Reasi.	10 September, 2025	316	<ul style="list-style-type: none"> <li>● Specialized consultations in Medicine, Obstetrics &amp; Gynaecology, &amp; Orthopaedics.</li> <li>● Several health screenings &amp; tests, Free distribution of medicines</li> <li>● Referral services for further treatment at SMVDNSH</li> </ul>
4.	Free Health checkup Camp at Mahore, Reasi.	11 September, 2025	160	<ul style="list-style-type: none"> <li>● Specialized consultations in Medicine, Obstetrics &amp; Gynaecology, Orthopaedics</li> </ul>
				<ul style="list-style-type: none"> <li>● Comprehensive health screenings including BMI assessments, blood pressure monitoring, blood sugar tests, urine examination, refraction tests.</li> </ul>
5	Dental Camp at SMVDNSH, Katra.	11 September, 2025	55	<ul style="list-style-type: none"> <li>● Free oral health check-up and consultation.</li> <li>● Oral cancer screening.</li> <li>● Distribution of free medicines and oral hygiene kits.</li> </ul>

6.	Free Health checkup Camp, Mahore, Reasi.	12 September, 2025	160	<ul style="list-style-type: none"> <li>● Specialized consultations in Medicine, Obstetrics &amp; Gynaecology, Orthopaedics</li> <li>● Several health screenings &amp; tests.</li> </ul>
7	Dental Camp at SMVDNSH, Katra.	12 September, 2025	31	<ul style="list-style-type: none"> <li>● Free oral health check-up and consultation.</li> <li>● Oral cancer screening.</li> <li>● Counselling on oral hygiene practices</li> <li>● Distribution of free medicines and oral hygiene kits</li> </ul>
8	Free Health checkup Camp at Mahore, Reasi.	16 September, 2025	234	<ul style="list-style-type: none"> <li>● Specialized consultations in, Obstetrics &amp; Gynaecology, Orthopaedics &amp; Ophthalmology.</li> <li>● Several health screenings &amp; tests.</li> <li>● Cataract patients referred for free surgeries at SMVDNSH under Ayushman Bharat Scheme, urine examination, refraction tests.</li> </ul>

1. A successful health camp was organized on **19<sup>th</sup> July 2025** by SMVDIME at **BTC Halga**

**Marh, Tehsil- Marh, District - Jammu** in collaboration with Mission Shakti, HEW



Jammu. The camp received an overwhelming response, providing medical services to over 450 patients. Specialty-wise participation included:

Orthopedics: 160 patients examined, Gynaecology: 120 patients examined, Ophthalmology: 170 patients examined.

The camp offered free health check-ups, blood sugar and blood pressure monitoring, and distribution of essential medicines, significantly

2. In a remarkable initiative aimed at supporting the flood-affected communities, Shri Mata Vaishno Devi Institute of Medical Excellence and Associated Hospital organized a comprehensive free health camp on **September 10, 2025, at Government Migrant Middle School, Talwara (Block Pouni), in District Reasi.**

The camp was a major outreach effort in response to the recent floods that have severely impacted the region, leaving many residents with limited access to medical care and essential services. The event witnessed an overwhelming response from the local population, with dozens of patients benefiting from free medical consultations and medication.

A team of expert doctors from Shri Mata Vaishno Devi Institute of Medical Excellence led the camp:

- Dr. Akash (Orthopaedics) offered consultations related to bone, joint, and mobility issues, especially crucial for elderly individuals and those affected physically during the floods.
- Dr. Ankita (Medicine) addressed general health concerns, including fevers, infections, waterborne illnesses, and chronic conditions such as diabetes and hypertension.

benefiting the local population.

This initiative played a vital role in delivering accessible healthcare and promoting preventive health awareness among the community. The commendable support of the Shri Mata Vaishno Devi Shrine Board, Katra, and the dedicated leadership of Dr. Yashpal Sharma, Executive Director, SMVDIME & Associated Hospital, were instrumental in making this outreach program a meaningful and impactful success.

- Dr. Faizy Gul (Gynecology and Obstetrics) provided specialized care for women, including maternal health check-ups and consultations related to reproductive health. Their collective efforts ensured a broad spectrum of health services was made available to all sections of the community. One of the key highlights of the camp was the free distribution of essential medicines to all patients.



3. In a compassionate outreach initiative, the Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME) and its associated hospital, successfully organized a comprehensive health check-up camp in the flood-affected region of Mahore, Reasi district, on 11th September, 2025. The camp was aimed at providing much-needed medical care to residents affected by the recent floods, which disrupted healthcare access in the remote hilly region.

A dedicated team of experienced doctors from SMVDIME travelled to Mahore to extend medical services on-site. The team included:

- Dr. Akash (Orthopaedics)
- Dr. Faizy Gul (Gynaecology and Obstetrics)
- Dr. Hardik Gupta (Medical Officer - General Medicine)

Throughout the day-long camp, a total of 160 patients were screened and treated across various specialties:

- **50 patients** were examined for orthopaedic concerns
- **70 patients** received consultation under general medicine
- **40 women** were provided care in the gynaecology and obstetrics section

In addition to expert medical consultations, the camp also facilitated free distribution of essential medicines to all patients. The initiative was particularly impactful in addressing common post-flood ailments such as infections, joint pains, waterborne diseases, and maternal health issues.

The health camp was well-received by the local community, who expressed gratitude for the timely support. Volunteers and local administration also extended their cooperation to ensure smooth execution of the event.

This humanitarian effort is part of SMVDIME's broader outreach program, which seeks to combine clinical excellence with social responsibility.



4. Shri Mata Vaishno Devi Institute of Medical Excellence and Associated Hospital, Kakryal, successfully organized a two-day free Dental Check-Up Camp on 11th and 12th September 2025, as part of its ongoing commitment to community healthcare and oral hygiene awareness at SMVDNSH.

The camp was spearheaded by experienced dental professionals, Dr. Sania and Dr. Tanushree, who conducted thorough dental screenings and provided valuable consultations to visiting patients.

**Camp Highlights:**

- **11th September 2025:**
  - o A total of 55 patients were screened.
  - o Dr. Sania examined 26 patients.
  - o Dr. Tanushree examined 29 patients.
- **12th September 2025:**

- o A total of 31 patients were screened.
- o Dr. Sania examined 15 patients.
- o Dr. Tanushree examined 16 patients.

Over the course of two days, a total of 86 patients benefited from the camp. The participating doctors offered personalized guidance on oral hygiene practices, identified common dental issues such as cavities, gum infections, and tooth sensitivity, and advised patients on follow-up treatments where necessary.

The camp witnessed active participation from individuals across different age groups. Patients appreciated the initiative for its accessibility and the professionalism of the medical staff. Many visitors acknowledged the importance of regular dental check-ups in preventing long-term complications.



5. In a significant outreach initiative aimed at providing accessible healthcare services to remote and underserved areas, Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME) organized a free health camp on **12th September, 2025** at **Jamsalan, Mahore, in the Reasi district of Jammu and Kashmir**.

The health camp witnessed an overwhelming response from the local population, with a total of 154 patients availing themselves of medical consultation and treatment. The camp was led by a team of dedicated and experienced doctors from SMVDIME:

- Dr. Akash, Senior Resident- Orthopaedics
- Dr. Hardik Gupta, Medical Officer – General Medicine

**Out of the total patients screened:**

- 56 patients received specialized Orthopaedic consultation and care from Dr. Akash. Common issues addressed included joint pain, arthritis, back pain, and other musculoskeletal disorders.
- 98 patients were examined under General Medicine by Dr. Hardik Gupta, where patients were treated for common ailments such as fever, hypertension, diabetes, seasonal infections, and gastrointestinal issues.

The camp was well-organized with the support of local volunteers and panchayat members, ensuring smooth coordination and

6. A comprehensive Health Check-Up Camp was successfully organized on **16th September, 2025** at **Nagrota Gujroo, Ramkote**, in collaboration with Hari Prabhu Sanstha. The initiative aimed to provide accessible healthcare services to the local community and promote early diagnosis and treatment.

efficient management of patient flow. Free medicines were also distributed to the patients as per the doctors' prescriptions.

This initiative is a part of SMVDIME's continued commitment to extending quality healthcare services to remote and difficult-to-reach areas, aligning with the vision of making health services universally accessible. The camp not only provided immediate relief to patients but also helped raise awareness about preventive healthcare and the importance of early diagnosis.

Locals expressed their gratitude to the medical team and the management of Shri Mata Vaishno Devi Institute of Medical Excellence for bringing quality medical care to their doorstep and urged for more such camps in the future.



A total of 423 patients from the surrounding areas availed the services provided during the camp. The camp featured screening in specialties, primarily Ophthalmology and Internal Medicine.

- Dr. Kritika (Ophthalmologist) screened 243 patients, identifying 30 cases that required

further evaluation and specialist care.

- Dr. Ashwani (Internal Medicine) examined 180 patients, out of which 4 patients were referred to SMVDNSH for advanced medical intervention.

The camp saw enthusiastic participation and was well-received by the community. Hari Prabhu Sanstha extended full support in organizing and managing the event, ensuring seamless coordination and patient care.

This health initiative not only provided immediate medical relief to hundreds but also emphasized the importance of preventive healthcare and regular check-ups, especially in rural and underserved areas.

The organizers expressed their commitment to continuing such outreach programs in the

future to bridge the gap in rural healthcare accessibility.



## **7. Health camps organized by Shri Mata Vaishno Devi Institute of Medical Excellence (Medical College & Associated Hospital ,SMVDNSH) for Seva Parv 2025 “Swasth Nari, Sashakt Parivar Abhiyaan”:**

**Date-17-09-2025**  
**Camp 1-CHC KATRA**

Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME), and Shri Mata Vaishno Devi Narayana Super Specialty Hospital (SMVDNSH), inaugurated a two-week programme under the banner of “Swasth Nari, Sashakt Parivar Abhiyaan” (SNSPA).

The Swasth Nari Sashakt Parivar Abhiyaan is a landmark initiative of the Ministry of Health and Family Welfare and the Ministry of Women and Child Development. It is aimed at strengthening healthcare services for women and children across India, with a special focus on improving access, quality of care, and health awareness.

To mark the commencement of the campaign, a health camp was organized by SMVDIME and SMVDNSH at CHC Katra on September 17, 2025

bringing together specialists from Surgery, Medicine, Dentistry, and ENT to provide consultations and services. A health awareness session was also conducted by Dr. Sana Rafiq Khuroo and Dr. Anuj Kapoor from the Department of Community Medicine, focusing on Breast Cancer Screening, Cervical Cancer Screening, and Maternal & Child Health (MCH) Care. The talk was attended by ASHA workers,



patients, and healthcare professionals, highlighting the critical role of women's health in ensuring stronger families and healthier communities.

The event was graced by the Hon'ble MLA of Katra, Shri Baldev Raj Sharma, who lauded the initiative and emphasized the need for community engagement in strengthening preventive and promotive healthcare services.

The Swasth Nari, Sashakt Parivar Abhiyaan activities by SMVDIME and SMVDNSH will continue till October 2, 2025, with a series of health talks, awareness sessions, and medical camps in the field practice and family adoption areas of the Department of Community Medicine.

**Date-17-09-2025**

**Camp 2-Shri Mata Vaishno Devi University (SMVDU)**

An In-house Mega ECG Screening Camp was organised by the Department of Cardiology during which 89 ECG screenings were conducted for patients.

Simultaneously, a Multi-Speciality Health Camp was held at Shri Mata Vaishno Devi University (SMVDU) by the Departments of Gynaecology and Paediatrics, where a total of 117 patients were screened.

These camps aimed at promoting preventive healthcare, early detection, and awareness among the community in alignment with the vision of building a healthy society.

**Date-17-09-2025**

**Camp 3-Jammu Airport**

A Multispecialty Health Camp was organized on 17<sup>th</sup> September 2025 in association with the Airport Authority of India, Jammu.

The camp offered services in the following specialties:



**In-house Mega ECG Screening Camp**



**Multi-Speciality Health Camp was held at Shri Mata Vaishno Devi University**

- Ophthalmology – Dr. Malvika Sharma
- General Medicine – Dr. Ankita Sharma
- Special Consultation – Dr. Jatinder Singh from the Ministry of State for Science and Technology

The camp provided valuable specialist consultations and health services to the beneficiaries, ensuring wider access to quality care.

This collaborative effort reflected the joint commitment of the Airport Authority of India and the participating medical experts towards improving community health and well-being.



**Date-18-09-2025**

**Camp 4-PHC NANDPUR (RAMGARH)**

A Multispecialty Health Camp was organized on 18th September 2025 at PHC Nandpur Ramgarh by the Departments of Cardiology, Gynaecology, and Oncology with the aim of providing comprehensive health services to the community.

**The camp offered:**

- Cardiology services – screening and consultation for heart diseases.
- Gynaecology services – women's health check-ups and counselling.

- Oncology services – awareness and early detection of cancer.

A total of 215 beneficiaries were screened, including 161 males and 54 females.

The camp was conducted under the medical supervision of Dr. Sushant, Dr. Suksham, and Dr. Rajeev Saini, who provided specialist consultations and guidance.

The initiative was highly appreciated by the local population and reflects the continued efforts to bring specialist health care closer to rural communities.



**Date-18-09-2025  
Camp 5-BSF UDHAMPUR**

A health awareness talk on Menstrual Hygiene was successfully organized at BSF Udhampur on September 18, 2025, in association with STC BSF Udhampur, as part of the "Swasth Naari, Swasth Parivar Abhiyaan."

The session was delivered by Dr. Anu, Assistant Professor, Department of Gynaecology and Obstetrics. Dr. Anu provided comprehensive and informative guidance on best practices for

menstrual hygiene, aiming to dispel myths, address common issues, and promote overall reproductive health among attendees.

The awareness program saw an enthusiastic response, with a total of 109 female participants attending the talk. The initiative successfully contributed to promoting health awareness and preventive care among the women of the BSF community.



**Date-19-09-2025  
Camp 6-Panthal (Kakryal)**

On September 19, 2025, Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME) organized a Multi speciality health camp at the Panthal Family Adoption Area, Kakryal. The camp was focused on providing healthcare services to the local community and creating awareness on important public health issues.

Total number of patients screened were 26. The camp was conducted under the medical supervision of Dr. Neeraj (Surgeon), Dr. Ankita (General Medicine) and Dr. Tanushree (Dentist), who provided specialist consul-tations and guidance.

As part of the program, Dr. Sana Rafiq and Dr. Ritika delivered informative health talks on Family Planning and Infant Nutrition, emphasizing the importance of maternal and child health, preventive care, and healthy practices for better well-being of families.

The camp aimed at promoting health awareness, offering guidance, and strengthening community participation in health initiatives.



**Date-20-09-2025  
Camp-7-Ban Ganga**

A Multispecialty Health Camp was organized on 20<sup>th</sup> September 2025 at Ban Ganga in association with the Indian Army, with the objective of providing specialist health services to the local population and pilgrims. 469 patients were screened during the camp **(434 males and 35 females)**.

The camp included services from multiple departments:

- Orthopedics – Dr. Rohit
- Dermatology – Dr. Gurkim
- Ophthalmology – Dr. Malvika
- General Medicine – Dr. Sahil

The camp was attended by distinguished dignitaries, including Sh. Satish Sharma, Joint CEO SMVDSB, Sh. Vipin Kumar Bhagat, Assistant CEO SMVDSB, Sh. Vinay Khajuria, ACF SMVDSB, CAO SMVDSB Shri Mahesh and Mr. Anuj Gadre, Commanding Officer.

The initiative received a positive response, ensuring specialist consultations and health awareness for the beneficiaries. This reflects the collaborative efforts of SMVDSB and the Indian Army in strengthening community health care.



**Date-22-09-2025  
Camp-8-ESIC Model Hospital Bari Brahmana Jammu**

A Mammography Camp was organized at ESIC Model Hospital, Bari Brahmana, Jammu on 22<sup>nd</sup> September 2025, with the objective of promoting early detection and timely management of breast diseases, especially breast cancer, among women beneficiaries.

**The camp provided:**

- Free mammography screening for eligible women.
- Awareness sessions on breast health, self-examination techniques, and the importance of early detection.
- Consultation by specialist doctors for those requiring further evaluation.

A total of 20 females were screened during the camp. The camp was supervised by Dr. Naaz Akhter, Deputy Medical Superintendent, ESIC Model Hospital, ensuring smooth conduct and quality care for the participants.

The initiative was well received, with

enthusiastic participation from women beneficiaries. This effort reflects ESIC's continued commitment towards preventive health care and women's wellness.



## Date-24-09-2025

### Camp-9-CGHS Wellness Centre Trikuta Nagar Jammu

An Anemia Screening Camp was organized at CGHS Wellness Centre, Trikuta Nagar, Jammu on 24<sup>th</sup> September with the objective of early detection and management of anemia among beneficiaries.

#### The camp included:

- Screening tests for anaemia.
- Counselling and guidance on dietary measures, supplementation, and follow-up care.
- Awareness sessions to promote preventive health practices.

A total of 45 beneficiaries were screened, including 25 males and 20 females.

The camp was supervised by Dr. Shivali, Head of Department, CGHS Centre, ensuring proper execution and beneficiary support.

The initiative was well received and reflects CGHS's commitment to comprehensive preventive health care for its beneficiaries.



## Date-25-09-2025

### Camp-10-CHC Katra

A Multispecialty Health Camp was organized at CHC Kayra with the participation of the Departments of Dentistry (Dr. Sania) and General Surgery (Dr. Gurbir Singh).

A total of 8 patients availed the services,

including 5 males and 3 females.

The camp provided valuable consultations and treatment services, reflecting the commitment of CHC Kayra to extend specialized health care to the community.



**Date-26-09-2025**

**Camp11-Jammu University**

A Mammography Camp was organized by Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME) and Associated Hospital on 26<sup>th</sup> September 2025 at Jammu University. A total of 10 patients were screened during the camp.

The camp was graced by the presence of Dr. Bharat Bhushan, CMO Jammu University, and Dr. Noshi, Head of Department, Home Science, Jammu University, who also attended the event. The initiative aimed to promote early detection of breast cancer and create awareness among women about the importance of regular screening for better health outcomes.



**Date: 27-09-2025**

**Camp-12- Powergrid, Gandhi Nagar**

A successful multispecialty medical camp was organized on 27<sup>th</sup> September 2025 at Powergrid, Gandhi Nagar. The camp was held in the esteemed presence of Mr. Vinul Kaul, Head HR.

The medical team comprised the following specialists:

- Dr. Geetu Mahajan – Gynaecology & Obstetrics
- Dr. Rupali Sharma – Dietician
- Dr. Sanjeet Singh – Paediatrics
- Dr. Arjun Malhotra – Dentistry
- Dr. Ankita Sharma – Internal Medicine

The total footfall for the camp was 124 beneficiaries, out of which 74 were males and 50 were females. The camp aimed to provide

accessible healthcare services to the local population and was met with great appreciation from the attendees. The dedicated efforts of all the doctors and supporting staff contributed significantly to the smooth execution of the event.



**Date: 27-09-2025**

### Camp-13 - AAM SC, Kouri, Reasi

A multispecialty medical camp was successfully conducted on 27<sup>th</sup> September 2025 at AAM SC, Kouri, Reasi. The camp aimed to provide essential healthcare services to the local community and was well-received by the residents.

The camp was graced by the presence of MLA Reasi, Mr. Kuldeep Dubey, whose support and encouragement were highly appreciated.

The medical team included:

- Dr. Gurbir Singh – Surgeon
- Dr. Faizy Gul – Gynaecology & Obstetrics

A total of 51 patients availed services at the camp, comprising:36 males and 15 females

The initiative provided much-needed medical consultation and awareness to the attendees,

reaffirming the commitment to accessible and quality healthcare in rural areas.



**Date : 28-09-2025**

### Camp 14-Spiritual Growth Center, Katra

A multispeciality health camp was organized on September 28, 2025 at Spiritual Growth Center, Katra.The day was elevated by the presence of **Hon'ble Lieutenant Governor, Shri Manoj Sinha.**

The large footfall was managed by expert doctors fromShri Mata Vaishno Devi Institute of Medical Excellence and associated hospital:

- Dr. Ashwani (Internal Medicine)
- Dr. Neeraj Koul (General Surgery)
- Dr. Manish Kumar Varshney (Ortho-

paedics)

- Dr. Geetu Mahajan (Gynaecology and Obstetrics)
- Dr. Sanjeet Singh (Paediatrics)
- Dr. Malvika Sharma (Ophthalmology)
- Dr. GurkimKaur (Dermatology)
- Dr. Rohan Gupta (ENT)

Around 300 participants (approximately 180 males and 120 females) attended the camp for consultations, screening and community health awareness sessions.





**Date-29-09-2025**

**Camp- 23- PHC Mehari, Katra**

A Multispeciality Health Check-up Camp was organized by Shri Mata Vashino Devi Institute of Medical Excellence and Associated Hospital on 29th September 2025 at PHC Mehari, aimed at providing quality healthcare services and spreading health awareness among the local population.

The camp brought together a team of specialists, including Dr. Ankita Sharma (General Medicine), Dr. Gurbir Singh (General Surgery), and Dr. Anu Bala (Gynecologist), who conducted detailed consultations and examinations. In addition, health awareness talks were delivered by Dr. Richa Mahajan, Dr. Anuj Kapoor, Dr. Sana Rafiq and Dr. Ritika focusing on preventive healthcare and lifestyle management.

The event was graced by the presence of special dignitaries: Sh. Rohit Dubey (District President,

BJP), Sh. Sohan Lal (Mandal Adhyaksh, BJP Katra), Sh. Rajinder Mengi (DDC Panthal), and Dr. Rashpal Bangotra (BMO Katra). Their participation reflected strong community support and encouragement for such healthcare initiatives.

As part of the camp, diagnostic tests were also provided to ensure early detection of health issues. A total of 82 patients were screened, comprising 46 males and 36 females.

The camp underlined the importance of integrated healthcare services and community participation in improving health outcomes. The medical team reiterated their commitment to organizing such multispeciality camps in the future to enhance healthcare accessibility and awareness.



**Date-30-09-2025**

**Camp 16-ITBP, Udhampur**

In a continued effort to extend quality healthcare services to remote and underserved communities, the Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME), and associated hospital, successfully organized a Multispeciality Health Camp at ITBP (Indo-Tibetan Border Police) Base, Udhampur on Tuesday, 30th September 2025.

The camp was held in the esteemed presence of Dr. Tejasvani Metta, Senior Medical Officer, who supervised the entire initiative and ensured smooth coordination of healthcare services.

A team of expert doctors from SMVDIME led the health outreach, including:

- Dr. Kritika Sharma – Ophthalmology
- Dr. Rohit Sharma – Orthopaedics
- Dr. Tanushree Sharma – Dentistry

The multidisciplinary team catered to a wide range of health concerns. A total of 80 patients were screened and consulted during the day-long camp, comprising 38 male and 42 female beneficiaries. Key services offered during the camp included:

- Eye screening and vision assessment

- Bone and joint consultations, injury assessments
- Dental check-ups and preventive oral care
- General medical consultation and awareness on hygiene and lifestyle diseases

The camp witnessed active participation and appreciation from the ITBP personnel, who lauded the initiative as a timely and much-needed intervention for their wellness.



**Date-30-09-2025**

### **Camp 17-Powergrid, Gandhi Nagar**

In a commendable initiative to promote mental health and well-being in the workplace, a Health Awareness Session was organized on 30-09-2025 at Powergrid, Gandhi Nagar, under the guidance of Dr. Anuj Priyadarshi Sharma, Assistant Professor, Department of Psychiatry, Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME).

The session, held in the presence of Shri Vinul Koul, Head - Human Resources, Powergrid, aimed at sensitizing employees about the importance of mental health, stress management, and emotional resilience in today's fast-paced work environment.

Dr. Anuj Sharma shared valuable insights into recognizing early signs of stress, anxiety, and burnout. He emphasized the role of early intervention, healthy coping strategies, and the importance of seeking professional help when needed. Through engaging discussions and interactive Q&A, participants were guided on maintaining a balanced lifestyle, cultivating mindfulness, and enhancing emotional

intelligence.

The session witnessed an overwhelming participation of 90 employees, comprising 30 male and 60 female staff members, reflecting the growing interest and awareness around mental health issues.

The session concluded with an interactive segment where Dr. Anuj Sharma addressed personal queries from the participants, offering practical suggestions and encouraging openness in conversations around mental health.



### **Ten Voluntary Blood donation Camps Organized w.e.f. 17-09-2025 to 30-09-2025 at Shri Mata Vaishno Devi Narayana Super Speciality Hospital (Kakryal):**

Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME) and its Associated Hospital successfully organized a comprehensive Voluntary Blood Donation Drive as a part of the "Swasth Naari, Swasth Parivar Abhiyaan" (Healthy Woman, Healthy Family Campaign).

The extended drive was conducted from September 17 to September 30, 2025.

The event was held under the inspirational leadership of Dr. Yashpal Sharma, Executive Director of SMVDIME, who has been

instrumental in fostering a culture of compassion and selfless service within the institution. Organized by the Department of Blood Transfusion, the initiative was aimed at replenishing critical blood stocks and promoting the vital importance of voluntary blood donation in saving lives within the region.

The entire blood donation process was carried out under the careful supervision and guidance of Dr. Kajal Khajuria, Assistant Professor in the Department of Blood Transfusion. The event saw strong community support, with a total of 50

dedicated individuals volunteering. In a gesture of encouragement and recognition, certificates of appreciation were distributed to all donors by Dr. Yashpal Sharma, thus, acknowledging & honouring their contribution and inspiring more individuals to come forward in future blood donation drives.

The Mega Voluntary Blood Donation Drive was conducted over a period of nine days, from September 17, 2025, to September 25, 2025. On

the first day, September 17th, the drive collected 7 units of blood. The number of donors varied daily, with 4 units of blood on September 18th, 3 units of blood on September 19th, 5 units of blood on September 20th, 3 units of blood on September 21st, 4 units of blood on September 22nd, 6 units of blood on September 23rd, 3 units of blood donors each on both September 24th and September 25th, and 17 units of blood on 30th September, 2025.





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