

ANANTA



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NEWSLETTER



**SHRI MATA VAISHNO DEVI
INSTITUTE OF MEDICAL EXCELLENCE**
& ASSOCIATED HOSPITAL, KAKRYAL

www.smvdime.in



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MAJOR HIGHLIGHTS

Auspicious Beginnings: SMVDIME Welcomes the New Year with Divine Blessings & Collective Resolve



Spiritual Fervour Marks New Year Pooja and Aarti at SMVDIME

Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME) welcomed the New Year with a serene and spiritually enriching New Year Pooja and Aarti organized within the campus, in the presence of faculty members and staff.

The auspicious ceremony was led by Dr. Yashpal Sharma, Executive Director, SMVDIME, who initiated the pooja and aarti, invoking the divine blessings of Mata Rani for health, harmony, academic excellence, and collective progress in the year ahead. The spiritually uplifting atmosphere fostered a sense of devotion, positivity, and unity among all participants.

Following the rituals, Prasad was distributed, symbolizing gratitude and shared goodwill. Organized by the Cultural Committee, SMVDIME, the event provided an opportunity for the institute community to come together beyond academic

engagements and commence the New Year with renewed faith, optimism, and enthusiasm. The occasion reflected SMVDIME's enduring commitment to nurturing cultural, spiritual, and professional values alongside academic excellence.

SMVDNSH Crowned "Most Trusted Healthcare Facility in the Region" at BIG Impact Awards 2026

In a resounding validation of its commitment to clinical excellence and patient-centric care, SMVDNSH was honored with the prestigious title of "Most Trusted Healthcare Facility in the Region" at the 92.7 BIG FM Big Impact Awards 2026 for Jammu & Kashmir.

The glittering award ceremony, celebrating unconventional excellence across various sectors, was held on 28th March, 2026, at the historic Hari Niwas

Palace in Jammu. The accolade was conferred in the esteemed presence of the Chief Guest, Shri Manoj Sinha, Hon'ble Lieutenant Governor of Jammu and Kashmir.

Dr. Yashpal Sharma, Executive Director, SMVDIME graciously received the award on behalf of the hospital's management and medical fraternity.

This significant recognition brought to the forefront the foundational role and philanthropic vision of the Shri Mata Vaishno Devi Shrine Board. Recognizing a critical void in advanced tertiary healthcare within the region, the Shrine Board took the monumental step of establishing this Superspeciality hospital.

that continuing vision and the tireless efforts of entire administration, medical professionals, and support staff who worked round-the-clock maintaining the highest standards of institutional excellence."

Since its inception, Shri Mata Vaishno Devi Narayana Superspeciality hospital had transformed the healthcare landscape of the region, offering comprehensive services across multiple disciplines including Cardiology, Oncology, Orthopaedics, Neurology, and more. The latest award from BIG FM reinforced stand not just as a medical facility, but as an indispensable pillar of the community's health and well-being.



Lt Governor, Shri Manoj Sinha presenting 'Most Trusted Healthcare Facility' award to Dr. Yashpal Sharma, Executive Director, SMVDIME

Expressing his gratitude on receiving the honor, Dr. Yashpal Sharma, Executive Director, SMVDIME, stated:

"Receiving the 'Most Trusted Healthcare Facility' award was profound honor that validated the core mission and philanthropic vision of the Shri Mata Vaishno Devi Shrine Board. When this hospital was conceived, the Board's mandate was absolute: to create a sanctuary of healing that offers state-of-the-art medical care with unwavering compassion to the people of Jammu & Kashmir and the broader region. This award was thus, a beautiful testament to

Walking for Hope: Spreading Awareness and Strengthening Cancer Care in Jammu & Kashmir

Hundreds of cancer survivors, doctors, healthcare professionals, and citizens participated in the Cancer Awareness Walkathon 2026, organised by SMVDNSH on 4th February 2026, to reinforce the powerful message that cancer is both preventable and curable through early detection and timely intervention.

The walkathon was flagged off at 7:30 a.m. from the SMVD Narayana

Multispeciality Clinic, Gandhi Nagar, by Shri Vikram Randhawa, Hon'ble MLA, Bahu Constituency, in the august presence of Dr. Rakesh Minhas, IAS, Deputy Commissioner, Jammu. The event culminated at Green Belt Park, symbolising collective resolve and community participation in promoting cancer awareness and early screening.

described the hospital as a major boon for the region, stating that it has earned widespread public trust as the most advanced healthcare institution, equipped with internationally accredited facilities and global-standard clinical outcomes.

Highlighting the hospital's clinical excellence, Dr. Mathavan, Facility Director, emphasised that SMVDNSH offers



The initiative reflected the visionary commitment of the Shri Mata Vaishno Devi Shrine Board to deliver world-class healthcare within Jammu & Kashmir, significantly reducing the need for patients to seek advanced treatment outside the region. On this occasion, Dr. Yashpal Sharma, Executive Director, Shri Mata Vaishno Devi Institute of Medical Excellence & Associated Hospital,

comprehensive cancer care under one roof and has achieved an impressive net mortality rate of just 1.6 percent, surpassing several international benchmarks.

Chief Guest, Shri Vikram Randhawa, MLA, termed the hospital the premier healthcare institution of the region and noted that hundreds of patients are availing free, high-quality treatment under



the Ayushman Bharat scheme. Sharing his personal experience as a patient at the Gandhi Nagar clinic, he remarked that every patient is treated “like a VIP,” reflecting the hospital’s compassionate, patient-centric approach

Further strengthening its mission of accessible and affordable healthcare, the hospital announced free cancer OPD registrations and consultations for new patients at both the Katra Hospital and Jammu Clinic, along with free video consultations for all oncology OPDs until 28th February, 2026.

In addition, the hospital also launched “Project Zero-Fear,” an advanced cancer screening package priced at ₹2,299, and announced the formal launch of Bone Marrow Transplant (BMT) services on 19th April, 2026, coinciding with the hospital’s 10th anniversary—reaffirming its unwavering commitment to early diagnosis, timely treatment, and renewed hope in the fight against cancer.

Interactive Session Chaired by Dr. K.K. Talwar at SMVDIME

Shri Mata Vaishno Devi Institute of Medical Excellence (SMVDIME), Kakryal, successfully organized an interactive session chaired by Dr. K.K. Talwar, Hon’ble Member, SMVDSB and Chairman, Governing Body of SMVDIME & SMVDNSH. The session was held on 25th March, 2026 witnessing active participation from consultants and faculty members.



Hon’ble Dr. K.K. Talwar being felicitated by the Executive Director, SMVDIME

The programme was conducted in two structured segments. The first interaction was held with consultants from various specialties and superspecialties of SMVDIME, followed by a session with faculty members from all clinical and non-clinical departments. The session provided a meaningful platform for open discussion, exchange of ideas, and strengthening institutional coordination.

Dr. K.K. Talwar highlighted key aspects related to academic development, hospital functioning, quality healthcare delivery, and overall institutional growth. He encouraged the faculty and consultants to continue working with dedication, professionalism, and a commitment to excellence.



Faculty in-attendance during the interactive session

The interaction concluded on an encouraging note, reflecting the institute’s commitment to continuous improvement, teamwork, and the delivery of high standards in medical education and patient care.

Such sessions play a vital role in reinforcing leadership vision, promoting collaboration, and guiding SMVDIME towards achieving greater milestones.

UGC-MMTTP Sponsored Capacity Building Program on Indian Knowledge Systems at SMVDIME

Shri Mata Vaishno Devi University (SMVDU) inaugurated a UGC-MMTTP sponsored Capacity Building Program on “Indian Knowledge Systems for Integration into the Curriculum” from March 9–14, 2026.

In his inaugural address, Vice Chancellor Prof. Pragati Kumar highlighted the relevance of Indian Knowledge Systems (IKS) in modern society, industry, and holistic development. Dr. Yashpal Sharma, Executive Director, SMVDIME & Guest of Honour, emphasized the integration of traditional practices with modern scientific approaches.

Aman Gopal Sureka, Director, Khelo Khel India Pvt. Ltd. The program included lectures, discussions, and workshops aimed at integrating IKS into contemporary curricula.

The initiative underscored the importance of blending traditional wisdom with modern education to foster culturally rooted, value-driven, and socially responsible learners.



The program, organized by MMTTC, marks its 40th initiative since January 2024 with UGC support. It witnessed participation from 107 academicians and scholars across multiple states and diverse disciplines.

The event was graced by eminent dignitaries including Prof. Suparn Sharma, Director, MMTTC; Prof. Ashutosh Vashistha, Chairperson, IKS Cell; and Mr.

Governing Body Meeting of SMVDNSH

The 71st Meeting of the Governing Body (GB) of SMVD Narayana Superspeciality Hospital (SMVDNSH), Kakryal (Katra), was convened at the hospital premises under the chairmanship of Dr. K.K. Talwar, Member, SMVDSB on 26th March, 2026.

The meeting was attended by Dr. Ashok Bhan, Member, SMVDSB; Sh. Sachin Kumar Vaishya, CEO; Sh. Alok Kumar Maurya, Additional CEO; Sh. Pawan Sharma, FA/CAO, SMVDSB; Dr. Yashpal Sharma, Executive Director/CAO, SMVDIME; Sh. Sunil Narayan, Zonal Director; Dr. M.M. Mathavan, Facility Director, NH along with other senior functionaries of the Shrine Board and Narayana Health.

The Governing Body expressed satisfaction over the steady growth of SMVDNSH, as reflected in key performance indicators such as patient footfall, bed occupancy, revenue generation, and enhanced clinical capabilities. It also reviewed and deliberated upon a comprehensive three-year investment plan aimed at transforming the hospital into a future-ready healthcare hub. The plan envisages augmentation of critical medical equipment, strengthening of infrastructure, and adoption of advanced technologies.

The Governing Body was apprised of a special initiative launched by the Hospital titled “Do Dil Ek Bill,” aimed at providing world-class maternal care at an affordable cost. Under this scheme, comprehensive delivery packages are being offered at a fixed and economical rate of ₹19,999, thereby reducing the financial burden associated with childbirth while ensuring safe, high-quality maternal and childcare services for a larger section of society.

Several important decisions were taken during the meeting to further strengthen the Hospital’s growth trajectory including the introduction of “positive interventions” focused on improving the quality of patient care. In this context, emphasis was laid on the continued pursuit of revised rates under Ayushman Bharat (HBP 2.2) to ensure financial sustainability while maintaining affordability for beneficiaries.



Governing Body Meeting of SMVDNSH

It further includes expansion of specialty services such as Oncology, Nephrology, and Cardiology, along with modernization of emergency and critical care units equipped with advanced life-support systems.

It was observed that rationalization of package rates would help ease financial pressures on the institution and support the delivery of quality healthcare in a more efficient and sustainable manner.

The meeting also witnessed important decisions in continuation of the 76th Board Meeting held in February 2026 regarding the Business Transition Agreement (BTA) between Shri Mata Vaishno Devi Charitable Society and Narayana Hospital. The agreement was recognized as a forward-looking strategic initiative aimed at integrating resources, strengthening institutional capabilities, and enhancing clinical capacity. Besides, the collaboration is expected to promote the adoption of advanced medical practices, improve operational efficiency, and significantly expand both the scope and quality of healthcare services available to the public in the region.

Strategic plans were further deliberated to ensure sustained growth and expansion of the Hospital. Dr. Talwar emphasized that the ambitious expansion plans will be pursued with a strong focus on austerity and financial prudence, ensuring efficient and optimal utilization of resources to maximize benefits for the community. He reiterated the institution's long-term commitment to delivering accessible, affordable, & compassionate healthcare, with a continued focus on a patient-centric approach that integrates clinical excellence with inclusivity.

The meeting concluded with a comprehensive review of patient feedback, focusing on identifying service gaps and strengthening responsive mechanisms. Necessary corrective measures were discussed and directed for implementation to further enhance patient satisfaction and uphold the highest standards of service delivery at SMVDNSH.

World Tuberculosis Day Celebrated at PHC Mihari

The Department of Community Medicine, SMVDIME, successfully organized a World Tuberculosis Day

awareness programme at PHC Mihari on 27th March, 2026. The event aimed to enhance awareness about tuberculosis (TB), its prevention, treatment, and the importance of eliminating the stigma associated with the disease.



SMVDIME faculty spreading TB awareness among general public on World Tuberculosis Day.

Dr. Shalini Sobti, Professor and Head, Department of Community Medicine, addressed the gathering and elaborated on the common symptoms of TB. She emphasized the significance of early detection and strongly encouraged the community to refrain from stigmatizing TB patients, highlighting that TB is both preventable and curable.



Distribution of food packets to TB patients by SMVDIME faculty

Dr. Sana Rafiq Khuroo, Assistant Professor, delivered an informative session on TB treatment. She stressed the importance of strict adherence to treatment protocols to ensure complete recovery and to prevent the development of drug resistance. She also underscored the role of proper nutrition, a healthy

lifestyle, and positive behavioral changes in improving patient outcomes.

As part of the programme, food packets were distributed to TB patients by the faculty members, reinforcing the importance of nutrition in recovery and demonstrating care and support for those undergoing treatment.

The event was attended by TB patients, their family members, and the staff of PHC Mihari. The interactive session provided an opportunity to address concerns, encourage open dialogue, and strengthen community-level awareness.

Cancer Screening Awareness held on account of Village Health and Nutrition Day (VHND) at Village Manun

Shri Mata Vaishno Devi Institute of Medical Excellence as a part of its continued commitment to community health and preventive medicine, the Department of Community Medicine on 10th February, 2026 conducted a community outreach activity during the Village Health and Nutrition Day (VHND) at Village Manun, Gram Panchayat Sool Pamope, Block Katra, under PHC Mihari.

The programme was attended by Dr. Shalini Sobti, Professor & Head and Dr. Sana Rafiq Khuroo, Assistant Professor, Department of Community Medicine, SMVDIME. An interactive and informative health talk was delivered with a special focus on breast and cervical cancer screening, emphasizing the importance of early detection, recognition of warning signs, and the availability of screening methods at healthcare facilities.

The session witnessed active participation from women of the community, who engaged enthusiastically and raised several questions related to contraceptive methods, Human Papilloma Virus (HPV), HPV vaccination, and cancer prevention strategies. These queries were addressed by the faculty members in a simple, culturally sensitive, and easily understandable manner, encouraging women to adopt informed health choices and seek regular health check-ups. This outreach activity highlights SMVDIME's strong dedication to community service, preventive healthcare, and grassroots capacity building. Such initiatives play a crucial role in bridging the gap between healthcare institutions and the community, empowering individuals especially women with essential knowledge to lead healthier and more informed lives.



Faculty from Department of Community Medicine, SMVDIME deliberating awareness on VHND at Village Manun

Educational Visit of DPS students to SMVDIME involving “Organs Talk – Time to Take Prevention” Workshop:

In a powerful blend of science, awareness, and real-life learning, Class 10 students of DPS, Kakryal School visited SMVDIME to attend an eye-opening workshop titled “Organs Talk – Time to Take Prevention”, organised jointly by the Departments of Anatomy and Physiology, SMVDIME on 28th January, 2026.



Executive Director, SMVDIME interacting with the students of DPS, Kakryal

The workshop was thoughtfully designed for students aged 14 years and above, aiming to sensitise them to the serious consequences of alcohol abuse, smoking, and risky road behaviours, especially riding without helmets. The programme sought not just to inform, but to inspire a conscious shift towards healthy and responsible living.



A glimpse from Inaugural ceremony of Workshop

The most compelling aspect of the workshop was the live display of real human organs, both healthy and diseased, which left a profound impact on the young mind. Students observed specimens such

as a heart, liver, lungs, stomach, intestines and brain. These striking visuals transformed abstract warnings into undeniable reality, enabling students to witness firsthand how unhealthy choices damage the human body.



Exploring Human Anatomy: Faculty Engages DPS Students Through Live Demonstration

The initiative perfectly echoed the timeless wisdom:

“Tell me and I will forget; teach me and I will understand; involve me and I will remember.”



Hands-on Demonstration by SMVDIME Faculty to DPS, Kakryal Students

Executive Director emphasised that the workshop was organised to ignite scientific curiosity and interest among students by allowing them to observe actual human organs, making learning experiential, meaningful & unforgettable.

The entire event was steered by Dr. Vanita Gupta, Professor & Head, Department of Anatomy; Dr. Daisy Sahni,

Professor, Department of Anatomy; & Dr. Sabita Yograj, Professor & Head, Department of Physiology.



A Commemorative Group Portrait of SMVDIME Faculty Alongside DPS, Kakryal Students

Professional Development Management Programme at GMC, Doda

3rd One Day State Level Professional Development Management Programme (PDMP) for doctors, nursing and other allied health care professionals was organised by Academy of Hospital Administration AHA Jammu in Association with Govt. Medical College, Doda held on 29th January, 2026 at GMC, Doda.

The inaugural session was graced by Prof. (Dr.) Rakesh Bahl, Principal, GMC, Doda who was Guest of Honour besides Dr. Suresh Kotwal, HoD, Community Medicine, GMC Doda; Dr Garima Charak, HoD Physiology, GMC Doda; Dr Beena Jad, Asstt. Professor, SMVDIME; Mr. Anil Sharma, Yoga Expert, faculty of GMC Doda, delegates from Doda, Kishtwar, Ramban and Associated Hospital of GMC, Doda.



Principal, GMC Doda, according felicitation to Dr. Kuldeep Singh, Dean, SMVDIME

Training Programme was inaugurated by Dr. Kuldeep Singh, Professor & Dean, SMVDIME Kakryal, Katra, J&K who was the Chief Guest.



Dignitaries being welcomed at GMC, Doda

Continuing Medical Education (CME) Programs at a Glance

S.No	Date	CME's	Speakers
1	24-01-2026	<p>CME on "World Leprosy Eradication Day"</p> <ul style="list-style-type: none"> A Comprehensive Insight into clinical spectrum and management of Leprosy Brief Overview of Laboratory Diagnosis of Leprosy 	<p>Dr. Jimmy Rajput Senior Resident Department of Dermatology SMVDIME</p> <p>Dr. Kuldeep Singh Professor & Head Department of Pathology SMVDIME</p>
2	07-02-2026	<p>CME on "POSH Act-2013"</p> <ul style="list-style-type: none"> Introduction and Genesis of POSH Act-2013 Prevention, Prohibition and Redressal of the Act Monitoring Requirement as per the Act 	<p>Dr. Daisy Sahni Professor, Department of Anatomy, SMVDIME</p> <p>Dr. Neelam Kotwal Assistant Professor, Department of Hospital Administration, SMVDIME</p> <p>Ms. Anchal Suden Learning & Development Executive HR SMVDNSH</p>
3	14-02-2026	<p>CME on "International Epilepsy Day"</p> <ul style="list-style-type: none"> Seizures & Epilepsy: An Overview SUDEP (Sudden Unexpected Death in Epilepsy) & Recent advances 	<p>Dr. Pooja Gupta Senior Consultant Department of Neurology SMVDNSH</p> <p>Dr. Ashwani Kumar Assistant Professor Department of Internal Medicine SMVDIME</p>
4	28-02-2026	<p>CME on</p> <ul style="list-style-type: none"> Understanding Acute Abdomen (The Blackhole of Medicine) Abdominal Trauma: Operative v/s Conservative Management 	<p>Dr. Neeraj Kaul Professor & Head Department of General Surgery SMVDIME</p> <p>Dr. Akshita Yadav Senior Resident Department of General Surgery SMVDNSH</p>
5	06-03-2026	<p>CME on</p> <ul style="list-style-type: none"> Common Dental Myths and Misconceptions Periodontitis – The Silent Epidemic 	<p>Dr. Jasleen Kour Senior Resident Department of Dentistry SMVDIME</p> <p>Dr. Sania Associate Professor Department of Dentistry SMVDIME</p>

6	12-03-2026	CME-cum-Workshop on "Competency-Based Medical Education (CBME)"	<p>Dr. Sabita Yograj Professor & Head Department of Physiology SMVDIME</p> <p>Dr. Sunita Manhas Professor & Head Department of Biochemistry SMVDIME</p> <p>Dr. Venkat Ram Prasad Senior Resource Faculty NMC-Regional Center for MET</p> <p>Dr. Vanita Gupta Professor & Head Department of Anatomy SMVDIME</p> <p>Dr. Vishal Tandon Professor Department of Pharmacology GMC, Jammu</p> <p>Dr. Kuldeep Singh Professor & Head Department of Pathology SMVDIME</p> <p>Dr. Dimple Raina Professor & Head Department of Microbiology SMVDIME</p> <p>Dr. Ajay Kumar Professor & Head Department of Pharmacology SMVDIME</p>
7	27-03-2026	<p>CME on "World Tuberculosis Day"</p> <ul style="list-style-type: none"> • Towards TB Elimination: Progress, Challenges and Way Forward • Early Diagnosis of Pulmonary TB for Clinicians • 100 Days TB Mukt Bharat Campaign • Nikshay Mitra 	<p>Dr. Anuj Kapoor Assistant Professor Department of Community Medicine SMVDIME</p> <p>Dr. Tamishi Sharma Assistant Professor Department of Pulmonary Medicine SMVDIME</p> <p>Dr. Jyoti Jolly State TB Officer, UT of J&K</p> <p>Mr. Ranjit Babu Nikshay Mitra Consultant Karnataka Health Promotion Trust (KHPT)</p>

Total number of CMEs conducted: 55 Nos

Total number of Credit Hours earned: 101

CME on "World Leprosy Eradication Day"

A collage of images for the CME on World Leprosy Eradication Day. It features two men at the top, a woman speaking at a podium, an audience in a lecture hall, and a close-up of a hand with a medical cross icon. A red ribbon symbol is also present.

Raising Awareness • Promoting Early Diagnosis • Advocating Treatment

CME on International Epilepsy Day

A collage of images for the CME on International Epilepsy Day. It shows a speaker at a podium, a large audience in a lecture hall, and a presentation screen displaying text.

CME on 'POSH Act'

A collage of images for the CME on POSH Act. It shows a speaker at a podium, an audience, and a presentation screen. At the bottom, there is a graphic of hands being clasped together with a medical cross icon.

**Workplace Safety
Gender Sensitivity
Legal Awareness**

CME on Understanding Acute Abdomen

A collage of images for the CME on Understanding Acute Abdomen. It shows a speaker at a podium, a presentation screen with a diagram of the human abdomen, and an audience in a lecture hall.





Hands-on Basic Life Support Trainings

S. No.	Date	Training type	Trainees	No. of Trainees
1.	19.01.26	BLS	Medical Officers, Consultants, Paramedical Staff, and Nursing Students posted in the Emergency Department at District Hospital, Reasi	35
2.	24.01.26	BLS	SMVDNSH Employees	19
3.	27.01.26	BLS	Police personnels at Baba Talab in the Marh Assembly Constituency	50
4.	02.02.26	BLS	J&K Refugees, Teachers and Students Participate in BLS and First Aid Workshop at Krishna Public High School, Jammu	55
5.	13.02.26	BLS	Faculty, Postgraduate Students, House Surgeons, Interns, and Paramedical Students of Indira Gandhi Government Dental College Participate in BLS, First Aid Training, and Anaemia Screening on World Anaemia Day	73
6.	16.02.26	BLS	Students & Faculty members from Government Degree College, Panthal, District Reasi	Over 100
7.	18.02.26	ACLS / BLS	Staff members and Medical Officers from Shri Mata Vaishno Devi Narayana Superspeciality Hospital, as well as Medical Officers from the Border Security Force (BSF), Jammu.	26
8.	14.03.26	BLS & First Aid training	School Students and Local Residents Participate in BLS & First Aid training held in a Multi-Super Speciality Camp at Thial	Over 150
9.	17.03.26	BLS & First Aid training	Paramedical staff members from Shri Mata Vaishno Devi Narayana Superspeciality Hospital, as well as doctors from the Border Security Force (BSF), Jammu.	28
10.	18.03.26	Skill-based training workshop on Basic Cardiac Life Support (BCLS), Paediatric Life Support, Essential Newborn Care, & Facility-Based Newborn Care	Nursing students of SMVDCoN	128





BLS & First Aid Workshop for Border Security Force



Skill-based BCLS Workshop

Skill-based training workshop on
BCLS for nursing students of
SMVDCoN



Health Camps

S. No.	Date	Place of Camp	Consultant/ Faculty	No. of patients
1.	19.01.26	IOCL Regional Office, Jammu	Dr. Ashwani Kumar, Assistant Professor Dr. Kritika, Sr. Resident Dr. Kajal Khajuria, Assistant Professor	78
2.	21.01.26	Nagrota, Jammu	Dr. Ankita Sharma, Assistant Professor Dr. Anu Bala Chandel, Assistant Professor	120
3.	27.01.26	A mega free health camp at Baba Talab in Marh Assembly Constituency	Dr Ankita Sharma, Assistant Professor Dr. Malvika Sharma, Assistant Professor Dr. Rohit Sharma, Sr. Resident Dr. Tanushree Sharma, Assistant Professor Dr Rimjhim Sharma, Assistant Professor Dr Vikas Sharma Dr Anuradha Dr Sushil Bhatt Dr Aseem Sharma	Over 150
4.	31.01.26	A Mega Multi-Specialty Health Camp at Government Higher Secondary School, Jourian, Akhnoor	Dr. Geetu Mahajan, Associate Professor Dr. Malvika Sharma, Assistant Professor Dr. Manish Kr. Varshney, Assistant Professor Dr. Ashwani Kumar, Assistant Professor Dr. Neeraj Kaul, Professor Dr. Tamishi Sharma, Assistant Professor Dr. Tanushree Sharma, Assistant Professor	755
5.	07.02.26	Psychiatry OPD at District Jail, Reasi	Dr. Anuj Priyadarshi Sharma, Assistant Professor	39
6.	10.02.26	Mental Well-being & Stress Management Health Talks at Govt. Higher Secondary School, Katra & Govt. Girls High School, Katra	Dr. Anuj Priyadarshi Sharma, Assistant Professor	725 students
7.	13.02.26	Mental Well-being & Stress Management Health Talk at Shaheed Captain Tushar Mahajan Govt. Girls Higher Secondary School, Udampur	Dr. Anuj Priyadarshi Sharma Assistant Professor	650 students

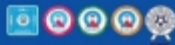
S. No.	Date	Place of Camp	Consultant/ Faculty	No. of patients
8.	15.02.26	Super-specialty health camp at Max Lyfe Hospital & Trauma Centre, Bhatindi, Jammu	Dr. Vikas Padha, Senior Consultant Dr. Deepak Bharti, Senior Consultant Dr. Rahul Khajuria, Consultant	132
9.	27.02.26	Multi-specialty health camp at Dansal	Dr. Suksham Sharma, Assistant Professor Dr. Malvika Sharma, Assistant Professor Dr. Neeraj Kaul, Professor	375
10.	06.03.26	Women's Health Check-up Camp at Ratnochak, Jammu	Dr. Geetu Mahajan, Associate Professor Dr. Malvika Sharma, Assistant Professor Dr Ankita Sharma, Assistant Professor Dr. Rajpal Singh, Assistant Professor Dr. Neha Rajput, Junior Consultant	495
11.	09.03.26	Breast & cervical cancer screening camp with health awareness talk at BSF Campus, Paloura, Jammu	Dr. Suksham Sharma, Assistant Professor	97
12.	14.03.26	27 th Mega Health Mela at Thial, Udhampur	Dr. Malvika Sharma, Assistant Professor Dr. Anu Bala Chandel, Assistant Professor Dr. Ashwani Kumar, Assistant Professor Dr. Tamishi Sharma, Assistant Professor Dr. Jasleen Kaur, Sr. Resident Dr. Geetanjali Gupta, Assistant Professor Dr. Sonakshi Jamwal, Assistant Professor Dr. Rimjhim Sharma, Assistant Professor Dr. Jimmy Rajput, Sr. Resident Dr. Sanjeet Singh, Consultant Dr. Vikas Padha, Senior Consultant Dr. Sushant, Consultant	Over 1000
13.	29.03.26	Mega- Multi Specialty health camp at Narsingh Sewa Kendra, Khoon	Dr. Ankita Sharma, Assistant Professor Dr. Suksham Sharma, Assistant Professor Dr. Sonakshi Jamwal, Assistant Professor Dr. Jimmy Rajput, Sr. Resident Dr. Rohit Sharma, Sr. Resident Dr. Kritika Sharma, Sr. Resident	511



HEALTH CHECK - UP CAMP



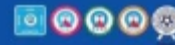




Broad Speciality Camps & Health Talk

6th Mar, 2026

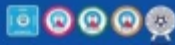
VTC (KR Vihar East)



Multispeciality Camp

27th Feb, 2026

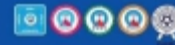
Govt Hospital Dansal, Jammu



Health Talk on Mental Health

13th Feb, 2026

Govt Hr. Secondary School, Udampur



Broad Speciality Camps & Health Talk

9th Mar, 2026

BSF Frontier, Paloura





18 Lives Transformed in 24 Hours as SMVDNSH Restored Vision for Thial Patients

Thial, a historic village in the Majalga tehsil of Udhampur, witnessed a mega health camp on 14th March, 2026 organised in association with Shri Durga Dass Sharma Memorial Society. The camp saw an overwhelming response, with over 1,000 patients screened. Among them, more than 70 individuals were identified with cataracts — a treatable condition that often goes unaddressed due to lack of access and affordability.

Acting swiftly, patients were referred to Shri Mata Vaishno Devi Narayana Superspeciality Hospital. In a remarkable effort, the first batch of 18 patients underwent successful cataract surgeries within 24 hours, marking 18 lives changed and 18 new beginnings.

All patients were treated under the Ayushman Bharat scheme, ensuring cashless care. The hospital also provided complete support, including accommodation, meals and transportation for patients and their attendants, removing barriers to treatment.

The initiative highlights the commitment of the SMVDSB towards accessible healthcare. Through continued outreach, the Board has enabled patients from remote areas to benefit from advanced medical services.

Executive Director, SMVDIME said, “For many of these patients, timely treatment was never within reach. Initiatives like these ensure that no one is denied care due to financial or geographical limitations.”

With more patients scheduled for treatment in the coming days, the initiative stands as a strong example of how timely



Executive Director, SMVDIME, with the Ophthalmology team led by Dr. Malvika Sharma, following successful cataract surgeries restoring vision to patients from Thial.

For these patients, the surgery meant more than restored vision — it brought back independence and dignity. The procedures were performed by Dr. Malvika Sharma, Assistant Professor of Ophthalmology, with support from Dr. Kritika, Sr. Resident and Team.

intervention and collective effort can transform lives, as SMVDNSH continues its mission to make advanced healthcare accessible to those who need it most.

Faculty Conferences Corner

Dr. Suksham Sharma, Assistant Professor, Department of Gynaecology & Obstetrics was awarded 2nd prize in oral paper presentation in the 10th International PCOS Conference held at Ahmedabad from 10-12 October, 2025.

academic excellence was reflected in the successful completion of the program with a distinguished Grade A+.



Dr. Geetu Mahajan, Associate Professor, Department of Gynaecology & Obstetrics Delivered a lecture on Synchronisation of follicular growth at 68th Annual Conference of Federation of Obstetrician and Gynaecologists of India in January-2026 at New Delhi.

Dr Sabita Yograj, Professor and Head, Department of Physiology, SMVDIME participated in the UGC-MMTTP (Malaviya Mission Teacher Training Programme) sponsored Residential Capacity Building Program on "Indian Knowledge Systems (IKS) for Integration into the Curriculum", held at SMVDU, Katra w.e.f. 9–14 March, 2026. Through active engagement in the sessions, thoughtful academic interaction, and a keen interest in integrating Indian Knowledge Systems into contemporary education, she made the most of this enriching learning experience. Her dedicated participation and commitment to





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